

# Inspire Always

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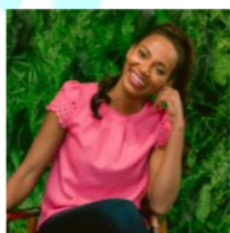
Inspire Always is about featuring amazing women. It's about COMMUNITY \*CONNECTION \*CELEBRATION \*COMPASSION\*CHARITY

To celebrate my 52nd birthday this year, I am inviting everyone to join my 52-week kindness challenge. #52weekkindness challenge.

It started on Feb 17th, Random Acts of Kindness Day. You can join in with as many people as you can. My mission is to spread kindness and positivity into this world.

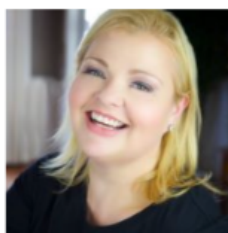


## What Inspires Me?



**Ebony Williams**  
**@joyfulebony**

What inspires me: My former self inspires me: the mistakes, the struggle, the failure...However, they're lessons that make us better friends, sisters, family members, better listeners, and partners.



**Angel Smedley**  
**@angel\_smedley\_**

Favorite Quote: "If you don't ask, the answer will always be no!"

I get inspired by the women, past & present, who continue to seize opportunities & thrive. Those who have passions & run towards them. Those who have stood up for what is right! Whose ideas have sparked the change? They inspire me to do better & to BE better. And when we do better- the world is a better place in which to be!



**Tania Abouzeide**  
**@dr.abouzeide**

Favorite Quote: "Make your next move your best move."

What inspires me: What keeps me going is knowing that I am making a positive difference in the lives of others. I am inspired by knowing that I am aligned with my passion and purpose. Helping individuals sort through information to make the best-informed decision is my jam.



**Nancy Pickard**  
**@nancypickardlifecoach**

Favorite Quote: "Tell me, what is it you plan to do with your one wild and precious life?" -Mary Oliver

What inspires me is watching my clients step outside their comfort zones to live their most inspired lives. I am passionate about living Bigger Better Braver" by saying "YES" to every opportunity the universe brings me.