**RESOURCES**

Mental Health Peer Discussion Group for CAC Leadership

**Trauma 101**

* [**Trauma 101 and Trauma Informed Practice Presentation**](https://docs.google.com/presentation/d/1Www7--kD2rvmXfm0x2KXhcJdxeK4JHR5/edit?usp=sharing&ouid=106362131359540538954&rtpof=true&sd=true) ***\*Added 4/7***
* [**Trauma Resources from Beacon House**](https://beaconhouse.org.uk/resources/)
* [**WRCAC Trauma-Informed Webinar Series**](https://www.westernregionalcac.org/training/webinars/)

**Screening & Assessment**

* **Trauma Assessments that meet the NCA standard and are most commonly used *\*Added 4/19*** 
  + **Child PTSD Symptom Scale (CPSS 5 SR)** – Free to download
  + **Child and Adolescent Trauma Screen (CATS)** – Free to download
  + **Clinician Administered PTSD Scale for DSM-5** / **Child and Adolescent Version (CAPS-CA-5)** – Free to download
  + **Website to find many free assessments on this list**: <https://istss.org/clinical-resources/child-trauma-assessments>
  + **UCLA PTSD Reaction Index** – Screener is free to download: <https://www.ptsd.va.gov/professional/assessment/child/ucla_child_reaction_dsm-5.asp#obtain>
  + Assessments that have to be ordered and not free:
    - **Trauma Symptom Checklist for Children (TSCC)**: <https://www.parinc.com/Products/Pkey/461>
    - **Trauma Symptom Checklist for Young Children (TSCYC)**: <https://www.parinc.com/products/pkey/463>
* [**Sample Screening Tool**](https://drive.google.com/file/d/18eN4cvKEHNed9zXrVCV0ioqTSwyCoYcy/view?usp=sharing)
* **Assessment measures used by the Chadwick Center’s Trauma Counseling Program:** 
  + [Trauma Counseling Assessment Checklist (Ages 1.5-5)](https://drive.google.com/file/d/1W-5UCI2-brixRItDKDM15NGvCWvGtWZa/view?usp=sharing)
  + [Trauma Counseling Assessment Checklist (Ages 6-9)](https://drive.google.com/file/d/1YMoN6iLWNh4rHAWo5LLBkv-EGlNOAL3P/view?usp=sharing)
  + [Trauma Counseling Assessment Checklist (Ages 10-17)](https://drive.google.com/file/d/17gOt9EiQYaYdTF2WaJ1915sp5BxJdHyG/view?usp=sharing)
  + [Trauma Counseling Assessment Checklist (Adult Client)](https://drive.google.com/file/d/1-tOUGwN0s6cVrh0YnUljc5DgMWo1huk0/view?usp=sharing)
* [**The Trauma Assessment Pathway (TAP) Model**](https://docs.google.com/document/d/1RoDDGVKQBHoXC4TAB_0S_uaQKw83-25f/edit?usp=sharing&ouid=106362131359540538954&rtpof=true&sd=true) 
  + **Watch a recording of an April 2022 Webinar on TAP on NCA Engage** [**here**](https://learn.nationalchildrensalliance.org/products/integrating-trauma-focused-assessments-into-your-clinical-practice-the-trauma-assessment-pathway-tap-model)

**Evidence-Based Practices**

* [**The California Evidence-Based Clearinghouse for Child Welfare**](https://www.cebc4cw.org/)
* [**Child and Family Traumatic Stress Intervention - NCTSN Fact Sheet**](https://www.nctsn.org/interventions/child-and-family-traumatic-stress-intervention)

**Secondary Traumatic Stress**

* [**Building Trauma-Informed Children’s Advocacy Centers: Resource Guide**](https://www.westernregionalcac.org/building-trauma-informed-childrens-advocacy-centers-resource-guide/) **from WRCAC includes the following resources on STS:** 
  + [Understanding Secondary Traumatic Stress for CAC Workers](https://www.nctsn.org/sites/default/files/resources/fact-sheet/cac_understanding_secondary_traumatic_stress.pdf)
  + [Encouraging Staff Wellness in Trauma-Informed Organizations](https://www.traumainformedcare.chcs.org/wp-content/uploads/2018/11/Infographic-Staff-Wellness.pdf)
  + [Secondary Traumatic Stress: A Fact Sheet for Child-Serving Professionals](https://www.nctsn.org/sites/default/files/resources/fact-sheet/secondary_traumatic_stress_child_serving_professionals.pdf)
  + [Secondary Traumatic Stress Informed Organization Assessment (STSI-OA)](https://www.uky.edu/ctac/stsioa)
* [**WRCAC Roundup April 2022: Addressing the Health and Well-Being of Children's Advocacy Center Staff and Partners**](https://myemail.constantcontact.com/WRCAC-Roundup--Addressing-the-Health-and-Well-Being-of-Children-s-Advocacy-Center-Staff-and-Partners.html?soid=1110322435626&aid=zF3WROaRyao)
* [**SRCAC - Reflect. Refuel. Reset.**](https://www.srcac.org/reflect-refuel-reset/)
* [**Advancing California’s Trauma-Informed System (ACTS) STS Webpage**](https://www.actsproject.com/secondary_trauma) **includes several resources and guides on reflective supervision**
* [**A Practical Guide to Reflective Supervision**](https://www.amazon.com/Practical-Guide-Reflective-Supervision/dp/1934019364)
* [**Low Impact Debriefing - Tend Academy**](https://www.tendacademy.ca/wp-content/uploads/2019/07/Low-Impact-Debriefing-2019.pdf)
* [**Reducing Secondary Traumatic Stress - Skills for Sustaining a Career in the Helping Professions - Brian Miller, PhD**](https://www.routledge.com/Reducing-Secondary-Traumatic-Stress-Skills-for-Sustaining-a-Career-in-the/Miller/p/book/9780367494575)
  + [Brian Miller’s CE-CERT Model - Overview](http://oklahomatfcbt.org/wp-content/uploads/2019/05/CE-CERT-Overview-Handout.pdf)
* [**The Compassion Fatigue Workbook: Creative Tools for Transforming Compassion Fatigue and Vicarious Traumatization - Francoise Matheiu**](https://www.tendacademy.ca/product/the-compassion-fatigue-workbook-ebook/)
* [**Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others - Laura van Dernoot Lipsky**](https://traumastewardship.com/inside-the-book/)