

STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

#### S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



[www.saltskills.com](http://www.saltskills.com)

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Jennifer Ahumada, Secretary  
Donna Moses, Events / Bead Chairperson

Volume 17, Issue 9

S.A.L.T. e-NEWSLETTER

SEPTEMBER 2026

## S.A.L.T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

**SATURDAY, SEPTEMBER 19**

**10 am - 2 pm**

**at S'EDAV VA'AKI MUSEUM**

**FLINT KNAPPERS / DRUMMING CIRCLE at 9 am**

**S.A.L.T. SKILL #24 DECORATION**

**Make Soap Stone Jewelry with Bill Warner**

### UPCOMING MEETINGS & EVENTS

Saturday, October 17 INT'L ARCHAEOLOG DAY at SVM  
S.A.L.T. ATLATL RANGE, Displays and Demos 9 am - 3 pm  
*S.A.L.T. Quarterly Board Meeting before Event*

Saturday, November 21 PORTAL FEST & SKILLS MEETING at SVM -  
S.A.L.T. SKILL #3 FIRE with Tom Wax

Saturday, December 19 SKILLS MEETING at SVM -  
S.A.L.T. SKILL #12 GOURDS - Decorate a small gourd ornaments  
ANNUAL HOLIDAY PARTY/POTLUCK/WHITE MAMMOTH GIFT EXCHANGE

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS  
TO ALL MEETINGS AND EVENTS!**

*All S.A.L.T. Members, make sure Laura has your name  
on the membership list for free entry into SVM!*

#### ~SENDING THE PAST INTO THE FUTURE~



### S'EDAV VA'AKI MUSEUM



in English it is "Central Platform Mound."  
**Pronounced: SUE DOVE VE AWKEY**

S'EDAV VA'AKI Museum (Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail.

It was part of the City of Phoenix Parks and Recreation Department since 1929 but is now Arts & Culture. It's the largest preserved archaeological site in Phoenix.

**4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901**  
[svmuseum@phoenix.gov](mailto:svmuseum@phoenix.gov)



**"Unless there is CONTEXT,  
it's all arts and crafts."**

*Steve Watts*

## UPCOMING SVM EVENTS

- 9/3/26: Return to regular museum hours (Monday, Friday, Saturday 9:00 am - 4:00 pm, Thursday 9:00 am - 8:00 pm, Sunday 12:00 pm to 4:00 pm)
- 9/17/26: Desert Watercolors Craft 6:00 pm - 7:30 pm
- 9/19/26: [SALT Skills](#), 9:00 am - 2:00 pm
- 10/1/26: Crafts with Bats, AZ Bat Rescue 6:00 pm - 7:30 pm
- 10/8/26: Indigenous Identities Exhibit Grand Opening
- 10/17/26: International Archaeology Day with [SALT Skills](#)
- 10/22/26: Indigenous Identities Speaker Series: Jeremy Arviso  
6:00 pm – 7:30 pm
- 11/5/26: Art in the Evening: Hands-On Workshop, Drumming with Phoenix Conservatory of Music 5:30 pm - 7:30 pm
- 11/11/26: Veterans Day Gourd Dance with [Arizona Territory Gourd Society](#) 11:00 am - 4:00 pm
- 11/12/26: Indigenous Identities Speaker Series: Nicole Pete 6:00 pm - 7:30 pm
- 11/19/26: Gourd Decorating with [Southwest Gourd Association](#) 6:00 pm - 7:30 pm
- 11/21/26: Portal Festival, Cultural Coalition [SALT Skills](#) 9:00 am - 2:00 pm
- 12/3/26: Indigenous Identities Speaker Series: Ruth Hallows, 6:00 pm - 7:30 pm



- 12/12/26 – 12/13/2026: 49th Annual Indian Market 9:00 am - 4:00 pm (both days)
- 12/17/26: Art in the Evening: Hands-On Workshop, Multimedia Workshop with Phoenix Center for the Arts, 5:30 pm - 7:30 pm
- 12/19/26: [SALT Skills](#) 9:00 am - 2:00 pm Holiday Party/Potluck – Gourd Ornaments

[Update your profile](#)

S'edav Va'aki Museum  
4619 E Washington St, Phoenix  
AZ 85034  
602-495-0901  
[svmuseum@phoenix.gov](mailto:svmuseum@phoenix.gov)



