

# Buckram Stables Cafe

Serving since 1986

## Lunch

### Soups/Appetizers

#### Soup du jour

#### Jumbo Buffalo Wings

Served with celery & bleu cheese dressing on the side

#### Chicken Fingers

lightly breaded chicken breast served with honey mustard sauce

#### Buckram's Special Lunch Combo

choose one combo

cup of soup & half sandwich OR

salad & half sandwich

choice of: house salad or caesar salad

sandwich choices: Buckram Blast, Traditional Turkey Club, Tuna, Tuna Melt, Oven Roasted Turkey Breast, or Chicken Salad

#### Beer Battered Onion Rings

#### Buckram's Famous Waffle Fries

### Omelets

Choice of any of three fillers (\$1 per additional filler)

All Omelets served with your choice of White, Whole Wheat, 12 Grain or Marbled Rye Toast with English muffin add \$1

Onions, Peppers, Mushrooms, Spinach, Broccoli, Tomato, Bacon, Virginia Ham, American, Mozzarella, Cheddar, Swiss, Feta or Brie Cheese add \$1

#### Egg White Omelet

### Specialty Wraps

regular or whole wheat wrap, served with homemade coleslaw

#### Grilled Shrimp

with lettuce & avocado

#### Grilled Chicken Breast

with lettuce & avocado

#### Grilled Sliced Steak

with lettuce & tomato

### Salads

#### Fresh Market House Salad

field greens with cucumber, tomato & choice of dressing

#### Caesar Salad

crisp romaine lettuce, parmesan cheese & rosemary croutons

#### Spinach Salad

grilled asparagus, roasted red peppers, goat cheese, champagne vinaigrette

#### Classic Greek Salad

feta cheese, tomato, red onion, pepperoncinis, artichoke hearts, kalamata olives, over crisp greens with a light oil vinaigrette

#### Cobb Salad

roasted turkey, avocado, tomato, bacon & crumbled bleu cheese, tossed with field greens and choice of dressing

#### Tuna Salad Plate

white albacore tuna salad on a bed of fresh greens with sliced tomato & toast points

#### Chicken Salad Plate

all white meat chicken breast with red seedless grapes, celery, light mayonnaise & pecans on a bed of greens with sliced tomato & toast points

#### Warm Country Salad

slightly warmed dijon balsamic dressing with vermont goat cheese, red bliss potato, chopped bacon, tomato, over mixed field greens

add grilled lemon herb, cajun or teriyaki chicken breast

or

grilled shrimp    NY shell steak    grilled salmon    bleu cheese

Dressing Choices:

House made Rosemary Vinaigrette, Dijon Balsamic Vinaigrette, Bleu Cheese (.75), Russian, Ranch & Champagne Vinaigrette

## Sandwiches

*choice of toasted white, whole wheat, 12 grain, marbled or seedless rye*

### **Traditional Turkey Club**

with crisp bacon, lettuce & tomato

### **Buckram Special Club**

served open-faced with oven roasted turkey, topped with avocado, crisp bacon, melted cheddar cheese, side of russian dressing

### **Tuna Melt**

served open-faced with white albacore tuna salad & melted american cheese, on a toasted english muffin with lettuce & tomato on the side

### **Oven Roasted Turkey Breast**

with boston lettuce & cranberry sauce on the side

### **Buckram Blast**

crisp bacon, boston lettuce, avocado & tomato

### **Tuna Salad**

white albacore tuna with boston lettuce

### **Traditional BLT**

crisp bacon, boston lettuce & tomato

### **Chicken Salad**

freshly made all white chicken breast with red seedless grapes, celery, light mayonnaise & pecans

### **Traditional Grilled Reuben**

lean corned beef, sauerkraut, imported melted swiss served on marble rye, side of home made russian dressing

## Burgers

*all burgers served on a large toasted english muffin, choice of waffle fries, sweet potato fries, house or caesar salad, (or with onion rings add 2)*

### **Buckram Stabilizer Burger**

sirloin burger topped with sauteed onions, mushrooms, bacon, melted cheddar & mozzarella cheese

### **Turkey Burger**

fresh ground turkey with lettuce & tomato

### **Marinated Turkey Burger with Cheese**

light soy marinade topped with tomato & melted mozzarella cheese

### **Veggie Burger**

char-grilled vegetable burger served with tomato & raw onions

### **Chicken Stabilizer**

open-faced grilled chicken breast topped with sauteed onions, mushrooms, bacon, melted cheddar & mozzarella cheese

### **NEW Naked Burger**

bun-less sirloin burger with lettuce, tomato, raw onions

### **Buckram Basic Burger**

### **Buckram Cheese Burger**

### **Buckram Bacon Cheeseburger**

## Specialty Beverages non-alcoholic

### **Lemonade**

### **Arnold Palmer**

### **Transfusion**

grape juice & ginger ale

### **Voss Sparkling Water**

375 ml

### **San Pellegrino**

1 liter

### **Root Beer Float**

### **Chocolate Milk**

### **Espresso**

### **Coffee - Tea**

### **Fresh Brewed Iced Tea or Coffee**

### **Iced Tea Special**

Iced tea, splash oj, sweet & sour mix

### **Beck's non-alcoholic**

### **Still Voss**

still bottled water 800 ml

### **Soda**

### **Root Beer**

### **Old Tyme Ginger Beer**

### **Regatta Ginger Beer**

### **Cappuccino**

### **Buckram Cranberry Cooler Pint**

Cranberry juice w/club soda & twist of lime

split plate charge 4

*please ask your server about our delicious desserts*

**Substitutions subject to additional charge**