

#### S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



# www.saltskills.com

Charlie Tadano, President Tom Wax, Vice President Laura Robins, Newsletter Editor / Webmaster

Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer Donna Moses, Events / Bead Chairperson

Volume 15, Issue 10

### S.A.L.T. e-NEWSLETTER

OCTOBER 2024

# S.A.L.T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, OCTOBER 19th

10 am - 2 pm at SEDAV VAAKI MUSEUM

S.A.L.T. FLINT KNAPPERS / DRUMMING CIRCLE 9am

### S.A.L.T. SKILL #15 EDIBLE PLANTS

### **Mushrooms with Bill Warner**

#### **UPCOMING MEETINGS & EVENTS**

Saturday, November 16th SKILLS MEETING at SVM S.A.L.T. SKILL #17 COOKING-What's for dinner in 1224? with Ron & Donna S.A.L.T. QUARTERLY BOARD MEETING

> Saturday, November 23rd PORTAL FEST at SVM S.A.L.T. Skills Demos & Displays 8 am - 3 pm

Saturday, December 21<sup>st</sup> SKILLS MEETING at SVM S.A.L.T. SKILL #24 DECORATION – Ornament with Gary Alves ANNUAL HOLIDAY PARTY / POTLUCK / WHITE ELEPHANT EXCHANGE

Saturday, January 19th SKILLS MEETING at SVM S.A.L.T. SKILLS #1, 2, & 3 Discoidal Blade, Cordage & Friction Fire S.A.L.T. ANNUAL MEMBERSHIP MEETING BEFORE THE **SKILLS CLASS** 

> **REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS TO ALL MEETINGS AND EVENTS!**

All Members make sure Tamara has your name on the membership list for free entry into SVM!

"Unless there is CONTEXT, it's all arts and crafts." Steve Watts

"SENDING THE PAST INTO THE FUTURE"

saltskills@omail.com

# SEDAV VA'AKI MUSEUM

in English it is "Central Platform Mound." Pronounced: SUE DOVE VE AWKEY

S'EDAV VA'AKI Museum (formerly Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible



by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.



4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901











# DON'T MISS THE OCT. 2024 S.A.L.T. SKILLS MEETING

Saturday, October 19<sup>th</sup> 10 am - 2 pm

(Remember to bring something for the Potluck Brunch!)

### S.A.L.T. FLINT KNAPPERS and the S.A.L.T. DRUMMING CIRCLE will meet at 9 am

### S.A.L.T. SKILL #15 EDIBLE PLANTS MUSHROOMS with Bill Warner

SKILL	Apprentice	Apprentice	Apprentice Level
	Level I	Level II	III
15. Edible Plants	Research 12 plants and fieldtrip to Botanical Gardens or Boyce Thompson Arboretum	Research 12 more plants and fieldtrip to Reevis Ranch or take Winter Count class	Demonstrate processing and storage of 24 plants

The class is an introduction to mushroom hunting in Arizona, including a brief introduction to basic mushroom biology and morphology, mushroom toxins, and information on several of our easier-to-identify "known edible" species. It turns out that Arizona has excellent mushroom hunting, at least in wet years, with many of the classic "gourmet" edibles being represented, including porcini and other boletes, chanterelles, oyster and lobster mushrooms, shaggy manes, cauliflower and coral mushrooms, and dozens of others. The talk will provide a beginning mushroom forager with the basics of the how, when, where and a peak into the what to look for in useful macrofungi for our state.







#### LEVEL I of SKILLS 1, 2 and 3 INSTRUCTION PROVIDED AT EVERY SKILL MEETING DEPENDING ON THE WEATHER...

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

### SKILL #1 CUTTING TOOL: Level I

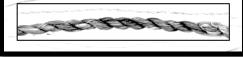
Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I

Make a uniform 3-foot length of cordage.





# SKILL #3 FRICTION FIRE: Level I

Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed, and dues are paid.)

#### Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

# SEPTEMBER 2024 S.A.L.T. SKILLS MEETING HIGHLIGHTS

### Saturday, September 21, 2024

**Board Members in attendance:** Charlie & Tamara Tadano, Laura Robins, Jennifer Ahumada, and Peter Huegel

**Members in attendance:** Carlos Acuna, Luis & Noah Ahumada, Bill Warner, Carol Schroeter, Dalen & Mari Townsend, Billy Nickel, Reena Zapata, Rocky Hettinger, Chanana McGarry, Roy Aizen, Susan Jeffay, Sam Sargent, Linda Jolle, Cristina Tatalovich, Carol McGarry, and Awak McGarry,

 $\ensuremath{\textbf{Guests:}}$  Aliza Shali, Michael Owens, Ernie Verrue, Manula Lyon and Flora Cassity

#### S.A.L.T. FLINT KNAPPERS & DRUMMERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice	Apprentice	Apprentice Level
	Level I	Level II	III
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points







SKILL	Apprentice	Apprentice	Apprentice
	Level I	Level II	Level III
25. Musical Instruments / Games	Take a class and make an instrument or game	Make and learn how to play 1 instrument and 1 game on your own	Demonstrate and display 3 instruments and 3 games





