

Monthly Newsletter

THE GCLSL GAZETTE

◆
Season 2026



The President's Perspective

Spring is finally here! After a long winter, the snow has melted and we're eagerly waiting for the City to open the fields.

With the draft behind us and team rosters set, it's time to kick off the season, starting with Meet The Team night this Friday at the Kanata Sports Club. We hope to see everyone there!

A warm welcome to all our new league members. We're so happy you've joined us and can't wait to get to know you on and off the field.

Our season is set to begin May 11th, weather and City field conditions permitting — fingers crossed that Mother Nature cooperates! The full schedule can be found on the GCLSL website

<https://gclsl.ca>

A heartfelt thank you to our captains and executive team for everything they've done behind the scenes this winter. Your dedication, hard work, and passion for this league are what make it so special. We are lucky to have such an incredible group of women leading the way.

See you Friday!

Lisa Prentiss

GCLSL UPCOMING EVENTS



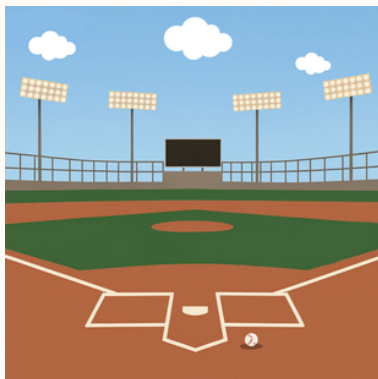
MEET THE TEAM NIGHT
KANATA SPORTS CLUB
APRIL 24
7PM



SEASON START DATE
MAY 11



KANATA SPORTS CLUB BOARD
MEMBER ELECTIONS
(VOTING IN PERSON ONLY AT THE KSC)
COME OUT AND VOTE FOR GCLSL
REPRESENTATION ON THE BOARD!
MAY 21



MAY TOURNAMENT
CARP
(FINALS WILL BE AT JACK CHARRON)
MAY 29, 30, 31



Are you ready?

AS WE DUST OFF OUR GLOVES AND PRETEND WE'VE BEEN STRETCHING ALL WINTER (WE HAVEN'T), LET'S REMEMBER ONE IMPORTANT THING OUR MINDS MAY STILL THINK WE'RE 25, BUT OUR HAMSTRINGS STRONGLY DISAGREE.

EARLY SEASON SOFTBALL IN THIS WEATHER IS BASICALLY A TRUST FALL WITH YOUR MUSCLES. IT'S COLD, WE'RE A LITTLE CREAKY, AND THAT FIRST SPRINT TO FIRST BASE CAN FEEL LIKE A FULL-BODY BETRAYAL. SO LET'S EASE INTO IT, LADIES. A FEW EXTRA STRETCHES, A SHORT WARM-UP JOG, AND MAYBE NOT GOING 110% ON THE VERY FIRST PLAY OF THE SEASON MIGHT SAVE US ALL FROM THE CLASSIC "I SLEPT FUNNY... AFTER SOFTBALL" INJURY.

HYDRATE, LAYER UP, AND LISTEN TO YOUR BODY IF SOMETHING FEELS QUESTIONABLE, IT PROBABLY IS. REMEMBER, WE'RE HERE FOR A GOOD TIME AND A LONG TIME (IDEALLY THE WHOLE SEASON).

PLAY SMART, LAUGH LOTS, AND LET'S KEEP EVERYONE OFF THE INJURED LIST... AT LEAST UNTIL MID-SEASON



GCLSL SPONSORS

THE GLEN CAIRN LADIES SOFTBALL LEAGUE GREATLY
THANKS THEIR SPONSORS FOR THEIR CONTINUED
GENEROSITY AND SUPPORT.

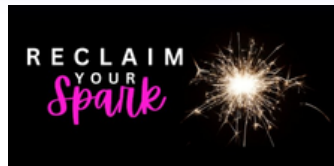
Platinum Sponsors



Gold Sponsors



Silver (Team) Sponsors





**JACK (JACQUES) DAGENAIS
PASSED AWAY AT THE AGE OF 67.**

The GCLSL extends its deepest gratitude to Jack Dagenais, owner of Meadowlands Roofing 97 Inc. for his unwavering support and dedication over the years. Jack never hesitated when it came to supporting the league. That kind of generosity and commitment does not go unnoticed. We are incredibly grateful for his support, not just for our league, but of women in sports as a whole. Our heartfelt condolences go out to his family and loved ones during this difficult time.

Thank you for reading!



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