"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts





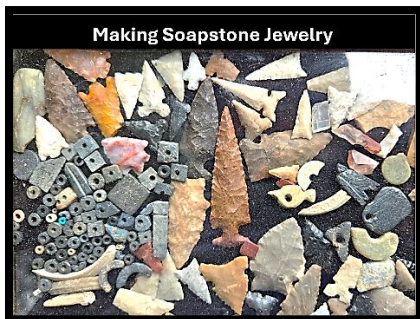
**DON'T MISS THE AUGUST 2026  
S.A.L.T. SKILLS MEETING  
SATURDAY, September 19 10 - 2 pm**

**S.A.L.T. FLINT KNAPPERS, the S.A.L.T.  
DRUMMING CIRCLE meet at 9 am**

**S.A.L.T. SKILL #24 DECORATION  
Make Soap Stone Jewelry with Bill Warner**

| SKILL                           | Apprentice Level Level I      | Apprentice Level Level II                                       | Apprentice Level Level III                           |
|---------------------------------|-------------------------------|-----------------------------------------------------------------|------------------------------------------------------|
| 24. Decoration – Pigments, etc. | Make a personal S.A.L.T. Bead | Research 6 different kinds of decoration such as pigments, etc. | Display 3 different items that were decorated by you |

Learn how to make soapstone pendants and beads using stone tools. Soapstone, being massive talc, is very soft and easy to carve, make your own design or choose from prehistoric examples we will have available.



Knapped Drills to make holes

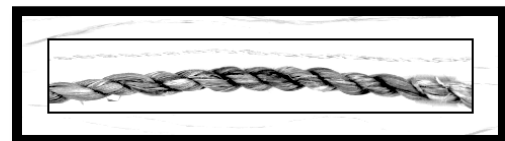
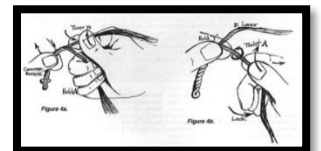
**LEVEL I of SKILLS 1, 2 and 3  
INSTRUCTION PROVIDED AT EVERY SKILL  
MEETING DEPENDING ON THE WEATHER...**

| SKILL            | Apprentice Level Level I                          | Apprentice Level Level II                                             | Apprentice Level Level III                    |
|------------------|---------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------|
| 1. Cutting Tool  | Make a flake and Discoidal Blade                  | Make flakes from three different rocks and refine the tools           | Demonstrate a use or project with the tool    |
| 2. Cordage       | Make a uniform 3-foot length of cordage           | Process three different fibers and make cordage                       | Demonstrate a use or project with the cordage |
| 3. Friction Fire | Demonstrate one method of primitive fire starting | Forage for materials, construct hand drill or bow drill and make fire | Make a complete Fire Kit to use and display   |

**SKILL #1 CUTTING TOOL: Level I**  
*Make a flake and discoidal blade.*



**SKILL #2 CORDAGE: Level I**  
*Make a uniform 3-foot length of cordage.*



**SKILL #3 FRICTION FIRE: Level I**  
*Demonstrate one method of primitive fire starting.*



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed, and dues are paid.)

**Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.**

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

# AUGUST 2026 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, August 15, 2026

**Board Members in attendance:** Charlie Tadano, Laura Robins, Jennifer Ahumada, Tom Wax, Bill Warner and Justin Sowden

**Members in attendance:** Luis & Noah Ahumada, Tamara Tadano, Eva Garcia, Jax O'Connor, Mari & Dalen Townsend, Carlos Acuna, Dan, Lisa, & Conrad Alexander, Sharon Newman Matt, Carol Schroeter, Eva Lui, John Lavra, Burt Toannon, Jesse Parra, and Kirt Manning

## S.A.L.T. FLINT KNAPPERS and DRUMMERS meet at 9 am

| SKILL             | Apprentice Level I                       | Apprentice Level II                       | Apprentice Level III                             |
|-------------------|------------------------------------------|-------------------------------------------|--------------------------------------------------|
| 5. Flint Knapping | Demonstrate Core Reduction by Percussion | Use Percussion to produce Bi face Preform | Make primitive tools such as Southwestern Points |



| SKILL                           | Apprentice Level I                          | Apprentice Level II                                            | Apprentice Level III                              |
|---------------------------------|---------------------------------------------|----------------------------------------------------------------|---------------------------------------------------|
| 25. Musical Instruments / Games | Take a class and make an instrument or game | Make and learn how to play 1 instrument and 1 game on your own | Demonstrate and display 3 instruments and 3 games |



S.A.L.T. President Charlie Tadano introduced Luis.

