



## JANICE SKOREYKO

AUTHOR, KEYNOTE SPEAKER, INTEGRATIVE HEALTH & PERFORMANCE EXPERT, INTERNATIONAL SOCIAL IMPACT BUSINESS MENTOR

### The Leader's Leveraged Lift!

Get clear and confident with one-on-one mentoring, with your integrative health professional, longevity educator, & functional food formulator. This is your foundation to breakthrough to feeling exceptional with **clarity and confidence on what's activated & where your health span is headed**- and adjust accordingly, **increase your energy, resolve pressing challenges'** root causes, with an aligned 5-key **performance + longevity lifestyle medicine plan**, partnering with **science-backed & body-informed leverage on your side** & decades of expertise. Clearly, consciously. No guessing or stressing. Testing in real time.

- ☑ **1<sup>st</sup> Key: Strategic Plan: 1 x 1.5-hour complete initial consultation including review of intake and Key Strategy Map~ \$1,500 Value**
- ☑ **2<sup>nd</sup> Key: Mentorship: private mentorship, 3 x 30 min. session included (via conference call) ~ \$1500 Value**
- ☑ **3<sup>rd</sup> Key: Daily Game Plan: Nutrition & Integrative Lifestyle Medicine: Complete Biochemical Nutrition Assessment: Get lightening-focused impactful insight and moves.** Learn exactly which areas your body is doing great in & those that need attention now- along with the exact vitamin and minerals your body requires more of to align with *optimum health*. *Test, evaluation & 1:1 appts -(noted above in 2<sup>nd</sup> key).* ~ **\$1,500 Value**
- ☑ **4<sup>th</sup> Key: Design of a complete list of optimizing key foods, specific to your body's needs now ~ \$500 Value**
- ☑ **5<sup>th</sup> Key: Long Term Game Plan with Immediate Benefit: Functional Genetic Optimization Assessment: biological age keys** (measure your success in real time), **overall vitality, longevity & health span GPS** (10 years into the future), **fitness: optimized workouts & recovery, weight loss / learn muscle build** body recomposition, nutrient utilization, motivation, inflammation. Tests, evaluation, integration + 3 follow-up appts -(noted above in 2<sup>nd</sup> key). ~ **\$5,500 Value**

**Program \$10,500**

**Total Package with Bonus-Value \$11,500**

ENROLL TODAY:

☐ **All In \$8,800**  
*\*Invest In Full & Save \$1,800*

**BONUS:**

**1 x Follow Up Appt:  
Quarterly Strategic  
Planning Session  
~ \$1,000 Value**

**(ENROLL BY 3/12)**

☐ **Installment Plan: \$3,500 upon enrollment + 2 x \$3,500, 30 days apart – totaling \$10,500**

Program is for referral clients only and may not be combined with any other special promotion. Packages are payable in full or first installment due at time of booking. All prices are in CAD, subject to taxes. A 5% credit card processing fee will be added for methods other than e-transfer or wire. Packages are completed within 90 days of enrollment, are non-refundable & non-transferrable to another date or person.

Janice L Skoreyko CSN, NHP, NHE, Member of the Physician's Committee for Responsible Medicine