

Saltaire Striders: Committee Meeting 21/7/26
7pm at ReConnection



1. Present and Apologies for Absence
Apologies - SS, TiM, DJ, JC

2. Minutes of the last meeting
◦ To agree as a correct
Agreed

3. Financial Update
N/a as TiM was not around

4. Training (MI)
◦ Update from Marcus
▪ Coaching training
▪ Availability of run leaders: leaders in training
▪ C25K follow-on?

- MI shared coaching training has finished
- MI shared that currently there are more available run leaders and they are volunteering more readily. Pav is back leading runs
- Run leaders in training - Rich done training video and Mary G is doing hers soon.
- There are currently 4 or 5 run leaders available for 1.1. Julie and Janet and Mike are happy to continue leading, they felt the C25K helped them to return to running.
- We are currently ok for run leaders but we might need some new leaders in the near future
- C25K graduation went well. Some shared that the graduates previously were scared of joining a running club and this reduced the stigma of running club due to seeing all the members of different levels at Park Run. The committee thanked MI again.
- The only negative that was discussed was that volunteers (LP and RM) missed all of the event and didn't feel they received much of a welcome. Suggestion made by EG was to say to Parkrun that if we provide volunteers again, could the volunteers be put in marshal spots where they can be released sooner or do barcode scanning.
- MI felt the course was more successful than last time, as he had changed the course from last time and broke down the runs into smaller chunks but still ended up doing more running in the end. He also felt there was lots of support inside the group and from current Striders joining in to support training. Of those who have joined 21 have signed up as members, 3 are still considering, 1 or 2 away and will sign up when they get back, and a few partners coming down too. Some are still trying out club runs to make a decision. Many came down on Monday and joined the 1.1 group. They also bought the vests and wore them on the run
- Idea was raised to advertise the 1.1 group as return to running.
- Raised when we might do another course and decided to stick to C25k only once a year
 - Runs Organiser vacancy: continue to advertise for this? How do we fill the role in the meantime? Suggestion that we remove it from the "officer roles" in the constitution and make it a volunteer role, more like the role of Chris doing club championship scoring and Mel doing vests? Could make it more fluid and easier to recruit a volunteer?

We agreed to keep advertising, maybe even for a little while.

SSp agreed with suggestion to introduce rotating role, shared responsibility. **Action: MI** to ask run leaders RE this

Action: DB to add to newsletter.

Action: MI To collate as job description for DB to add to newsletter

There was a suggestion to offer them a sweetener of either wine or meal? But this wasn't agreed to
In relation to this MI said that run leaders are happy atm, and will get Rich and Mary G on board soon which will help with filling the rota. Pav has come back.

5. Membership Update
◦ Update from James? N/a as JC not around
◦ Any issues?

MR brought up the issues with paying membership via PayPal. It was suggested by EG that previously you could get round this on a PC but MI said he tried both and ended up with issues on both via PC and on his phone. It was pointed out that this is a hurdle for new members and could put people off. MR asked why do we use Paypal for this rather than online transfer? It was suggested due to issues with connecting to person and thing bought, or might be cost for doing bank transfer. **Action: JS** to add an item to next agenda. **Action: TIM** to prepare a update RE why we use PayPal and whether we can change to a different easier method

It is exciting there are lots of new members

RM requested **Action: JC** to collate a list of outstanding renewals, so that committee members can chase these up if friendly with them, especially if they are still running with us. We can then send them a link

6. Club Main Events

◦ BMWR

- Any updates/debrief needed?

No real update as debrief yet.

RM shared that with a big anniversary next year, it may potentially move to Saturday for celebration. If we are able to get food served, that might persuade more people to come back. This would also be good for the rugby club as they would get more takings. RM suggested we could potentially get a DJ, bouncy castle etc.

MR asked for reminders when we need to start advertising.

RM said we want more teams next year, as we can feasibly have more than 50 teams. This would make more money for the club and enable us to do more club social events

Many suggested that we can put the price up, as other races are more than ours and we have the bonus of mementos

◦ JC

- Planning for next year?

RL is not willing to plan this as more than he can handle but SSp knows someone who might be willing to take it on. However also agreed to advertise for this role

Action: DB put out in the newsletter to advertise for the lead for this and **Action: SSp** to write something and send to him

Lots of discussion RE this event. Question: Do we still hold in Keighley? The benefit is there are not many expenses linked to it and the atmosphere was good. However the maximum per race is 40 and maximum number of races is 6, therefore 240 places and £2400. Keighley is far away from road running groups. A better idea suggested was Horsforth?

Ideally we would want to run this over 3 days similar to before. SSp suggested we may need to move this back to road running.

SSp suggested we might need to change the name and revamp - many of the club don't know who John Carr is. Reminder about the success of previous John Carrs and they used to get lots of people coming who were very fast. However there was a complaint that caused it to end.

Action: ALL to come with ideas for a new 'John Carr' event. **Action: JS** to add to next agenda

7. Captains Update/Running Events (RM)

◦ Debrief recent events

BMWR went well

Danefield and GAR went well.