## S.A.L.T. SKILL #22 SLINGS

### Make a BALEARIC SLING with Luis Ahumada

| SKILL                             | Apprentice Level I                                      | Apprentice Level II                           | Apprentice Level III                                                    |
|-----------------------------------|---------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------|
| 22. Slings/Spears Throwing Sticks | Take a class and make a Sling, Spear and Throwing Stick | Make your own Sling, Spear and Throwing Stick | Demonstrate how to use the Sling, Spear and Throwing Stick proficiently |



Great class and visual instruction information by Luis!



Luis Ahumada



Eva and Carol

Bill and Tom



## BRAIDING THE BALEARIC SLING



Dan



Lisa



Conrad



Justin



Carol



Luis and Dalen



Carlos



Dalen and Mari



Sharon, Eva, John, & Justin



Eva, Kirt, & Jennifer



Bill



Mari



Tom



Laura and her Sling and she didn't even hit anyone this time!



Some of the completed Balearic Slings



Luis instructing Sharon and Eva on throwing



Noah and Justin (Noah is a natural like his father, Luis!)



Luis



Thank you to everyone who brought delicious goodies for our Potluck!



## S.A.L.T. MEMBERS OUT AND ABOUT

OUT AND ABOUT IN WISCONSIN  
Lake Superior Traditional Ways Gathering  
by Ron Moses



Donna and I just returned from wandering with the Moses's in northern Wisconsin. We attended the Lake Superior Traditional Ways Gathering, August 8-15, 2026. The event takes place on the beautiful south shore of Lake Superior, near the town of New Odanah, Wisconsin. There were over 200 attendees camped at the forest edge, just a few feet from the edge of the beach. It was easy to imagine us on a remote island in the ocean. The weather was near perfect with sunny 70s and 80s during the days and 60s at night. A bonus was an on shore lake breeze from the north that kept the mosquitoes and black flies inland and away from the camp.

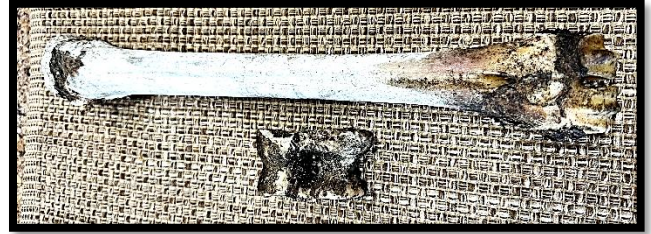


I taught two workshops on constructing split deer rib bone knives. The process was based on a method documented by Steven Watts including the use of "first tools" (stone, bone, antler). The design of the knife was well suited for filleting fish and harvesting vined plants like wild grapes. The students also constructed laced rawhide sheaths to protect the bone blade.

There was enough non-Instructing time for me to take some classes as a student. Donna was busy all week in her own workshops but I was able to join her in a workshop on Dutch Oven bread baking. One special highlight of the week was a camp wide potluck feast that easily had dozens of delicious choices including some regional choices like wild rice, smoked fish, and a cauldron of freshly butchered lamb stew (one of the workshops).

## S.A.L.T. MEMBERS PROJECT / INFO GALLERY

ELK LEG AND KNEE BONES  
by Tom Wax



While out and about up in the mountains of Arizona, I found this Elk leg and knee bones in the forest. A little cleaning up and the leg bone will make a hide scraper or something and the knee bone will make a great Bow Drill Socket. The bones are still in good condition.

PINE NEEDLE BASKET  
by Tom Wax



Since it is very hot here in the Arizona desert. I have been working on primitive/bushcraft skills inside the house that is acceptable to do in the house. Fire making would not go well in the house. I made this pine needles basket for putting candy in it or something else at primitive bushcraft skills events. I put a large egg in the basket for comparison of size. It is 8" inches diameter and 1 1/2" high.



## 38<sup>TH</sup> RABBITSTICK

in Rexburg, Idaho

SEPTEMBER 13 – 19, 2026

**REGISTRATION IS CLOSED, GONNA HAVE TO WAIT UNTIL NEXT YEAR!**

*Rabbitstick Primitive Skills Gathering*, held in the 3<sup>rd</sup> week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website [HERE](#) for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event.

