



JANICE SKOREYKO

AUTHOR, KEYNOTE SPEAKER, INTEGRATIVE HEALTH & PERFORMANCE EXPERT, INTERNATIONAL SOCIAL IMPACT BUSINESS MENTOR

The Leveraged Lift!

Get clear and confident with one-on-one mentoring, with your integrative health professional, longevity educator, & functional food formulator. This is your foundation to breakthrough to feeling extra fabulous, rockin your "It Factor", **increase your energy, resolve your pressing challenges'** root causes, with an aligned 5-key **performance + longevity lifestyle medicine plan**, partnering with **science-backed & body-informed leverage** on your side and decades of expertise. Consciously. No guessing or stressing. Testing in real time.

- 1st Key: Strategic Plan: 1 x 1.5-hour complete initial consultation including review of intake, and Key Strategy Map~ \$1,500 Value**
- 2nd Key: Mentorship: private mentorship, 3 x 30 min. session included (via conference call) ~ \$1500 Value**
- 3rd Key: Daily Game Plan: Nutrition & Integrative Lifestyle Medicine: Complete Biochemical Nutrition Assessment: Get lightening focused impactful insight and moves.** Learn exactly which areas your body is doing great in & those that need attention now- along with the exact vitamin and minerals your body requires more of to align with *optimum health*. *Test, evaluation & 1:1 appts -(noted above in 2nd key).* ~ **\$1,500 Value**
- 4th Key: Design of a complete list of optimizing key foods, specific to your body's needs now ~ \$300 Value**
- 5th Key: Long Term Game Plan with Immediate Benefit: Functional Genetic Optimization Assessment: biological age keys** (measure your success in real time), **overall vitality, longevity, fitness: optimized workouts & recovery, weight loss/body recomposition**, nutrient utilization, motivation, inflammation. Personalized workout guidance. Test, evaluation, integration + 2 follow up appts -(noted above in 2nd key). ~ **\$5,500 Value**

Program \$8,800

Total Package With Bonus-Value \$9,300

ENROLL TODAY:

All In \$5,000
**Invest In Full & Save \$2,500*

Installment Plan: \$3,500 + \$2,500/month, 30 days apart for 2 months – totaling \$8,500

BONUS:

**1 x Follow Up Appt
Quarterly Planning
~ \$1,500 Value**

(ENROLL BY 8/8)

Program is for referral clients only and may not be combined with any other special promotion.

Packages are payable in full or first installment due at time of booking. All prices are in USD and subject to taxes. Packages are completed within 90 days of enrollment, are non-refundable & non-transferrable to another date or person

Janice L Skoreyko CSN, NHP, NHE, Member of the Physician's Committee for Responsible Medicine