**Skills Checklist**

**Assisted ventilations for Adult, Child or Infant**

1. Perform a scene survey
2. Apply personal protective equipment
3. Determine responsiveness
4. Open the Airway (using a Head-Tilt-Chin-Lift or Jaw Thrust)
5. Check Breathing and Circulation for 5 to 10 seconds

\*(Pulse is present but no breathing is detected)

1. Hand off Airway maintenance to your Helper / Assistant
2. Using Pocket Mask, give two 1-second ventilations
3. Give Ventilations (1 every 5-6 seconds for Adult; 1 every 3-5 seconds for Child or Infant)
4. Measure and insert an OPA between ventilations.
5. **BLOW**: Train the Helper / Assistant to ventilate
6. **FLOW**: Apply Oxygen to Helper’s / Assistant’s Pocket Mask
7. **SHOW**: Expose patient chest and assess for integrity and injuries
8. **KNOW**: Assess the Helper’s / Assistant’s effectiveness (count respirations for 15 seconds X 4, for a total in 1 minute)
9. Complete the Primary Survey (Circulation Check: Pulse, Skin and RBS)
10. Package and Transport patient
11. Ongoing assessment of Helper / Assistant
12. Recheck Pulse and Breathing after 2 minutes and every few minutes thereafter.

**\*If no breathing and no pulse initiate CPR. For Assisted Ventilations, a pulse must be present with no breathing detected.**