

February 2019

Group Times: **Monday-Wednesday 6pm-8:45 pm**

Thursday & Saturday 10am-12:45 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 10AM: Creating Lasting Change (Cedric)
3	4 6PM: Alternative Remedies (Jessie)	5 6PM: DWI Laws and Consequences (Jessie)	6 6PM: Effects of Use on the Body (Cedric)	7 10AM: Addiction and Recovery Awareness (Cedric)	8	9 10AM: Substance Abuse and Mental Illness (Amanda)
10	11 6PM: Living Sober (Jessie)	12 6PM: Marijuana Education (Jessie)	13 6PM: Biology of Addiction (Amanda)	14 10AM: America's Drug History (Cedric)	15	16 10AM: Hallucinogen and Synthetic Drug Education (Cedric)
17	18 6PM: Substance Abuse in Special Populations (Jessie)	19 6PM: Cinematherapy "Beautiful Boy" (Jessie)	20 6PM: Addiction and Relationships (Amanda)	21 10AM: Health and Wellness (Cedric)	22	23 10AM: The Healing Brain (Cedric)
24	25 6PM: Opiate Education (Jessie)	26 6PM: Alcohol Education (Jessie)	27 6PM: Stimulant Education (Amanda)	28 10AM: Stereotypes of Addiction (Cedric)		

Reminder: *Please track of classes attended, no credit will be given for repeated topics

*Must attend weekly(max 2x per week) * Please call office to schedule individual sessions(if needed 910-793-0566)

Print a calendar online at Harvestofwilmington.com