

Dr. Lindsay Allison

Doctor of Audiology

Certified Dementia Practitioner | Tinnitus Management Specialist



CEO, Founder, and Lead Clinical Audiologist, Hearing Wellness Centers of Maine

CEO, Founder, and Lead Clinical Audiologist, Capital Hearing Wellness Center

CEO, Founder, and Lead Clinical Audiologist, Midcoast Hearing Wellness Center

Dr. Lindsay Allison is a licensed Doctor of Audiology who is passionate about helping people hear better, think clearer, and live fuller, more connected lives. She believes hearing care is about more than just ears—it's about supporting your brain, relationships, and overall well-being.

Using a research-based, patient-centered approach, Dr. Allison focuses on early detection, prevention, and long-term wellness. Her goal is to help every patient stay engaged, independent, and confident in all areas of life.

Dr. Allison earned her Doctor of Audiology degree from the University of Wisconsin-Stevens Point, where she also taught as a lecturer. She also holds a B.A. in Psychology and dual degrees in Public Health and Criminal Justice through the Community College of the Air Force—a reflection of her well-rounded, whole-health approach to care.

With advanced training in both tinnitus management and dementia care, Dr. Allison is a Certificate Holder in Tinnitus Management and a Certified Dementia Practitioner (CDP). This unique background allows her to provide integrated care for people with complex hearing and cognitive needs, bridging the gap between hearing health and brain health.

A trusted voice in hearing and cognitive wellness across central Maine, Dr. Allison is actively involved in her community through hearing screenings, senior wellness programs, and education. She is a proud member of the American Academy of Audiology, American Tinnitus Association, Kennebec Chamber of Commerce, and Lions Club.

As Maine has the oldest population in the nation, Dr. Allison is dedicated to collaborative care that supports healthy aging. She works closely with physicians, specialists, and community partners to detect changes early, prevent decline, and keep Maine's older adults active, engaged, and thriving.

Prevention is key with hearing health and brain health. There is no time like to present to hear well and live well.