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S.A.L.T. President Charlie opened the skills meeting at 10 am



Peter gave an update on the S.A.L.T. Display in Sun City

# S.A.L.T. SKILL #9 FINGER WEAVING with Jennifer Ahumada

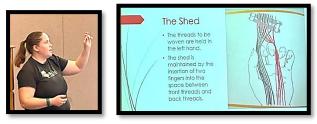
SKILL	Apprentice	Apprentice	Apprentice Level
	Level I	Level II	III
9. Finger Weaving / Netting	Make a basic belt out of yarn or cord	Double the size or design of the basic belt or make a knotless bag or net	Make cordage into a belt, bag or fishing net





Jennifer Ahumada



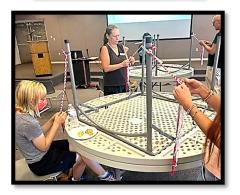














Billy and Reena



Some of the almost finished weaving projects



Carol, Noah, Linda and Tamara



Peter and Charlie





Delicious Potluck Brunch as always! Thank you to everyone who brought goodies!

# S.A.L.T. MEMBERS PROJECT / INFO GALLERY

### 3,000-YEAR-OLD ARROW Info by Peter Huegel

The quartzite point of a 3000-year-old arrow that was recovered from melting ice in the Jotunheimen Mountains of Norway. The arrow was found almost completely intact with a birch shaft and feather fletching. It's believed the arrow was used for hunting reindeer.



# S.A.L.T. MEMBERS OUT AND ABOUT

### SAN TAN HISTORICAL SOCIETY MUSEUM by Peter Huegel

A few weeks ago, I did a lecture for the San Tan chapter of the Arizona Archaeological Society (A.A.S.) at the San Tan Historical Society Museum in Queen Creek, Arizona. One of the members who is a fellow member of S.A.L.T. and a friend, forwarded to me a copy of The Petroglyph, the A.A.S. newsletter.

I made the paper!

"Summer is over and the San Tan Chapter had a little fun this summer. On Saturday, July 20th, the Chapter offered

an Effigy Workshop which included an opportunity to make your own. We had ten attendees and some of us attempted to make a piece of art. Prior to getting our hands on the Air-Dry Clay, we were given a great presentation by Peter Huegel from S.A.L.T. (Study of Ancient Lifeways and Technologies).

He talked about various animals of the Sonoran Desert and the facts, myths, and legends surrounding them as well as the various types of effigies made of them by the ancients. One of the animals was believed to be able to receive secret wisdom from the spirit world. Another is believed to have become the North Star. Another one turns you into a monster if you eat its flesh.

And yet another is believed to be the physical manifestation of lightning. Another is believed to be a symbol of

fertility. And there were more stories relayed. He also brought some effigies to display, some of which were estimated to be over 1,000 years old.

Out of this 45-minute presentation emerged, a Bear and one Hummingbird (they can fly backwards, their wings more than 50 times per second, and even faster when startled); Jim Britton made a replica Elk like the one in his yard back in Payson; one Rabbit, and a bird/parrot effigy vessel. We learned to watch out for the Vulture flying overhead as it discharges a liquid to cool itself while in flight and know why the Rabbit has no tail ruff (the story of how the Rabbit lost its tail looking to catch his meal during an attempt of ice fishing). It was a fun learning hands-on event while staying cool." See, it is not ALL political news these days.



# **RABBITSTICK 36 HIGHLIGHTS**

Rexburg, Idaho 2024 with Tom Wax



Instructors







Tom Wax taught Friction Fire





Dave Wescott and David Holladay



Fox Fur with Dr. Theresa



Woniya Thibeault









Mask Night



Trade Blanket Night

the Wescott Wagon





"Knowledge is not complete until it is passed on." Steve Watts

### WIRE WRAPPING CLASSES with Bob Sizemore

As many of you know, I have been crafting wire wrapped jewelry. Now I know that it is not exactly ancient, but it's not new either. The Egyptians were making wire jewelry and decorations as early as the second dynasty (2890- 2686 BCE) And by the medieval period in England tools of wire were in use. Such as wool cards, chain and chain mail etc. One of our goals as salt is to learn how to use our hands again and wire wrapping fits that goal. After numerous requests to teach wire wrapping with the help of SALT member Lanly Le I have been holding classes at the Giving Tree Cafe. I highly recommend the cafe. It has a unique menu and the food is great. If anyone is interested in wire wrapping 101 contact me at 520-705-9780 to be on the waiting list.



## Volunteers Needed for City of Phoenix Park Steward Program



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The City of Phoenix Park Steward Program is looking for volunteers to help maintain, clean, and preserve our trails. Help make a difference in your community!

Visit <u>volunteer.phoenix.qov</u> to apply or reach out to 602-495-5458 for more information on how to get involved!



# in Rexburg, Idaho

**SEPTEMBER 14 – 20, 2025** 

Rabbitstick Primitive Skills Gathering, held the 3<sup>rd</sup> week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website -*rabbitstick.com* – for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join us next year!

