

Lunch


All sandwiches and wraps come with a side of fries or add our home-made soup +3. Upgrade your fries to buffalo fries or parmesan garlics +2.5

Half Pound Hamburger **\$17**
Our fresh juicy angus burger served with lettuce, tomatoes, fried onion strings.


Half Pound Cheeseburger **\$18.5**
Our fresh juicy angus burger served with lettuce, tomatoes, fried onion strings, home-made garlic cilantro aioli and American cheese on a brioche bun.

Grilled Chicken Breast Sandwich **\$15.5**
Fresh grilled chicken breast topped with lettuce, tomatoes, home-made honey Dijon, served on a brioche bun.

Buffalo Chicken Wrap **\$15.5**
Breaded chicken breast tossed in buffalo sauce wrapped in a warm flour tortilla with romaine lettuce, tomatoes, and ranch dressing.

 **Mediterranean Chicken Wrap** **\$15.5**
Fresh grilled chicken breast wrapped in a warm flour tortilla with romaine lettuce, tomatoes, cucumbers, red onions, feta cheese, and Italian dressing.

Chicken Cesar Wrap **\$15.5**
Fresh grilled chicken breast with romaine lettuce parmesan cheese, diced tomatoes tossed in Caesar dressing and wrapped in a fresh tortilla.

 **Crispy Philly Cheese Steak** **\$18.5**  **Crispy Philly Chicken** **\$16.5**
Fresh USDA beef tenderloin grilled with sautéed onions, bell peppers, garlic cilantro aioli and white American cheese wrapped in a flour tortilla & lightly fried.
Diced chicken breast grilled with sautéed onions, bell peppers, garlic cilantro aioli and white American cheese wrapped in a flour tortilla & lightly fried.

Buffalo Chicken Eggrolls **\$15**
Our freshly breaded chicken tenders, shredded, tossed with Buffalo sauce, ranch dressing and cheddar cheese rolled in a wonton wrap and lightly fried. Served with a side of ranch.

Salads

All of our salads are served with a half pound of freshly marinated chicken breast, piled high with the freshest ingredients.

Mediterranean Chicken Salad **\$17**
Fresh grilled chicken breast served with romaine lettuce, tomatoes, cucumbers, red onions, olives, feta cheese and topped with a sprinkle of oregano. Served with Italian dressing.

Chicken Caesar Salad **\$16.5**
Fresh grilled chicken breast served with romaine lettuce, tomatoes, and croutons & tossed in Caesar dressing and topped with shaved parmesan, romano, asiago cheese blend.

Southwest Fiesta Salad **\$17.5**
Fresh grilled chicken breast served with romaine lettuce, roasted corn & black beans, tomatoes and red onions, WI cheddar cheese, topped with fried onion strings. Served with our in house made zesty fiesta dressing.

Apple Pecan Salad **\$17**
Mixed green with fresh grilled chicken breast, fresh Granny Smith apples, strawberries, pecans topped with goat cheese and served with a side of vinaigrette dressing.

Sides

Bacon **\$7**
Turkey Bacon **\$7**
Hash Browns **\$4.5**
Ham **\$7**
Parmesan Garlic Fries **\$6**
Sausage Patties **\$7**
Sausage Links **\$7**
Apple Cherry Chicken Sausage **\$7.5**
Smothered Bacon Hash Browns **\$6**
Parmesan Garlic Hash Browns **\$6**
1 Egg your way **\$3**
English Muffin **\$3.5**
Toast **\$3.5**
French Fries **\$4**
Buffalo Fries **\$6**
With a side of ranch
Fruit Bowl **\$7**
Fruit Cup **\$4**
Avocado **\$3.5**
Soup of the Day **\$4.5**

Kids Menu \$8.5

Comes with a small milk, juice, or soft drink.

Scrambled Eggs
Scrambled eggs served with a side of sausage or bacon and hash browns.

Silver Dollar Pancakes
A mini version of our fresh made buttermilk pancakes with chocolate chips.

French Toast
Two pieces of our classic French toast dusted with powdered sugar.

Grilled Cheese
Our fresh grilled cheese sandwich served with a side of fruit or French fries.

Chicken Breast Chunks
Two chicken breast chunks served with french fries.

