

# November 2018

**Group Times: Monday-Wednesday 6pm-8:45 pm**

**Thursday & Saturday 10am-12:45 pm**

Mon	Tue	Wed	Thu	Fri	Sat
26 6PM: Alternative (Jessie)	27 6PM: Health (Jessie)	28 6PM: Living (Amanda)	1 10AM: Alcohol, Drugs, and Crime (Emily)	2	3 10AM: Addiction and Society (Cedric)
5 6PM: Alcohol Education (Jessie)  ADETS	6 6PM: How to Help a Friend (Jessie)  ADETS	7 6PM: Substance Abuse in Special Populations (Amanda)  ADETS	8 10AM Health and Wellness (Emily)  ADETS	9  ADETS	10 10AM: Coping with Stress (Cedric)
12 6PM: Hallucinogen and Synthetic Education (Jessie)	13 6PM: Living Sober (Jessie)	14 6PM: Prevention and Treatment (Amanda)	15 10AM: Opiate Education (Cedric)	16	17 10AM: Alternative Remedies (Cedric)
19 6PM: Stereotypes of Addiction (Jessie)	20 6PM: Marijuana Education (Jessie)	21 6PM: Substance Abuse and Mental Illness (Cedric)	22 <b>Thanksgiving Day</b>  10AM: Cinematherapy "Smashed" (Cedric)	23	24 10AM: Sobriety and Holidays (Cedric)
26 6PM: DWI Laws and Consequences (Jessie)	27 6PM: Stimulant Education (Jessie)	28 6PM: Addiction and Recovery Awareness (Amanda)	29 10AM: Changing Problem Behavior (Emily)	30	31 10AM: Addictions and Relationships (Cedric)

\*\*\* All class topics and facilitators are subject to change \*\*\*

Check website for calendar online [www.harvestofwilmington.com](http://www.harvestofwilmington.com)