

QUEST #3

NAME: _____

Discipleship:

- ☐ Memory Verse: So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.. - 2 Corinthians 4:18
- ☐ Family Discussion: Explain to your family: What does eternal mean? What sort of things are eternal? As Disciples of Jesus, how can we make an impact for eternity?

Service: On three different days this week find a way to serve your family in addition to your regular chores. Parents can help you decide how to best serve this week. Some suggestions include: helping with the dishes, folding laundry, taking out the trash, doing some yard work, caring for pets, or cleaning around the house.

- ☐ Day 1 What did you do? _____
- ☐ Day 2 What did you do? _____
- ☐ Day 3 What did you do? _____

Workout: On three different days complete each of the following: 30 stand ups, 30 sprawls , and 30 pushups.

- ☐ Day 1
- ☐ Day 2 Parent Signature: _____
- ☐ Day 3 Date: _____



QUEST #3

NAME: _____

Discipleship:

- ☐ Memory Verse: So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.. - 2 Corinthians 4:18
- ☐ Family Discussion: Explain to your family: What does eternal mean? What sort of things are eternal? As Disciples of Jesus, how can we make an impact for eternity?

Service: On three different days this week find a way to serve your family in addition to your regular chores. Parents can help you decide how to best serve this week. Some suggestions include: helping with the dishes, folding laundry, taking out the trash, doing some yard work, caring for pets, or cleaning around the house.

- ☐ Day 1 What did you do? _____
- ☐ Day 2 What did you do? _____
- ☐ Day 3 What did you do? _____

Workout: On three different days complete each of the following: 30 stand ups, 30 sprawls , and 30 pushups.

- ☐ Day 1
- ☐ Day 2 Parent Signature: _____
- ☐ Day 3 Date: _____