[www.rabbitstick.com](http://www.rabbitstick.com)

[Register On-Line Today](#)  
[Share a Ride Bulletin Board](#)  
[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | [backtracks905@gmail.com](mailto:backtracks905@gmail.com) | [societyofprimitivetechn@gmail.com](mailto:societyofprimitivetechn@gmail.com)



Bulletin of Primitive Technology website at [primitive.org](http://primitive.org). Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=Nf>



**FALL CAMP for ANCESTRAL SKILLS**

October 8- 11, 2026

[Fall Camp Website](#)



## WINTER COUNT

MARK YOUR CALENDARS FOR

**FEBRUARY 14-22, 2027**

**REGISTRATION OPENS NOVEMBER 1, 2026**

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

**Winter Count is a drug, alcohol, and firearm free event.**

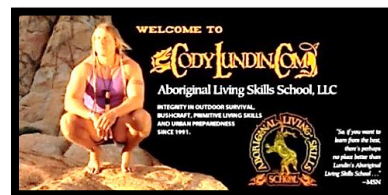
Winter Count 505-570-9484

369 Montezuma Avenue, #326, Santa Fe, NM 87501

[WinterCountCamp@gmail.com](mailto:WinterCountCamp@gmail.com)

[www.WinterCountCamp.com](http://www.WinterCountCamp.com)

**THE MORE YOU KNOW, THE LESS YOU NEED**



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## EARTH KNACK

**Courses, Classes, and Programs**

Independent Living Skills ... More Important Now Than Ever! Hands-On, In-Person Instruction ... More Important Now Than Ever! Lighthearted Positive Teachings ... More Important Now Than Ever! Top Quality Instruction ... Our Specialty Since 1990! Robin Blankenship, Founder, Owner and Instructor of Earth Knack School Author: [How To Play In The](#)

[Woods](#) (Gibbs Smith, Publisher 2016)

[Earth Knack: Stone Age Skills for the 21<sup>st</sup> Century](#) (Peregrine Books – Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256 4909

[earthknackschool@gmail.com](mailto:earthknackschool@gmail.com)

<http://www.earthknack.com/>



**Visit the Primitive Lifeways Store!**

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate the public on archaeological preservation and the sharing of free information.

[Click Here](#) to visit our store.

Jeff Martin

[Jeff@primitivelifeways.com](mailto:Jeff@primitivelifeways.com)





**May 31 – June 5, 2027**



Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

**We offer hands-on classes in ancestral living and survival, and we also focus on the skills of self-sufficiency and sustainable living to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!**

Ancestral Skills for Self-Sufficiency  
Sponsored by Bridges to the Past 501C3  
Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other [Skills Gatherings](#) [BtR T-Shirt](#)  
Burning questions? Contact us: [patrickf@bridgestothepast.org](mailto:patrickf@bridgestothepast.org)

[betweentheiversgathering.com](http://betweentheiversgathering.com)

To register click [here](#).

Hi folks, I'll be renting furnished and unfurnished Yurts and Bell tents again this year. Included is a community Kitchen yurt or shade cloud to store your cooler and will also include cooking tables, stoves & pans etc.  
See Between the River's website for more info.

Prices for the whole week are \$300 unfurnished, \$400 furnished. Call or email [CampingYurts.com](http://CampingYurts.com)

#### BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

[kandiscreated@gmail.com](mailto:kandiscreated@gmail.com)

509-994-0585 (cell) @kandiscreated (Instagram)

#### Primitive wilderness survival



"It's not in our nature to go against nature. When we fight it, we're really fighting ourselves — because we are nature. The natural world is our classroom. We're part of the pattern, the organizers of our own experience. We recognize beauty in every sense because it's woven into who we are." -Holladay  
Talked to Holladay and we've decided to open up a few more spots to the sold out "Echoes of the ancestors" class this February!

We have a massive venue and both of us are teaching so we're going to allow 4 more students in!

Message me to snag your spot or check out the link in my bio. — Dave Wescott  
[oSedptsnor3M8I92: 4hA5145uf227m5a0ca56I96tc7oNmacmb1f i7eer0v](https://www.sedptsnor3M8I92:4hA5145uf227m5a0ca56I96tc7oNmacmb1f i7eer0v)



7448 S. J-B Ranch Rd.  
Roosevelt, AZ 85545  
[www.reevismountain.org](http://www.reevismountain.org)

Dear RMS family & friends, ~ Live What You Love ~

All classes held at Reeves Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class.

Please see our [website](#) to enroll and to get more information  
Sign up online! [www.reevismountain.org/classes](http://www.reevismountain.org/classes)

Order all your favorite Reeves Mountain Remedies online!

