



How Do We Develop Confident Players at Every Age?

From First Kicks to Team Play—Our Proven Approach

U10 – Building Structure & Responsibility

Focus:

- Strengthen all previous foundational skills
- Introduce positional play and more structure in games
- Foster a sense of teamwork, effort, and support

Skills Learned:

- Understanding and playing various positions (goalkeeper, defense, midfield, forward)
- Learning basic responsibilities of each position
- Introduction to simple formations (e.g., 1-3-2-1, 1-2-3-1)
- Introduction to tactical concepts and structured play
- Throw-ins and corner kicks; emphasizing working together
- Reinforcement of team play and sportsmanship

What Success Looks Like:

- Players can explain and demonstrate basic positional roles
- Kids support each other on and off the field
- Teams execute basic tactics and show awareness of space
- Players feel responsible for their part within the team
- Fun and learning are prioritized, regardless of the score