Freshman

# **Your Spring Recruiting Checklist**

Follow these steps to ensure you find the best athletic, academic, social and financial college fit.

# March

#### Work on your time management skills.

It's never too early to start learning <u>how to manage your time</u>. Between sports, schoolwork and extracurriculars, time <u>management</u> is one of the most important skills a student-athlete can have.

## Continue adding colleges to your NCSA Favorites.

Keep track of schools you're interested in—remember to cast a wide net first and narrow down your options as your preferences and interests change. If you're unsure where to start, check out <a href="the most popular schools among NCSA recruits.">the most popular schools among NCSA recruits.</a>

#### Add a few financial aid terms to your vocabulary.

Paying for college is still years away but getting a grasp on a few key terms will lessen your stress down the road—trust us. Our financial aid guide breaks down all the terms you need to know.



#### Research upcoming college camps and recruiting events.

With summer just around the corner, focus on finding camps that target skills or technique development. Save combines and showcases for the summers after sophomore and junior year, as you develop athletically and start building relationships with coaches.

## **Enroll in NCSA University.**

Explore all the steps you need to take on <u>your path to college</u> and celebrate major recruiting milestones with a series of drills designed to give you a competitive recruiting advantage.



#### Complete recruiting questionnaires.

For most sports, there is <u>zero communication allowed</u> between a D1 coach and a recruit before June 15 after sophomore year. The best way to let them know you're interested? <u>Fill out recruiting questionnaires</u>—and <u>follow up with the college program</u> within a few weeks, too. Remember, you can also contact college coaches at the NCAA D3, NAIA or junior college levels at any time.

# Impress college coaches—without saying a word.

What's the number one way to show coaches you're confident, coachable and would make a great addition to their team one day? Make sure you're focusing on your body language—<u>and parents, this one applies to you too!</u>

# **Keep Track of Important Dates:**

- Review the D1 and D2 Recruiting Calendars.
- Learn more about how the NCAA Recruiting Rules and Updates affect underclassmen.

