# TASC Times

## Calendar Details

May 17—Enjoy a walk at Yellow River State Forest. Uneven walking surface, limited space.

May 18—The library outing will include a special craft activity. Limited space.

May 19—Shop downtown and enjoy a picnic at the park. Bring your own sack lunch. Limited space.

May 23—Sunflower craft. Cost is $15 due by May 6th. Limited space.

May 27—Ross will be here at 10AM to talk about coyotes.
May 27—Walking taco meal. $5.00 due by May 23rd. Afternoon dance will be held as well.

May 30—Memorial Day—The TASC Center will be closed.

## Fitness Corner

The most popular form of exercise in the US is walking. With the weather getting nicer, get out and go for a walk!

March Punch Card Winners:
Glen & Curtis W



## Stars of the Month

*Vocational:* James L
*Attendance:* Brianna
*Extra Mile:* Curtis W
*Positive Attitude:* Angel

## Calendar Details

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 8:45 am—9:45 am<br>Coffee Club<br>Relationships | 8:45 am—9:45 am<br>Arts & Crafts<br>History Fun<br>Nursing Home | 8:45 am—9:45 am<br>Arts & Crafts<br>Smart Shopping<br>Coffee in the Community | 9:00 am—10:00 am<br>Arts & Crafts<br>Holiday Club<br>Coffee in the Community | 9:00 am—10:00 am<br>Arts & Crafts<br>Cooking<br>Coffee in the Community |
| 10:00 am—11:00 am<br>Arts & Crafts<br>Spa Hour<br>Library | 10:00 am—11:00 am<br>Movie Club<br>Book Club | 10:00 am—11:00 am<br>Games & Puzzles<br>Cooking | 10:00 am—11:00 am<br>Money Skills<br>Spa Hour | 10:00 am—11:00 am<br>Club<br>Technology/Science |
| 11:00 am – 12:00 pm<br>Lunch | 11:00 am—12:00 pm<br>Lunch | 11:00 am—12:00 pm<br>Lunch | 11:00 am—12:00 pm<br>Lunch | 11:00 am—12:00 pm<br>Lunch |
| 12:00 pm—1:00 pm<br>Arts & Crafts<br>Meal Planning<br>Store Outing | 12:00 pm—1:00 pm<br>Arts & Crafts<br>Living Skills<br>Library | 12:00 pm—1:00 pm<br>Arts & Crafts<br>Health & Nutrition<br>Library | 12:00 pm—1:00 pm<br>Arts & Crafts<br>Travel<br>Park/WWC | 12:00 pm—1:00 pm<br>Arts & Crafts<br>Animal Lovers<br>Library |
| 1:00 pm—2:00 pm<br>Games & Puzzles<br>History Fun | 1:00 pm—2:00 pm<br>Music<br>Current Events | 1:00 pm—2:00 pm<br>Environment<br>Games & Puzzles | 1:00 pm—2:00 pm<br>Sensory<br>Book Club | 1:00 pm—2:00 pm<br>Games & Puzzles<br>Hobbies |