



**TEA TIME CONSULTATION**  
30 Minute Segment @ \$30.00  
\$15.00/ 15 Minute Segments



Journey #1  
One-on-One  
Virtual Only Experience  
Starting @ \$410.00

Journey #2  
One-on-One  
Virtual and In-person Experience  
Starting @ \$980.00

Journey #3  
Couple Based System  
Virtual and In-person Experience  
Starting @ \$1760.00



5x30 Minute Interactive  
Virtual Movement Experiences  
(\$250.00)

6x60 Minute One-on-One  
Movement Experiences  
(\$600.00)

6x60 Minute One-on-One  
Movement Experiences, 3 each  
(\$600.00)



30 Minute (\$30.00)  
Virtual Check-in

30 Minute (\$30.00)  
Virtual Check-in

6x60 Minute Couple Education  
Interactive Movement Experiences  
(\$780.00)



5x15 Minute Taylored Recorded  
Video Movement Experiences  
(\$100.00)

5x30 Minute Interactive  
Virtual Movement Experiences  
(\$250.00)

30 Minute (\$30.00)  
Virtual Check-in



30 Minute (\$30.00)  
Virtual Reassessment

5x15 Minute Taylored Recorded  
Video Movement Experiences  
(\$100.00)

5x30 Minute Interactive  
Virtual Movement Experiences  
(\$250.00)



5x15 Minute Taylored Recorded  
Video Movement Experiences  
(\$100.00)