

Your Primary Dynamic is:

2. The Reliance Dynamic

Your position is:

‘Do-me’



What it means:

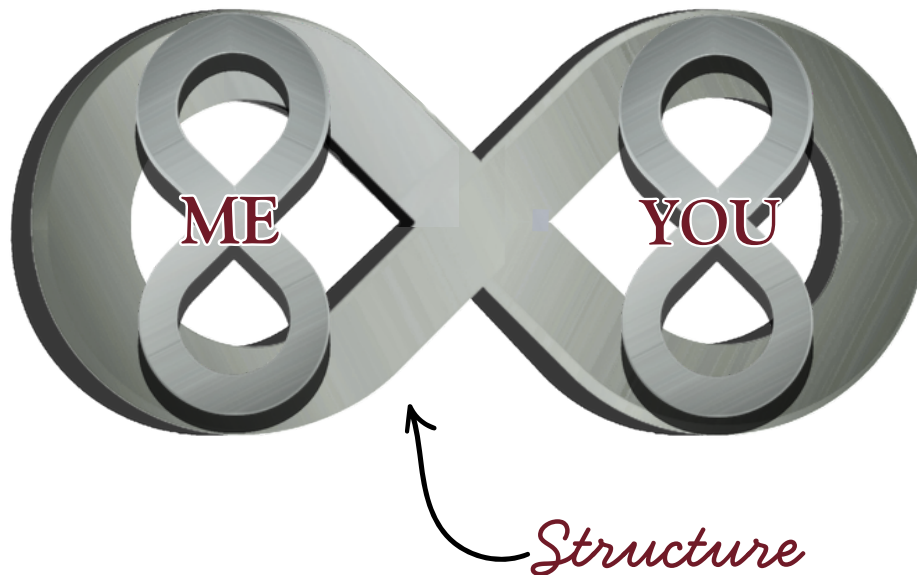
You tend to lean on a partner to provide emotional and/or physical support. You feel your relationship is working best if you're being **carried**. Being able to **rely** on someone is what makes you feel safe and loved.

What it costs you:

By outsourcing support to a partner, you can neglect your own intuition. You may be reluctant to initiate intimacy or change as it feels too uncomfortable. Distrusting your own judgment weakens your ability to make choices that support you.

For context:

1. The FLOW Dynamic



The infinity on the left (ME) represents you and your place in the relationship. The infinity on the right (YOU) represents your partner and what they bring. The external (horizontal) infinity loop is the structure that holds your relationship together

This is the 10th Dynamic representing balance. Flow is not about both partners being 'the same,' it represents a functional polarity (think two batteries attracting to create electricity).

This relationship pattern allows both people to feel loved, supported, and lit-up. In this symbiotic relationship, each partner generates momentum for an eternal state of Flow.