

#### S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world.

This is accomplished by regular Skills Meetings and informing the public through various Events.



## www.saltskills.com

Tom Wax, Vice President Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer

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Laura Robins, Newsletter Editor / Webmaster

Donna Moses, Events / Bead Chairperson

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Volume 14, Issue 8

S.A.L.T. e-NEWSLETTER

AUGUST 2023

# S.A.L.T. CALENDAR

Charlie Tadano, President

**NEXT S.A.L.T. SKILLS MEETING** 

SATURDAY, AUGUST 19th

10 am - 2 pm

MUSEUM TOUR and ARTIFACT DISPLAY

with Peter Huegel

S.A.L.T. SKILL #2 CORDAGE

Make a 3 ft. length of Cordage

S.A.L.T. FLINT KNAPPERS Meet at 9 am

#### at S'EDAV VA'AKI MUSEUM

(Please bring a dish to share for the potluck Brunch!)

**UPCOMING 2023 MEETINGS & EVENTS:** 

Saturday, September 16<sup>th</sup> SKILLS MEETING at SVM S.A.L.T. SKILL # 22 – WEAPONS – Make a Blow Gun / Darts with Bob Sizemore

REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
TO ALL MEETINGS AND EVENTS!

All Members make sure Tamara has your name on the membership list for free entry into SVM!

"Unless there is CONTEXT, it's all arts and crafts." Steve Watts

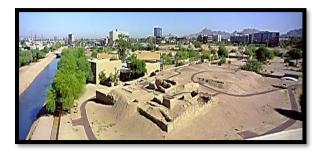


# SEDAV VA'AKI MUSEUM

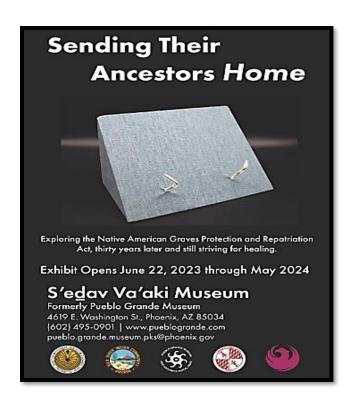
in English it is "Central Platform Mound."

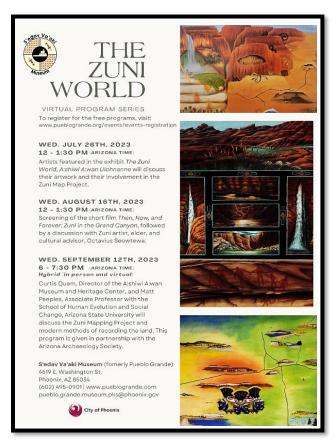


S'EDAV VA'AKI Museum (Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.



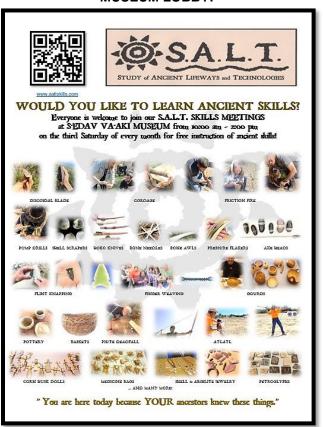
4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901







# LOOK FOR OUR S.A.L.T. POSTER IN THE MUSEUM LOBBY!







# DON'T MISS THE AUGUST 2023 S.A.L.T. SKILLS MEETING! Saturday, August 19<sup>th</sup> 10 am - 2 pm

QUARTERLY S.A.L.T. BOARD MEETING FOLLOWS (Don't forget a dish to share for the potluck brunch!)

# MUSEUM TOUR and ARTIFACT DISPLAY with Peter Huegel

## S.A.L.T. SKILL #2 CORDAGE Make a 3 ft. length of Cordage

## S.A.L.T. FLINT KNAPPERS Meet at 9 am

SKILL	Apprentice	Apprentice	Apprentice
	Level I	Level II	Level III
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage









# LEVEL I of SKILLS 1, 2 and 3 INSTRUCTION PROVIDED AT EVERY SKILL MEETING DEPENDING ON THE WEATHER...

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

#### SKILL #1 CUTTING TOOL: Level I

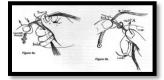
Make a flake and discoidal blade.

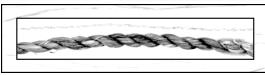




**SKILL #2 CORDAGE: Level I** *Make a uniform 3 foot length of cordage.* 







SKILL #3 FRICTION FIRE: Level I
Demonstrate one method of primitive fire starting.