Parkrun was good as everyone was there and encouraged everyone, also at Relays with mixed teams. Nice to have slower runners encouraged

Relays over, and VETs 2nd place in M40 and M50

Grand prix not doing

◦ Updates as appropriate:

- Club champs
- parkrun competition
- Relays

No update RE club champs or Parkun competition

LCW 1st weekend in September. **Action: RM** to push and gauge interest. There is usually also a social team.

There was discussion around relays not on website, easy to miss them? DB can add them and add them to the newsletter but this wasn't agreed as an action. Also issues with this are people don't announce dates of relays far in advance (there was a relay we missed as it was announced very last minute and was too far to travel) and also if lots of interest then club might end up paying a lot.

MR raised that newbies don't know the relays. **Action: SSr, RM, DJ and LP** To organise another event to tell upcoming events (captains night)

Discussed should the club pay for relays? RM suggested if there are more teams than last year, then could all who enter pay towards the entry of the final team. It was suggested if the club is paying, then we might opt to enter the faster runners.

There is a 6 stage relay in Sunderland and RM has 3 teams interested

There is a four stage relay for women but we haven't put any team together for this

Action: TIM Need to confirm how many teams we are willing to pay entry for in the 6 and 4 stage relay and LCWR and whether we should with RM's suggestion to ask people to pay towards entry for any additional teams

- Ilkley Yorkshire day run?

Chatted through dates for annual run back from Ilkley to coincide with Yorkshire Day. It was quickly realised that 1st August is a Saturday and suggested better to do it on a club run night the following week or week before.

Group decided on 30th July

Action: MI to ask run leaders for the run (8 to 10km - 4.5 miles?)

Action: RM to communicate RE this on Facebook post and WhatsApp and email

Action: MI to organise an alternative for the graduates

8. Social (SSp)

- See email below received from a member re dates etc.

Christmas event put out 2 - 3 months before, too early? Some suggested to give a date earlier as an earmark

We chatted through location options as SSp shared that many feel that Salts is too loud. Also it is not inclusive and too hot. The golf club is nice but the organiser isn't very good. He also suggested the Halfway house but said it is very expensive and not good food. Asked where else? Caroline club for Christmas as is not very up market MR suggested New love apple? SSp pointed out that it needs to accommodate 50 people

Action: ALL to send SSp ideas

Chatted through a replacement for Burnsall as in the end was too expensive, and the food was a lot of money

Chatted through possibilities such as somewhere closer Burley in Wharfedale? Ilkley? The group suggested the draw was a jump in the river at the end. JS pointed out benefit of above suggestions is both have rail stations.

Action: ALL Think about plans for this next year and bring ideas to the next meeting. **Action: JS** to add to meeting agenda to explore different options

9. Welfare

- Any current issues

Nothing. With the influx of new members it would be useful to add a reminder RE the welfare role in the newsletter. **Action: DB** to add this to the newsletter.

10. Club Governance

- Should the mission statement be adapted into the club constitution (which would require a formal change to be voted for at next years AGM)?

No, we agreed that it is fine to just go on the website. **Action: DB** to add to website and EG to send to him

11. Communications (DB)

- See email below received from a member re SOTM

Chatted RE the idea below and DB said it is OK but we would still need a cut off. DB would just change the email he sends. Therefore nominations open from 1st of month to following month 5th

Action: DB to do this starting in August

- Talked about recent newsletters with the runners' answers to the newsletter questions. Mentioned that the newsletter is now very long
- Meeting minutes not uploaded to website for ages: Tim G to provide David with them in due course.
Acknowledged and Tim G is sorting this

12. Club kit/clothing

- Think this is back on track now?

All good, Action: EG to share link to merch again (on socials I think) and action: DB to add to newsletter

13. AOB

- It was mentioned that an ex-strider was left in the nominations on awards night. Committee agreed to ensure this won't happen again
 - There is still Jake Egan missing the runner leaders accolade trophy, action: RM to order an extra trophy along with the two extra peco trophies.
 - Discussed a recent post on FB added by a member that mentioned a committee member and a run leader. The post mentioned an incident on a club run that led to some in the group losing the group but joining C25K instead. This run leader was offended and subsequently doesn't run lead anymore. Admins can remove post from Saltaire Striders chat (these are JC, TiM, EG and Jen W). We could change to approve every post but this causes issues if people were to add time sensitive posts. Things have been patched up mostly. Action: MI to connect with the run leader and see if can smooth it over
14. Date of next meeting: early/mid September?
- 15th September 7:30pm at Reconnection

Appended: email received from Stuart Dunbar, re agenda items 7 (Ilkley away run), 8, 11:

"A couple of items I would like the committee to consider at the next meeting:

1) It would be good to get a bit more advance notice of the key events for the year such as awards night, Christmas do etc. Even if these are 'provisional'. Also last year at the AGM there was talk of a replacement for the Burnsall trip but nothing has been planned. Also we still don't have a date for the Ilkley run...

2) For the SOTM nominations can we simply open the nominations at the beginning of the month and close them at the end of each month? I often think someone has done something that is worthy of nomination but don't always remember to nominate when the email comes out. We could just set up a dedicated email address to simplify the process. eg SOTMnominations@gmail and just put reminder in the newsletter.

Thanks

Stuart"