



How Do We Develop Confident Players at Every Age?

From First Kicks to Team Play—Our Proven Approach

U12/U14/U16 – Expanding the Game & Leadership

Focus:

- Expand knowledge and skills for larger team play (9v9, then 11v11)
- Emphasize advanced teamwork, strategy, and sportsmanship
- Encourage positive leadership and respectful behavior

Skills Learned:

- Refined technical skills (including headers for 14U/16U)
- Advanced tactical understanding and adapting to multiple formations
- Mastery of throw-ins, corner kicks, set pieces, and positional play
- Team play: supporting, communicating, and respecting teammates, coaches, referees, and opponents
- Understanding the importance of effort, support, and a positive attitude

What Success Looks Like:

- Players demonstrate maturity, sportsmanship, and adaptability in competition
- Teams play cohesively, showing respect towards all participants
- Players try new positions and excel in different roles
- Every player's contribution is valued, winning is not the only measure of success
- Youth enjoy both the game and the friendships they build along the way