(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

# JULY 2023 S.A.L.T. SKILLS MEETING HIGHLIGHTS

## Saturday, July 15, 2023

**Board Members in attendance:** Laura Robins, Bob & Carol Sizemore, Tom Wax, Jennifer Ahumada, Peter Huegel

**Members in attendance:** Diane Wax, Carlos Acuna, Luis & Noah Ahumada, Susan Jeffay, Tom Adkins, Russell, Jodee, Calvin, Wesley & Bingham Hortin, Sylvia Lee, Rocky Hettinger, Carol Schroeter and Linda Jolle

Welcome New Member: Justin Sowden

Guests: Mari & Dalen Townsend and Robin & Nick Risner

# S.A.L.T. FLINT KNAPPERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice Level	Apprentice Level II	Apprentice Level III
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points







# S.A.L.T. SKILL #14 BASKETS Make a small Pine Needle Basket with Tom Wax & Jennifer Ahumada

SKILL	Apprentice	Apprentice	Apprentice
	Level I	Level II	Level III
14. Baskets	Take a class and make a simple basket	Take a class and make a large basket or pack basket	Forage for materials and make a basket on your own





Our meeting was held in the classroom due to the AC not working in the Community Room.

#### Jennifer and Tom taught an awesome class!





Some of Tom's Basketry

















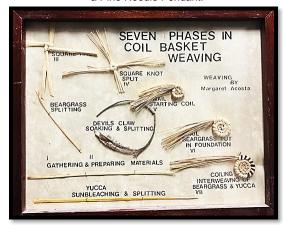








Because of limited time, Laura decided to make a Pine Needle Pendant!





As always, a delicious Potluck Brunch! Thank you to everyone who brought food!



# S.A.L.T. MEMBERS PROJECT / INFO GALLERY

# EVEN THE SO-CALLED EXPERTS CAN GET IT WRONG... by Peter Huegel

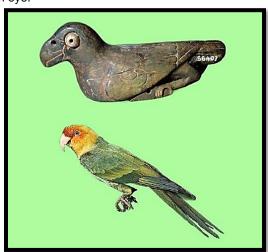
At the last SALT skills meeting at S'edav Va'aki Museum (formerly Pueblo Grande Museum) we talked about ancient effigies and looked at why they were made, as well as learning about the animals they represented.

I wish I had had this information for the presentation.

This shows how even the so-called experts can get it wrong. A prehistoric work of art from the Hopewell culture (1-400 AD). This effigy was excavated from a Hopewell Mound and was a part of an excavation to gather artifacts for the 1893 Columbian Exposition in Chicago.

It was documented by the Chicago Field Museum as being a "raven" or "crow" figure.

The core of the figure is carved bone and covered in copper which hints it is not a Raven or a Crow. It has a freshwater pearl eye.



Look at the beak. It more likely represents a Carolina Parakeet given the hooked beak. Now consider that the body was covered in copper. What color does copper turn as it ages? Green comes to mind, not black.

The now extinct Carolina Parakeet a green-bodied bird with yellow heads and red faces, once thrived between the U.S. east coast and what is now Colorado.

It was the only indigenous parrot within its range, as well as one of only three parrot species native to the United States. The last confirmed sighting in the wild was in 1910.

It was called puzzi la née ("head of yellow") by the Seminole and kelinky in Chickasaw.

Carolina parakeets were probably poisonous! The species adapted to live off the toxic cockleburs, which did not injure the birds but often proved fatal for predators.

In this case we have to take it "at face value" that this effigy is NOT what the "experts" declared it to be and they must indeed "eat a little crow".

# S.A.L.T. MEMBERS OUT AND ABOUT

### FIELD MUSEUM OF NATURAL HISTORY CHICAGO, IL 7/5/23 with Laura Robins

During a trip to see my family in Illinois, we decided to take Sienna and Saige to Chicago's Field Museum to see the mummies and dinosaurs! I remember many fieldtrips there when I was growing up. It would take a week to see it all!



Sienna, Laura, and Saige



Lucy



The Discoidal Blade!







Shell Necklace and Ancient Art



Mastodon and Mammoth







Stegosaurus





Sue the T-Rex found in South Dakota in 2010



First sight Carter sees of Tut's Tomb!





Mummies



"Knowledge is not complete until it is passed on."

Steve Watts

#### 2023 Earth Knack Courses, Classes, and Programs

Independent Living Skills ... More Important Now Than Ever Hands-On, In-Person Instruction ... More Important Now Than Ever Lighthearted Positive Teachings ... More Important Now Than Ever Top Quality Instruction ... Our Specialty Since 1990!



