

October 2019 Hourly Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>1</u>	<u>2</u> Craft at Robey Memorial Library	<u>3</u>	<u>4</u>	<u>5</u>
<u>6</u>	<u>7</u> Exercise at WWC Or walking at the park	<u>8</u>	<u>9</u> Bingo at Robey Memorial Library	<u>10</u>	<u>11</u>	<u>12</u>
<u>13</u>	<u>14</u> Exercise at WWC Or walking at the park	<u>15</u>	<u>16</u> Walk at the park or in the community and then join your peers for supper.	<u>17</u>	<u>18</u>	<u>19</u>
<u>20</u>	<u>21</u> Exercise at WWC Or walking at the park	<u>22</u>	<u>23</u> Decorate Pumpkins and order pizza at the apartments.	<u>24</u>	<u>25</u>	<u>26</u>
<u>27</u>	<u>28</u> Exercise at WWC Or walking at the park & Free Community Meal	<u>29</u>	<u>30</u> Kickball at the WWC and then go to Subway for supper.	<u>31</u>		

Person Served/Parents/Guardians: Please circle the activities you would like to attend and send back to TASC. If you need to reach Jill please call TASC at 563-568-4060.

This is so we can plan accordingly for staff and transportation.

ALL Monday's: Exercise at the Waukon Wellness Center (Please bring \$3.00 entrance fee and a clean pair of shoes). You may also choose to go walking at the Waukon City Park.

Wednesday October 2nd: Craft at Robey Memorial Library. Cost of this activity will be \$3.00

Wednesday October 9th : Join your peers in playing Bingo in the community room located at **Robey Memorial Library**. Bingo costs \$1.50 per person.

Wednesday October 16th: Walk at the park or out in the community and then join your peers for supper out in the community.

Wednesday October 23rd: Decorate pumpkins and order pizza at the apartments. Please bring money to purchase a pumpkin and \$5.00 for pizza and soda.

Wednesday October 30th: Kickball with your peers at the WWC (Please bring \$3.00 entrance fee and a clean pair of shoes) and then go to Subway for supper if you would like. Please bring money to purchase food.

Monday October 28th: Exercise at the Waukon Wellness Center (Please bring \$3.00 entrance fee and a clean pair of shoes). You may also choose to go walking at the Waukon City Park and then go to the Free Community Meal at the Presbyterian Church.

Reminders

*** Please remember to bring dry shoes to exercise at the Waukon Wellness Center. They have asked us to help keep their facility clean by not wearing our outside shoes that are dirty. In order to use the machines shoes are required.**