#### www.rabbitstick.com <u>Register On-Line Today</u> <u>Share a Ride Bulletin Board</u> <u>Meet Our Staff</u>

Rabbitstick | (208) 359-2400 | <u>backtracks905@gmail.com</u>| societyofprimitivetech@gmail.com





Bulletin of Primitive Technology website at primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now. https://www.facebook.com/Backtracks-Keeping-

Traditions-Alive-213565755397099/?fref=Nf

### PRESCOTT PRIMITIVE LIVING SKILLS Prescott, Arizona

#### Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com

Watch for new listings of classes that are offered, and there will be more to come! -Kiowa Sage



### FALL CAMP for ANCESTRAL SKILLS October 10 – 13, 2024

We are excited to announce that we will be camping this Fall at the Bridges to the Past Campus in Valley, Washington, about 45 miles north of Spokane. Fall Camp will feature instruction in subjects that are appropriate for the season, and for the coming winter that will include food preservation and ethical harvesting, hide collection, tanning and storage, fire making methods and use, basic outdoor cooking, whole animal processing, working with bones, lithics, fibers, metal, wood and feathers, ancestral tools and weaponry, shelters, and more.

# It's that time again! We're opening Fall Camp registration on Sept 1<sup>st</sup>

Do note that we will close registration when we reach capacity. This fall time gathering is smaller than BtR so the available tuitions will go quick! Sign up sooner rather than later if you're interested in attending.

**Update:** We offer an Indigenous Persons scholarship to attending. If you're interested in applying, email us for the application form.

There are very limited spaces for work trade available- Contact Mullein to apply.

#### Fall Camp Website

RV and Car Camping spaces are limited! If you plan on bringing and/or camping in an RV or car you will need to let us know ahead of time by emailing Mullein. Please include the size of RV, trailer, car, truck or vehicle you will be bringing so we can reserve an appropriate space for you.

Update: We can only accommodate RV/rigs up to 38ft Tent camping space in the main camp is plentiful & encouraged! Email Mullein HERE

Instructors:

Please check in with Patrick if you would like to teach. Email Patrick HERE



# FEBRUARY 16-22, 2025

#### **REGISTRATION OPENS NOVEMBER 1, 2024**

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

Winter Count is a drug, alcohol, and firearm free event. Winter Count 505-570-9484 369 Montezuma Avenue, #326, Santa Fe, NM 87501

> WinterCountCamp@gmail.com www.WinterCountCamp.com

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### Email Mullein HERE with any further questions

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer hands-on classes in ancestral living and survival, and we also focus on the skills of *self-sufficiency* and *sustainable living* to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

#### Ancestral Skills for Self-Sufficiency Sponsored by Bridges to the Past 501I(3) Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other <u>Skills Gatherings</u> <u>BtR T-Shirt</u>

Burning questions that can't wait? Contact us: <u>patrickf@bridgestothepast.org</u>

Betweentheriversgathering.com

#### **BTR LOGO HATS ARE AVAILABLE!**

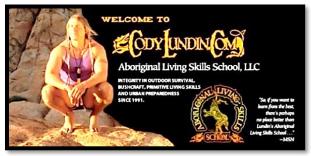


Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell . @kandis created (Instagram)

#### THE MORE YOU KNOW, THE LESS YOU NEED



www.codylundin.com abodude@codylundin.com

### Earth Knack Courses, Classes, and Programs

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Robin Blankenship, Founder, Owner and Instructor of Earth Knack School Author: <u>How To Play In The Woods (Gibbs Smith,</u> Publisher 2016)

Earth Knack: Stone Age Skills for the 21st Century (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256 4909 earthknackschool@gmail.com http://www.earthknack.com/





Dear RMS family & friends, ~ Live What You Love ~

All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our <u>website</u> to enroll and to get more information Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online! www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns



#### Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate the public on archaeological preservation and the sharing of free information. <u>Click Here</u> to visit our store.

Jeff Martin

Jeff@primitivelifeways.com

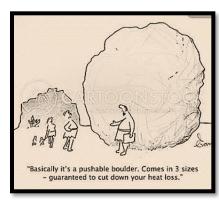


#### **NEED YOUR HELP!**

Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans.

Please call Tamara if you can

help at 602-920-8228. The website is: www.americanveteransranch.org





# ATTENTION

#### S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS
ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

# 2024 MEMBERSHIP DUES ARE DUE !

# SINGLE \$20.00 or FAMILY \$40.00

Please pay at a Skills Meeting or mail them to S.A.L.T. Treasurer,

TAMARA TADANO 12840 N. 45<sup>th</sup> Drive, Glendale, AZ 85304

Please make the check out to Tamara Tadano

Or Zelle Tamara at 602-920-8228

### S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

## NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES





# And NEW LEATHER S.A.L.T. PATCHES are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00 (Memberships receive one free)

# S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail <u>saltskills@gmail.com</u>

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or <u>saltdonna1@gmail.com</u>

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com