[www.reevismountain.org/country-store](http://www.reevismountain.org/country-store)  
Blessings, Peter Bigfoot & the RMS Interns

## S.A.L.T. SKILLS

2023 update

| SKILL                         | Apprentice Level I                                                           | Apprentice Level II                                                       | Apprentice Level III                                      | Teacher Level IV                                                                      |
|-------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------|---------------------------------------------------------------------------------------|
| 1. Cutting Tool               | Make a flake and Discoidal Blade                                             | Make flakes from three different rocks and refine the tools               | Demonstrate a use or project with the tool                | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 2. Cordage                    | Make a uniform 3-foot length of cordage                                      | Process three different fibers and make cordage                           | Demonstrate a use or project with the cordage             | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 3. Friction Fire              | Demonstrate one method of primitive fire starting                            | Forage for materials, construct hand drill or bow drill and make fire     | Make a complete Fire Kit to use and display               | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 4. Building Tools             | Make a fire hardened Digging Stick, Shell Scraper, and Bone Needle           | Make a Hoko Knife, Bone Awl and Pressure Flaker                           | Make a pecked and ground Stone Axe and a Pump Drill       | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 5. Flint Knapping             | Demonstrate Core Reduction by Percussion                                     | Use Percussion to produce El face Preform                                 | Make primitive tools such as Southwestern Points          | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 6. Knives                     | Gather all the materials to make a primitive knife                           | Make a primitive Knife                                                    | Demonstrate the use of a primitive Knife                  | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 7. Shelter                    | Research at least three different shelters<br>Fieldtrip to Botanical Gardens | Work on a group project Shelter                                           | Build a Shelter on your own                               | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 8. Brain Tanning              | Take a class and tan a deer hide                                             | Brain tan a deer hide on your own                                         | Demonstrate both dry and wet scrape brain tanning methods | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 9. Finger Weaving / Netting   | Make a basic belt out of yam or cord                                         | Double the size or design of the basic belt or make a knotless bag or net | Make cordage into a belt, bag or fishing net              | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 10. Felting / Fibers          | Take a class and make a hat or use a drop spindle to make yam                | Take a class and make mittens or a vest                                   | Make a hat, mittens, or a vest on your own                | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 11. Clothing / Sandals        | Make a piece of clothing out of buckskin                                     | Make a pair of sandals out of natural materials (yucca)                   | Make a full set of clothes and shoes                      | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 12. Containers Agave / Gourds | Gather the materials and clean inside and outside                            | Make agave container and gourd bowl or canteen                            | Decorate or embellish Container, Bowl, or Canteen         | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |

| SKILL                              | Apprentice Level I                                                                    | Apprentice Level II                                                              | Apprentice Level III                                                                             | Teacher Level IV                                                                      |
|------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 13. Pottery                        | Take a class and make a simple piece such as a bowl                                   | Take a class and make item of choice                                             | Find clay in nature and make an item of choice on your own                                       | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 14. Baskets                        | Take a class and make a simple basket                                                 | Take a class and make a large basket or pack basket                              | Forage for materials and make a basket on your own                                               | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 15. Edible Plants                  | Research 12 plants and fieldtrip to Botanical Gardens or Boyce Thompson Arboretum     | Research 12 more plants and fieldtrip to Reeves Ranch or take Winter Count class | Demonstrate processing and storage of 24 plants                                                  | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 16. Medicinal Plants               | Research 12 plants and fieldtrip to the Botanical Gardens or Boyce Thompson Arboretum | Research 12 more plants and fieldtrip to Reeves Ranch or take Winter Count class | Demonstrate processing and storage of 24 plants                                                  | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 17. Cooking / Gardening            | Research and grow or forage 6 native plants for food                                  | Research and cook 6 dishes from native plants                                    | Bring 3 dishes made from native plants to a S.A.L.T. Potluck                                     | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 18. Traps / Snares                 | Take a class on Traps & Snares                                                        | Make a Plute Deadfall and two others on your own                                 | Catch an animal or fish with a Trap or Snare that you made on your own                           | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 19. Atlatls / Darts                | Successfully throw both a training and traditional atlatl                             | Make your own atlatl and dart and hit a target at least 3 out of 5 times         | Make a primitive atlatl and dart with & out of primitive materials / hit target 3 out of 5 times | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 20. Bows / Arrows                  | Take a Bow class and an Arrow class                                                   | Make a primitive Bow and Arrows on your own                                      | Demonstrate how to use the Bow and Arrows proficiently                                           | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 21. Fishhooks & Tools              | Take a class and make a Gorge Hook and Fishing Line                                   | Take a class and make a Fish Trap                                                | Demonstrate how to catch fish by primitive means                                                 | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 22. Slings/ Spears Throwing Sticks | Take a class and make a Sling, Spear and Throwing Stick                               | Make your own Sling, Spear and Throwing Stick                                    | Demonstrate how to use the Sling, Spear and Throwing Stick proficiently                          | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 23. Tracking / Animals             | Take a class and be able to identify at least 12 tracks                               | Take a class and learn how to follow a track                                     | Demonstrate how to track an animal or man proficiently                                           | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 24. Decoration – Pigments, etc.    | Make a personal S.A.L.T. Bead                                                         | Research 6 different kinds of decoration such as pigments, etc.                  | Display 3 different items that were decorated by you                                             | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |
| 25. Musical Instruments / Games    | Take a class and make an instrument or game                                           | Make and learn how to play 1 instrument and 1 game on your own                   | Demonstrate and display 3 instruments and 3 games                                                | Teach this skill to an individual or in a Class or at an Event and Research 3 Sources |