# Intern Dates & Focus Topics for 2023

#### AUGUST 8-24

High Altitude Food & Fruit Growing, Horse & Buggy Transport, Tipi Living, Natural Water Catchment, Plasters & Pigments, Home Butchering, Fire Making, Traditional Hide Tanning, Preserving Meat & Eggs, Adobe Horno Raking

AUG. 12-13 Fire! Fiber! Flint! Survival Basics with Ivan
Lakish

OCT. (dba) Homestead, Blacksmith & Butcher Tools
Repair and Maintenance with Papa Dean Smith

Robin Blankenship, Founder, Owner and Instructor of Earth Knack School Author: How To Play In The Woods (Gibbs Smith, Publisher 2016)

Earth Knack: Stone Age Skills for the 21st Century (Peregrine Books - Gibbs Smith)

P.O.#508 Crestone Colorado 81131 719 256 4909 <a href="mailto:earthknackschool@gmail.com">earthknackschool@gmail.com</a> http://www.earthknack.com/



# Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate

the public on archaeological preservation and the sharing of free information.

Click Here to visit our store.

Jeff Martin

#### Jeff@primitivelifeways.com





Bulletin of Primitive Technology website at primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF





## 35TH RABBITSTICK in Rexburg, Idaho SEPTEMBER 10 - 16, 2023

• Online Registration: After registering through Pay-pal, please print and fill out the Registration and Release forms for each adult who will be attending the event (FORMS LOCATED TO THE RIGHT - Children can be added to adult forms).



Return forms ASAP via e-mail - <u>backtracks905@gmail.com</u> - or snail mail.

• Register by Mail: Forms need to be completed and submitted by August 15th.

(FORMS LOCATED TO THE RIGHT)

- Late Registrations: There will be no late registrations at the gate.
- Adult Early Registration 2023 \$340.00 (Ends Aug. 1st, 2023)
- Adult Registration Adult Late for 2023 \$425.00 (After Aug. 1st, 2023)
- Teen Registration ages 13-15 \$185.00
- Youth Registration ages 9-12 \$160.00
- **Kids Registration** ages 4-8 \$70.00
- Cancellation Fee Due to the fact that there are transaction fees that apply via Paypal, there is a \$100 non-refundable cancellation fee for adult registrations prior to August 1st. After August 1st registrations are not refundable, but may be transferred to someone else or, with approval, held over for one year. We have raised this fee due to the inordinate number of last-minute cancellations all events are starting to experience if you register, you take a spot from someone else who would like to attend.
- We will be serving only one meal (Dinner at 6pm) each day.
- Day Rate We have discontinued a day use rate. All participation will be limited to guests who will be in camp all week.

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website -rabbitstick.com - for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us!

WWW.rabbitstick.com
Register On-Line Today
Share a Ride Bulletin Board
Meet Our Staff

Rabbitstick | (208) 359-2400 | <u>backtracks905@gmail.com</u> societyofprimitivetech@gmail.com





# FALL CAMP October 12-15, 2023

Ancestral Skills for Self-Sufficiency









Email Mullein HERE with any further questions

## May 27<sup>th</sup> - June 1<sup>st</sup>, 2024

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological

We offer hands-on classes in ancestral living and survival, and we also focus on the skills of self-sufficiency and sustainable living to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

**Ancestral Skills for Self-Sufficiency** Sponsored by Bridges to the Past 501(c)(3) Northeastern Washington State Ancestral Skills & Self-**Sufficiency Gathering** 

Other Skills Gatherings

**BtR T-Shirt** 

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

Betweentheriversgathering.com

#### BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell. @kandis created (Instagram)



Dear RMS family & friends, ~ Live What You Love ~





All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class.

Please see our website to enroll and to get more information Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online! www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns

#### PRESCOTT PRIMITIVE LIVING SKILLS Prescott. Arizona

Check out Kiowa Sage on Facebook!
Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com

Watch for new listings of classes that are offered, and there will be more to -Kiowa Sage



## WINTER COUNT

MARK YOUR CALENDARS FOR FEBRUARY 18-24, 2024 **REGISTRATION OPENS NOVEMBER 1, 2023!** 

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

Winter Count is a drug, alcohol, and firearm free event.

Winter Count 505-570-9484 369 Montezuma Avenue, #326, Santa Fe, NM 87501

WinterCountCamp@gmail.com www.WinterCountCamp.com

#### **NEED YOUR HELP!**



www.americanveteransranch.org Jax and the Veterans Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans.

Please call Tamara if you can help at 602-920-8228.

The website is:

"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts





#### ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com





STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

# 2023 MEMBERSHIP DUES ARE DUE!

#### SINGLE \$12.00 & FAMILY \$24.00

(New memberships are pro-rated throughout the year)

Please mail them to S.A.L.T. Treasurer,

#### TAMARA TADANO

12840 N. 45th Drive Glendale, AZ 85304

Please make the check out to **Tamara Tadano** 

#### S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES





### and S.A.L.T. PATCHES

are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00 each

(Memberships receive one free)

## S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or email saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com