



How Do We Develop Confident Players at Every Age?

From First Kicks to Team Play—Our Proven Approach

U4 – First Kicks

Focus:

- **FUN**, excitement and getting every child moving
- Lots of touches on the ball in a safe, playful setting

Skills Learned:

- Dribbling while navigating through “chaos” and traffic
- Becoming comfortable with the ball at their feet

What Success Looks Like:

- Kids are smiling, laughing, and eager to come back
- Every child participates—no one standing on the sidelines
- Parents and coaches see growing confidence and excitement