

	FIELD PLAYERS	Ball Size	DURATION	GOAL KEEPER	OFF-Sides	BALL PUNTING	BUILD OUT LINE	HEADERS
U6	4 v 4 (3)	3	4 X 8 min quarters 3 min. Breaks	NO	NO	NO GOALIE	N/A	NO
U8	4 v 4 (3)	3	3 X 15 min periods 3 min. Breaks	NO	NO	NO GOALIE	N/A	NO
U10	7 v 7 (5)	4	25 min halves 5 min half-time	YES	YES	DROP KICKS	YES	NO
U12	9 v 9 (6)	4	30 min halves 5 min. half-time	YES	YES	YES	NO	NO
U14	11 V 11 (7)	5	35 min halves 5 min half-time	YES	YES	YES	NO	YES

	RETAKE THROW-INS	YELLOW/ RED CARDS	
U6	YES	NO	<p>Substitutions – No subs on Goal Kicks, Other team’s throw-ins (unless they call for substitution as well, then both teams may sub), or 2-minutes before end of period.</p> <p>REMEMBER: Not Calling Unsafe Plays creates animosity between other players, parents, coaches AND referees. Keep the game under control. Be fair and make calls if you see inappropriate behavior. BE CONFIDENT. Blow your whistle like you know what you’re doing.</p>
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U12	NO	YES	
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