



How Do We Develop Confident Players at Every Age?

From First Kicks to Team Play—Our Proven Approach

U8 – Skill Strengthening & Introduction to Team Play

Focus:

- Reinforce prior skills; introduce new concepts such as passing
- Begin to explore basic team formation (1-2-1) and team concepts

Skills Learned:

- Dribbling, shooting, defending—all at a higher level (**GOAL ARC RULE**)
- Introduction to passing and receiving techniques
- Understanding simple team roles and positioning

What Success Looks Like:

- Kids attempt to pass and look for teammates
- Players demonstrate improved ball control and teamwork
- Positive attitude, willingness to try, and enjoyment are celebrated as much as goals