

In exchange you'll receive:



Bring in 5 items and receive a free add-on to your massage session. Choose aromatherapy or a foot scrub.



Bring 10 items and receive \$10 off any 60-minute massage.



Schedule and receive any 90-minute massage and \$15 will be donated towards headphones for the school.



Share this post and tag 2 friends and receive an EXTRA giveaway entry!



A business that donates \$140 will receive two 60-minutes Swedish massages with a choice of aromatherapy or foot scrub. A savings of \$30. Must be used in 2025. Contact Tina by email.



All items will be donated to Lewis & Clark Elementary.

KINETIX MASSAGE & BODYWORK

Lewis & Clark Elementary School

Now through August 30th, 2025

Bring hygiene supplies to your appointment and help keep students and staff healthy as they start the new year.

Items needed: Hand sanitizer, boxed tissue, and unscented bacterial wipes.

For donations only, items can be dropped off at 501 5th Ave in Council Bluffs. If the door is locked, please leave your donation in the drop box by the inside door during business hours. Also be sure to include your name and phone number to be entered in the drawing.

All those that donate will have their name placed on a heart and displayed on the wall.

The service must be a paid service. Gift certificates/cards are not included.

Any questions can be sent to Tina at tina@kinetixbodywork.com.