

## For full details read The Companion Book "First Aid with

Veterinary Medical Aromatherapy®"

Quick Guide Emergency Care
Keep clear and avoid bite risks in stressed animals – they
will lash out. Always seek veterinary help ASAP.
Using Calming Blends or Lavender any time there is stress,
may assist you staying calm in an emergency.

Bee Sting - Lemon or Anti-Toxic Blend

Neat on location, every 5 minutes in the first hour then only as needed.

**Burns** – Lavender

Neat on location - every 5 minutes for 30 minutes then twice a day until healed.

Centipede bite - Lemon or Anti-Toxic Blend

Neat on location every 5 minutes in the first hour then only as needed.

**Constipation** – Coriander, Lemon and Peppermint or Digestive Blend Place on belly every 6 hours - no more than 3 days. Ingest daily as preventative

**Cough** – Pine, Ravintsara, Balsam Fir &/or Lavender or Anti- Toxin Blend. Misting technique every 6 hours and Neat on chest one time a day, no more than 10 days.

**Cuts/Bruises**- Helichrysum, Peppermint or Injury Blend Neat on location

Apply pressure if bleeding use a tourniquet method if needed.

READ the full companion book "First Aid with Veterinary Medical Aromatherapy". This quick guide is only meant to assist remembering what is more detailed in the book.

In ALL emergencies make sure you go to a Veterinarian for appropriate diagnosis and treatment.



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**Dog bite** – Frankincense or Helichrysum or Injury Blend Neat on location, every 5-15 minutes for the first hour, then twice a day until healed.

**Diarrhea** - Coriander, Lemon and Peppermint or Digestive Blend Place Neat on belly every 6 hours – no more than 3 days. Ingest daily every 6 hours – no more than 3 days.

Lemon water orally, Peppermint water orally.

**Limping** – Everlast, Balsam Fir, Peppermint or Injury Blend

Mist on whole leg every 6 hours, to mediate pain and swelling for 3-5 days then only as needed

Poisoning - Helichrysum misted immediately

After appropriate vomiting induction or charcoal administration and vet care, use orally 50% dilution 2-3 days every 12 hours for 3 weeks to assist liver healing.

Seizure -Peppermint and Anti-Toxin Blend

Mist on back of neck for 5 minutes. Use Anti-Toxin Blend every 12 hours with misting to decrease frequencies.

Use Coriander orally to decrease frequencies.

Snake Bite - Lemon or Anti-Toxic Blend

Neat on location every 5 minutes in the first hour then only as needed.

Spider Bite - Lemon or Anti-Toxic Blend

Neat on location every 5 minutes in the first hour then only as needed.

Vomiting - Coriander, Lemon, Peppermint,

Digestive Blend

Place on belly every 6 hours – no more than 3 days. Ingest daily, every 6 hours for no more than 3 days.

Use a blanket as a sling to transport painful animals to the car.

All other routine emergency techniques should be utilized along with the Veterinary Medical Aromatherapy® techniques.

The information contained herein is for educational purposes only, and a guideline for your personal use.

It should not be used as a substitute for medical care by a health professional. Neither author, nor publisher accepts responsibility for such use. The items recommended here have been safely used on animals ranging in diversity from small pets to large horses.

For a detailed list of First Aid with Veterinary Medical Aromatherapy<sup>®</sup>, educational videos and order options, go to www.safe4animals.com.

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