

# S.A.L.T. SKILL CHALLENGE

by Thomas Robins

## WOVEN ROCK SLING



CORDAGE



ROPE



YUCCA



CORD

## WOVEN ROCK SLING

Slings were first used thousands of years ago for hunting and as weapons. They were used in war up to the 1700s in the British military weapon that the Cavalry men used for long range hits. A sling was used by small man David to take down the giant Goliath in the bible. This shows two things about a sling: 1) it's a low status weapon and 2) in the hands of an expert it can be devastatingly effective.



PARACORD

### Step 1: Materials



12 feet of para-cord  
Knife or scissors  
Lighter

## Step 2: Starting the Sling



Hold on to the rabbit ears and weave the horizontal cord back to the left under, over, under and over the four rabbit ear cords.

Take one loose end and measure out about three feet. Tie a knot there to mark it.

## Step 3: Weaving



Take the other nine foot side of the knot and fold it as shown above making even rabbit ears about 3 inches long.



Repeat to the right and so on until the end of the rabbit ears.

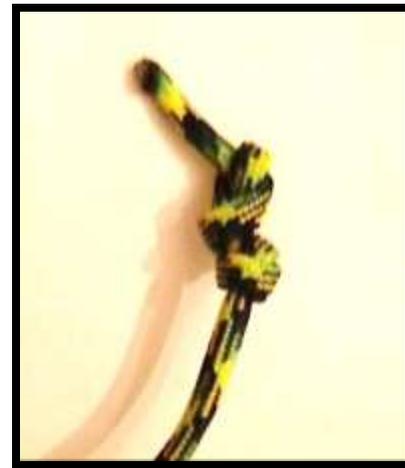


## Step 4: Tying It Off



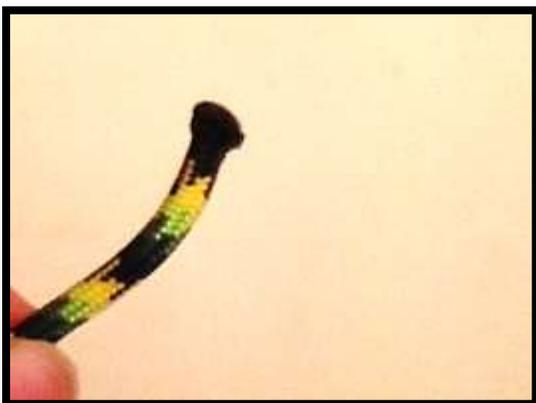
Now take both loose ends and pull on them as hard as you can to form a pouch.

Press your thumb into the middle as you tighten. Then go to the middle of the edge and tie a knot with the loose ends through the rabbit ears. (You might have to pull on them a little to get them to stick out)



Make a slip knot on one end, and a granny knot on the other.

## Step 5: Finishing Up



Trim any extra cord off the ends, and go ahead and melt the ends with a lighter.

## Step 6: Using the Sling

Making a sling is pretty easy, but using one is more difficult. For ammo, you want to use something small and heavy, like a shooter marble or a small round rock. You can also make your own out of clay.

Once you've inserted your ammo in the pouch, you put your index finger through the slip knot and then pinch the other end between your thumb and index.

Next you sling.

<http://www.slinging.org/> has lots of great techniques.

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