

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am	5:30am	5:30am	5:30am	5:30am		
					10:00am	10:00am
12:00pm	12:00pm	12:00pm	12:00pm	12:00pm		
4:30pm	4:30pm	4:30pm	4:30pm	4:30pm	4:30pm	4:30pm
6:30pm	6:30pm	6:30pm	6:30pm	6:30pm		
8:30pm	8:30pm	8:30pm	8:30pm			