

February 2020 Hourly Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<u>1</u>
<u>2</u>	<u>3</u> Exercise at WWC	<u>4</u>	<u>5</u> Canvass Painting Craft at Robey Memorial Library	<u>6</u>	<u>7</u>	<u>8</u>
<u>9</u>	<u>10</u> Exercise at WWC	<u>11</u>	<u>12</u> Bingo at Robey Memorial Library	<u>13</u>	<u>14</u>	<u>15</u>
<u>16</u>	<u>17</u> Exercise at WWC	<u>18</u>	<u>19</u> Exercise at WWC and then join your peers for supper in the community	<u>20</u>	<u>21</u>	<u>22</u>
<u>23</u>	<u>24</u> Exercise at WWC Free Community Meal	<u>25</u>	<u>26</u> Game night at the apartments with walking taco bar	<u>27</u>	<u>28</u>	<u>29</u>

Person Served/Parents/Guardians: Please circle the activities you would like to attend and send back to TASC. If you need to reach Jill please call TASC at 563-568-4060.

This is so we can plan accordingly for staff and transportation.

*** Please remember to bring dry shoes to exercise at the Waukon Wellness Center. They have asked us to help keep their facility clean by not wearing our outside shoes that are dirty. In order to use the machines shoes are required.**

ALL Monday's: Exercise at the Waukon Wellness Center (Please bring \$3.00 entrance fee and a clean pair of shoes).

Wednesday February 5th: Canvass Painting craft at the Robey Memorial Library. Cost for this activity is \$8.00

Wednesday February 12th Bingo in the community room at Robey Memorial Library. Bingo costs \$1.50 per person.

Wednesday, February 19th: Exercise at the Waukon Wellness Center (Please bring \$3.00 entrance fee and a clean pair of shoes) and then join your peers for supper in the community.

Wednesday February 26th: Game night at the apartments and enjoy a walking taco bar. Please bring \$5.00 if they wish to participate in the walking tacos.

Monday February 24th: Exercise at the WWC (Please bring \$3.00 entrance fee and a clean pair of shoes). Then join your peers for the Free Community Meal at the First Presbyterian Church 4:30pm-7pm.



Reminders