TASC TIMES

JANUARY 2023

CALENDAR DETAILS

January 6—Start 2023 off right by creating a journal to track your goals for the year!\$10 includes a journal and supplies. Can pay any time this month and will receive materials.

January 6—Magic color scratch winter activity \$2.00 due by January 6th. Limited space.

January 13—Ross will be talking about hibernation.

January 20—Mashed potato bar meal. Cost is \$5.00 due by January 16th.

January 23—Enjoy a day of swimming at Bearfoot Bay in Prairie du Chien followed by lunch. Cost is \$25.00 due by January 16th. Limited space.

January 25—Dress up in your wackiest attire for "Opposite Day"!

January 27—Enjoy a piece of cake today for \$1.00 due by January 23rd.

FITNESS CORNER

Please bring tennis shoes to use in the FIT Building. Do not exercise in snow boots as this is not safe.

November Punch Card Winners: Carrie & Renee



STARS OF THE MONTH

Vocational: Kim Attendance: Duane Extra Mile: Renee Positive Attitude: Brian K

CALENDAR DETAILS				
Monday	Tuesday	Wednesday	Thursday	Friday
<u>8:45 am—9:45 am</u>	<u>8:45 am—9:45 am</u>	<u>8:45 am—9:45 am</u>	<u>9:00 am—10:00 am</u>	<u>9:00 am—10:00 am</u>
Coffee Club	Arts & Crafts	Arts & Crafts	Arts & Crafts	Arts & Crafts
Arts & Crafts	Movie Club	Smart Shopping	Spa Hour	Technology/Science
<u>10:00 am—11:00 am</u>	Nursing Home	Coffee in the	Coffee in the	Coffee in the
Relationships	<u>10:00 am—11:00 am</u>	Community	Community	Community
Spa Hour	History Fun	<u>10:00 am—11:00 am</u>	<u>10:00 am—11:00 am</u>	<u>10:00 am—11:00 am</u>
Library	Book Club	Games & Puzzles	Money Skills	Club
<u>11:00 am – 12:00 pm</u>	<u>11:00 am—12:00 pm</u>	Cooking	Holiday Club	Cooking
Lunch	Lunch	<u>11:00 am—12:00 pm</u>	<u>11:00 am—12:00 pm</u>	<u>11:00 am—12:00 pm</u>
<u>12:00 pm—1:00 pm</u>	<u>12:00 pm—1:00 pm</u>	Lunch	Lunch	Lunch
Arts & Crafts	Arts & Crafts	<u>12:00 pm—1:00 pm</u>	<u>12:00 pm—1:00 pm</u>	<u>12:00 pm—1:00 pm</u>
Meal Planning	Living Skills	Arts & Crafts	Arts & Crafts	Arts & Crafts
Store Outing	Library	Health & Nutrition	Travel	Animal Lovers
<u>1:00 pm—2:00 pm</u>	<u>1:00 pm—2:00 pm</u>	Library	Park/WWC	Library
Games & Puzzles	Music	1:00 pm—2:00 pm	<u>1:00 pm—2:00 pm</u>	<u>1:00 pm—2:00 pm</u>
History Fun	Current Events	Environment	Sensory	Games & Puzzles
		Games & Puzzles	Book Club	Hobbies

CALENDAD DETAILS