



Japan Packing Checklist

SKI CLOTHING

- 2X wicking, base-layers
Merino wool (top/bottom)
- Insulated mid-layer jacket
(Synthetic: warm when wet)
- Down jacket
- Hard Shell Jacket and Pants

IMPORTANT DOCUMENTS

- Passport
- Credit Card
- Health Insurance
- Bank debit card for ATM
- Travel Insurance

CLOTHING

- 3X Dinner wear
(Casual night wear)
- Long Sleeves and pants
- Boots or good traction shoes
(Comfortable for walking)
- Beanie
(Wool or fleece hat)
- Brimmed hat for ski touring
- Heavy insulated jacket
(Additional warm layer)
- Ski Gloves
Warm gloves
Touring gloves
Warm mittens
- Sunglasses

MANDATORY SKI GEAR

- Backpack 22L-35L (daypack)
- Beacon
- Shovel
- Probe
- Touring skins

(Please bring ski pack with mandatory avalanche equipment.)

Please reach out if you need assistance.

