



Hayden Cap

Student Athlete- Baseball
Class of 2027

C | 3B | 2B | RHP | R/S

CONTACT INFORMATION

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SOCIAL LINKS:



@haydencap7

EDUCATION

I am a student at Ponderosa High School; class of 2027. I have a Cumulative GPA of a 3.2 and I'm interested in majoring in Mechanical Engineering.

SKILLS

- Communication
- Leadership
- Coachable

AWARDS

- 2024 Ponderosa High School #12 Jordan Behn Award, an award given to a player who displays athletic ability, high moral character, confidence, hard work, academic achievement, and leadership.

VOLUNTEER

- 2024 Slammers youth baseball development program volunteer coach.
- Facing Homelessness- Denver.
- Wreaths Across America.
- 2025-Leukemia & Lymphoma Society- Student Visionary

BASEBALL PLAYER METRICS

CATCHING

Pop Time
Catcher Velo

1.94
75

FIELDING

IF Velo 79

PITCHING

Fastball
Velo
Spin Rate

Spitter
Velo
Spin Rate

81.1
2181

67
1369

Slurve
Velo
Spin Rate

63.8
2028

Slider
Velo
Spin Rate

63.1
1964

BATTING

2024- Ponderosa

Avg 417
OPS 1.158
RBI 15
Contact % 81%

2025- Ponderosa

Avg 351
OPS 989
RBI 14
Contact % 84%

Hand Speed 27.6
Bat Speed 77.5
Exit Velo 90