

- III.1 deśabandhaḥ cittasya dhāraṇā |
- III.2 tatra pratyayaikatānatā dhyānam |
- III.3 tadeva arthamātranirbhāsam svarūpaśūnyamiva samādhiḥ |
- III.4 trayamekatra saṁyamaḥ |
- III.5 tajjayāt prajñālokaḥ |
- III.6 tasya bhūmiṣu viniyogaḥ |
- III.7 trayamantaraṅgam pūrvebhyaḥ |
- III.8 tadapi bahiraṅgam nirbījasya |
- III.9 vyutthāna nirodha saṁskārayoḥ abhibhavaprādurbhāvau  
nirodhakṣaṇa cittānvayo nirodhapariṇāmaḥ |
- III.10 tasya praśāntavāhitā saṁskārāt |
- III.11 sarvārthataikāgratayoḥ kṣayodayau cittasya  
samādhipariṇāmaḥ |
- III.12 tataḥ punaḥ śāntoditau tulya pratyayau cittasya  
ekāgratāpariṇāmaḥ |
- III.13 etena bhūtendriyeṣu dharma lakṣaṇa avasthā pariṇāmāḥ  
vyākhyātāḥ |
- III.14 śānta udita avyapadeśya dharmānupātī dharmī |
- III.15 kramānyatvam pariṇāmānyatve hetuḥ |

- III.16 pariṇāmatraya saṁyamāt atītānāgatajñānam |
- III.17 śabdārtha pratyayānām itaretarādhyāsāt saṅkaraḥ  
tatpravibhāga saṁyamāt sarvabhūtarutajñānam |
- III.18 saṁskāra sākṣātkaraṇāt pūrvajātijñānam |
- III.19 pratyayasya paracittajñānam |
- III.20 na ca tat sālambanaṁ tasyāviṣayī bhūtatvāt |
- III.21 kāyarūpasamāyamāt tadgrāhyaśaktistambhe cakṣuḥ  
prakāśāsamprayoge antardhānam |
- III.22 sopakramaṁ nirupakramaṁ ca karma  
tatsamāyamāt aparāntajñānam ariṣṭebhyo vā |
- III.23 maitryādiṣu balāni |
- III.24 baleṣu hastibalādīni |
- III.25 pravṛttyālokanyāsāt sūkṣma vyavahita viprakṛṣṭajñānam |
- III.26 bhuvanajñānaṁ sūrye saṁyamāt |
- III.27 candre tārāvyūhajñānam |
- III.28 dhruve tadgatijñānam |
- III.29 nābhicakre kāyavyūhajñānam |
- III.30 kaṅṭhakūpe kṣutpipāsānivṛttiḥ |

III.31 kūrmanāḍyāṁ sthairyam |

III.32 mūrdhajyotiṣi siddhadarśanam |

III.33 prātibhādvā sarvam |

III.34 hṛdaye cittasaṁvit |

III.35 sattva puruṣayoḥ atyantāsaṅkīrṇayoḥ pratyayāviśeṣo bhogaḥ  
parārthatvāt svārthasaṁyamāt puruṣajñānam |

III.36 tataḥ prātibha śrāvaṇa vedana ādarśa āsvādavārtā jāyante |

III.37 te samādhāvupasargāḥ vyutthāne siddhayaḥ |

III.38 bandhakāraṇa śaithilyāt pracārasaṁvedanācca cittasya  
paraśarīrāveśaḥ |

III.39 udānajayāt jala paṅka kaṅṭakādiṣu asaṅgaḥ utkrāntiśca |

III.40 samānajayāt jvalanam |

III.41 śrotrākāśayoḥ saṁbandha saṁyamāt divyaṁ śrotram |

III.42 kāyākāśayoḥ saṁbandha saṁyamāt laghutūlasamāpatteśca  
ākāśagamanam |

III.43 bahirakalpītā vṛttiḥ mahāvidehā tataḥ prakāśāvarenaḥkṣayaḥ |

III.44 sthūla svarūpa sūkṣma anvaya arthavattva saṁyamāt  
bhūtajayaḥ |

III.45 tato'ṇimādi prādurbhāvaḥ kāyasaṁpat

taddharmānabhighātaśca |

III.46 rūpa lāvaṇya bala vajra saṁhananatvāni kāyasaṁpat |

III.47 grahaṇa svarūpa asmitā anvaya arthavattva saṁyamāt

indriyajayaḥ |

III.48 tatomanojavitvaṁ vikaraṇabhāvaḥ pradhānajayaśca |

III.49 sattva puruṣa anyatākhyātimātrasya sarvabhāvādhiṣṭhātṛtvaṁ

sarvajñātṛtvaṁ ca |

III.50 tadvairāgyādapi doṣabījakṣaye kaivalyam |

III.51 sthānyupanimantraṇe saṅgasmayākaraṇaṁ punaraniṣṭa

prasaṅgāt |

III.52 kṣaṇa tatkramayoh saṁyamāt vivekajam jñānam |

III.53 jāti lakṣaṇa deśaiḥ anyatā anavacchedāt tulyayoh tataḥ

pratipattiḥ |

III.54 tāraḥ sarvaviṣayaṁ sarvathāviṣayaṁ akramaṁ ceti

vivekajam jñānam |

III.55 sattva puruṣayoh śuddhi sāmye kaivalyam |