

April 2019

Group Times: **Monday-Wednesday 6pm-8:45 pm**

Thursday & Saturday 10am-12:45 pm

Mon	Tue	Wed	Thu	Fri	Sat
1 6pm: Breaking Traditions (Jessie)	2 6pm: Alcohol, Drugs and Crime (Cedric)	3 6pm: Media Literacy and Alcohol Expectations (Amanda)	4 10am: Marijuana Education (Cedric)	5	6 10am: Substance Abuse Process Group (Cedric)
8 6pm: How to Help a Friend (Jessie)	9 6pm: Health and Wellness (Cedric)	10 6pm: Substance Abuse and Mental Illness (Amanda)	11 OFFICE CLOSED *NO GROUP*	12	13 10am: Alcohol and Drugs: A Risky Combination (Cedric)
15 6pm: Prescription Drug Abuse (Jessie)	16 6pm: Alternative Remedies (Cedric)	17 6pm: Cinematherapy "Smashed" (Amanda)	18 10am: Effects of Use on the Body (Cedric)	19	20 10am: Addiction and Society (Cedric)
22 6pm: America's Drug History (Jessie)	23 6pm: Defining Addiction (Cedric)	24 6pm: Opiate Education (Amanda)	25 10am: Living Sober (Cedric)	26	27 10am: Addiction and Relationships (Cedric)
29 6pm: Alcohol Education (Jessie)	30 6pm: Sobriety Process Group (Cedric)	Print a calendar online at HarvestofWilmington.com			

*** All class topics and facilitators are subject to change ***