"Knowledge is not complete until it is passed on." Steve Watts



# BLASTS FROM THE PAST!

From the S.A.L.T Archives! Skill #1 Cutting Tool – Discoidal Blade  
Make a knife from a rock!

| SKILL           | Apprentice Level Level I         | Apprentice Level Level II                                   | Apprentice Level Level III                 |
|-----------------|----------------------------------|-------------------------------------------------------------|--------------------------------------------|
| 1. Cutting Tool | Make a flake and Discoidal Blade | Make flakes from three different rocks and refine the tools | Demonstrate a use or project with the tool |



Thomas & Charlie teaching Sienna, Aiden, Laura I., & Mary C.  
November 2015 at DVPP



Charlie teaching January 2019 at DVPP



Bob & Charlie teaching March 2020 at PGM



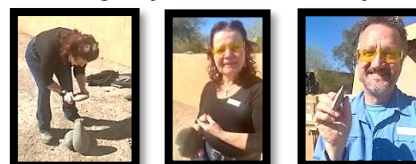
Charlie and Bob teaching Diane Anderson October 2021 at PGM



Bob & Charlie teaching Beau January 2023 at PGM



Charlie teaching Billy and Reena February 2024 at SVM



Luis teaching discoidal blade to Dulce January 2025 at SVM

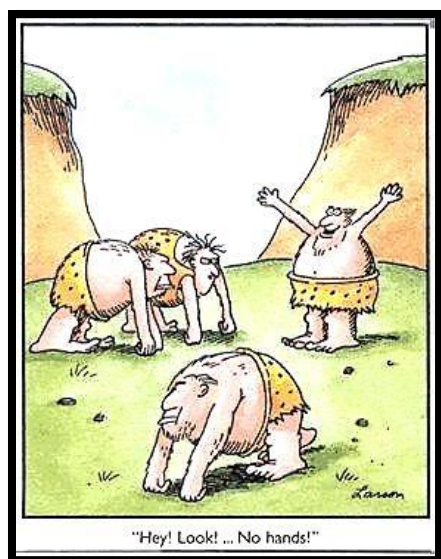
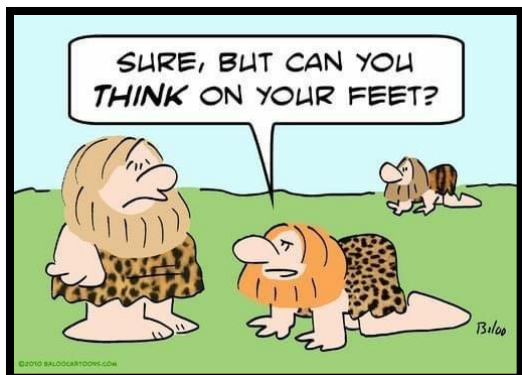


Charlie teaching Discoidal Blade January 2026 at SVM





## IMAGINE US IN THE STONE AGE



## ATTENTION

### S.A.L.T. Members and Associates!

Please send pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to [saltskills@gmail.com](mailto:saltskills@gmail.com)



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

**ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!**

Contact Charlie Tadano at 602-524-6910

## 2026 MEMBERSHIP DUES

**SINGLE \$20.00 or FAMILY \$40.00**

Please pay at a Skills Meeting or mail them to

**LAURA ROBINS, S.A.L.T. Treasurer**

1922 W. Kristal Way, Phoenix, AZ 85027

Please make the checks payable to Laura Robins

or Zelle Laura Robins at 623-533-0847

## S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

**BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES**



**and LEATHER S.A.L.T. PATCHES are available!**

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## S.A.L.T. CONTACT INFORMATION:

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