French Churro Stix
Four of our home-made cinnamon sugar churro French toast stix served with a side of our cream cheese icing.

20% GRATUITY WILL BE ADDED AUTOMATICALLY FOR PARTIES OF 5 OR MORE.

Please tell us about food allergens you may have.

*Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

Let's Get Crakin'

Barista's Favorites

Lotus



Cinnamon Roll



Honey Lavendar



Chai Tea



Honey Cinnamon



Iced Honey Cinnamon



Caramel Cappuccino



Hot Chocolate



Juices

Small 8oz. Large 12oz

Freshly Squeezed Orange Juice **\$4.5/7.5**

Apple Juice **\$4.5/6.5**

Cranberry Juice **\$4.5/6.5**

Tomato Juice **\$4.5/6.5**

Grapefruit Juice **\$4.5/6.5**

Coffee

Local, freshly roasted beans. Your choice of whole milk, almond milk or oat milk +1.25.

Fresh brewed gourmet drip coffee **\$4.5**
Iced Coffee **\$5**

Lattes hot or iced.

Café Latte **\$5.5**

Caramel or Vanilla Latte **\$6.5**

Mocha **\$7**

Honey Cinnamon Latte **\$7**

Matcha Latte **\$7**

Honey Lavendar Latte **\$7.5**

Lotus Cookie Butter Latte **\$8**

Cinnamon Roll Iced Latte **\$8**
(with cold foam)

Cappuccino **\$5.5**

Caramel Cappuccino **\$6**

Cinnamon Roll Cappuccino **\$7.5**

Double Espresso **\$4.5**

Hot Chocolate

All made fresh per order..

Gourmet Hot Chocolate **\$7**
Our gourmet hot cocoa made with chocolate syrup topped with whipped cream, chocolate drizzle and shaved chocolate.

White Chocolate Hot Cocoa **\$7.5**
Our gourmet white chocolate cocoa made with Ghirardelli chocolate topped with whipped cream, white chocolate drizzle and shaved chocolate.

Salted Caramel Hot Cocoa **\$7.5**

Our gourmet Ghirardelli salted caramel hot cocoa made with chocolate syrup, topped with whipped cream and drizzled with salted caramel and chocolate.

Smoothies

Add a booster to your drink.

Strawberry Sunshine **\$8.5**
Coconut water, strawberries, green apple, pineapple and honey.

Straw'Nana **\$8.5**
Strawberries, banana, almond milk.

Pb&J **\$8**
Peanut Butter, strawberries, bananas, almond milk

Eggsperts OP Smoothie **\$9**
Freshly squeezed orange juice blended with fresh pineapples.

Tropical Getaway **\$9**
Almond milk, banana, pineapple, shredded coconut.

Big Flexer Protein Smoothie **\$9**
Almond milk, banana, oats, peanut butter, whey protein.

Green Supreme Detox **\$8.5**
Coconut water, spinach, green apple, banana, pineapple, lemon, ginger.

Jolted Monkey **\$9**
Two espresso shots, bananas, almond milk, peanut butter, and mocha syrup



Boosters

Add a booster to your drink!

Chia Seeds **\$2**
Packed with antioxidant. High in Omega 3 Fatty Acids. Great source of protein and fiber.

Flax Seeds **\$2**
Rich source of Alpha-Linolenic Acid (ALA'S) and Lignans, known to improved cholesterol and blood circulation. Excellent source of fiber and Omega 3 Fatty Acids.

Peanut Butter **\$2**
Great source of protein and healthy fats.

Rolled Oats **\$2**
100% whole grain. Loaded with fiber and known to help lower cholesterol and improve heart health.

Whey Protein Powder **\$3**
Highest quality protein that is quickly digested by the body. Provided all 9 essential Amino Acids that are essential for building muscle and strength, as well as aid in weight loss.

Soft Drinks

Pepsi
Diet Pepsi
Mountain Dew
Dr. Pepper
Sierra Mist
Pink Lemonade
Raspberry Tea
Unsweetened Ice Tea

\$3.5

Sunshine



Straw'nana



PB&J



Eggsperts OP



Tropical Getaway



Protein



Detox



Jolted Monkey

