

# Buckram Stables Cafe

## Lunch

Serving since 1986

### Soups/Appetizers

#### Soup Du Jour

#### Jumbo Buffalo Wings

celery & bleu cheese dressing on the side

#### Beer Battered Onion Rings

#### Chicken Fingers

lightly breaded chicken breast served  
with honey mustard sauce  
add \$ w/waffle fries

#### Buckram's Famous Waffle Fries

#### Buckram's Special Lunch Combo

Cup of Soup & Half Sandwich OR Salad & Half Sandwich

Salad choices: House or Caesar

Sandwich choices: Buckram Blast, Traditional Turkey Club,  
Tuna, Tuna Melt, Oven Roasted Turkey Breast, or Chicken Salad

### Omelets

*Choice of any of three fillers (\$ per additional filler)*

All Omelets served with a Choice of White, Whole Wheat, 12 Grain, Rye, Marbled  
Rye Toast (Or with English Muffin add \$)

Onions, Peppers, Mushrooms, Spinach, Broccoli, Tomato, Bacon, Virginia Ham,  
American, Mozzarella, Cheddar, Swiss, Feta or Brie Cheese add \$  
*\$ per additional filling*

**Egg White Omelet ... add \$**

### Salads

*Dressing Choices: housemade rosemary vinaigrette, dijon balsamic vinaigrette,  
bleu cheese add \$, russian, ranch, & champagne vinaigrette*

#### Caesar Salad

crisp romaine lettuce, parmesan cheese  
& rosemary croutons

#### Fresh Market House Salad

field greens with cucumber, tomato &  
choice of dressing

#### Classic Greek Salad

feta cheese, tomato, red onion,  
pepperoncinis, artichoke hearts,  
kalamata olives, over crisp greens with  
champagne vinaigrette

#### Cobb Salad

roasted turkey, avocado, tomato, bacon  
& crumbled bleu cheese, tossed with  
field greens and choice of dressing

#### Warm Country Salad

slightly warmed dijon balsamic dressing  
with vermont goat cheese, red bliss  
potato, chopped bacon, tomato, over  
mixed field greens

#### Chicken Salad Plate

all white meat chicken breast with red  
seedless grapes, celery, light mayonnaise  
& pecans on a bed of greens with sliced  
tomato & toast points

#### Spinach Salad

grilled asparagus, roasted red peppers,  
goat cheese & champagne vinaigrette

#### Tuna Salad Plate

white albacore tuna salad on a bed of  
fresh greens with sliced tomato & toast  
points

*(Add) Grilled Lemon Herb, Cajun or Teriyaki Chicken Breast*

*Grilled Shrimp*

*NY Shell Steak*

*Grilled Salmon*

## Specialty Wraps

*regular or whole wheat wrap, served with housemade coleslaw*

### Grilled Sliced Steak

lettuce & tomato

### Grilled Shrimp

lettuce & avocado

### Grilled Chicken Breast

lettuce & avocado

## Sandwiches

*choice of toasted white, whole wheat, 12 grain, marbled rye or seedless rye*

### Traditional Turkey Club

crisp bacon, lettuce & tomato

### Oven Roasted Turkey Breast

boston lettuce & cranberry sauce on the side

### Buckram Special Club

served open-faced with oven roasted turkey, topped with avocado, crisp bacon, melted cheddar cheese, side of russian dressing

### Buckram Blast

crisp bacon, boston lettuce, avocado & tomato

### Traditional BLT

crisp bacon, boston lettuce & tomato

### Tuna Melt

served open-faced with white albacore tuna salad & melted american cheese, on a toasted english muffin with lettuce & tomato on the side

### Chicken Salad

freshly made all white chicken breast with red seedless grapes, celery, light mayonnaise & pecans

### Tuna Salad

white albacore tuna with boston lettuce

### Traditional Grilled Reuben

lean corned beef, sauerkraut, melted swiss served on marble rye, side of house made russian dressing

## Burgers

*all burgers served on a toasted large english muffin with choice of waffle fries, sweet potato fries, house or caesar salad Or (with onion rings add \$)*

### Buckram "Stabilizer" Burger

topped with sautéed onions & mushrooms, crisp bacon, melted cheddar & mozzarella cheese

### Chicken Stabilizer

open-faced grilled chicken breast topped with sautéed onions, mushrooms, bacon, melted cheddar & mozzarella cheese

### Buckram Basic Burger

### Buckram Cheese Burger

melted mozzarella & cheddar

### Plain Turkey Burger

lettuce & tomato

### Buckram Bacon Cheeseburger

### Naked Burger

bun-less sirloin, lettuce, tomato & raw onions

### Marinated Turkey Burger

light soy marinade topped with tomato & mozzarella cheese

### Veggie Burger

char-grilled with tomato & raw onion

### Beyond Burger

vegetarian served with raw onion & tomato