DISCIPLES WRESTLING CLUB

For each wrestling skills assessment wrestlers will need to earn a minimum number of points for practice attendance and/or competition. During the assessment, wrestlers will have to demonstrate knowledge of wrestling techniques in the neutral, top, and bottom positions. In addition, knowledge of wrestling rules will be assessed and counted towards the wrestler's final score. If a wrestler passes the assessment, they will earn a pin and achieve the next rank. Each rank is based on a biblical role for believers in the New Testament. It is expected for each Disciples wrestler to be working toward the next level for their entire time as a member of Disciples Wrestling Club from beginning with the program through 6th grade.

Level	Rank	Descriptive Characteristics	Scripture	Focus
1	**Competitor**	Disciplined Committed	1 Corinthians 9:24	Run with purpose and discipline to obtain the prize.
2	**Soldier**	Obedient Enduring	2 Timothy 2:3–4	Endure hardship as a good soldier of Christ, free from worldly distractions.
3	**Manager**	Responsible Faithful	1 Corinthians 4:2	Those entrusted with responsibility must be found faithful.
4	**Warrior**	Courageous Equipped	Ephesians 6:12–13	Stand firm against spiritual opposition by putting on the whole armor of God.
5	**Ambassador**	Bold Representative	2 Corinthians 5:20	Represent Christ and proclaim His message of reconciliation to the world.
6	**Contender**	Convicted Intentional	Jude 1:3	Earnestly contend for the faith delivered to the saints.
7	**Overcomer**	Persevering Unwavering	1 John 5:4	Through faith, overcome the world and remain faithful to Christ.
8	**Pillar**	Steadfast Dependable	Revelation 3:12	Become a steadfast and established presence within the household of God.
9	**Victor**	Triumphant Faithful	1 Corinthians 15:57	Victory over sin and death through the resurrection of Jesus Christ.
10	**Conqueror**	Unshakable Christ-centered	Romans 8:37	Through Christ, triumph over every trial because nothing can separate us from His love.