



# STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

## S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.

[www.saltskills.com](http://www.saltskills.com)

[saltskills@gmail.com](mailto:saltskills@gmail.com)

Charlie Tadano, President    Tom Wax, Vice President    Jennifer Ahumada, Secretary    Tamara Tadano, Treasurer  
Laura Robins, Newsletter Editor/Webmaster    Albert Abril, Event Chairperson    Esther Diamondstone, Bead Chairperson

Volume 10, Issue 2

S.A.L.T. e-NEWSLETTER

FEBRUARY 2019

## S. A. L. T. CALENDAR

### NEXT S.A.L.T. MEETINGS & EVENTS

**SATURDAY, FEBRUARY 16<sup>th</sup>**

10 am – 2 pm

### SKILL # 4 TOOLS

Level I – Digging Stick, Shell Scraper, Bone Needle

Quarterly Board Meeting follows Skills Meeting

*(Please bring a dish to share for the potluck Brunch!)*

**at the Deer Valley Petroglyph Preserve**

3711 W. Deer Valley Rd., Phoenix, AZ 85308  
623-582-8007

### UPCOMING 2019 MEETINGS & EVENTS:

Saturday, February 23<sup>rd</sup> SAN TAN ARCHAEOLOGY FAIR

#### **MARCH IS ARCHAEOLOGY MONTH!**

Sunday, March 3<sup>rd</sup> Spur Cross Archaeology Expo

Saturday, March 9<sup>th</sup> PGM Ancient Tech Day

Saturday, March 16<sup>th</sup> SKILLS MEETING

SKILL # 20 BOWS & ARROWS

Make an arrow with a stone point with Bob & Charlie

Saturday, April 20<sup>th</sup> SKILLS MEETING

Saturday, May 18<sup>th</sup> SKILLS MEETING

Quarterly Board Meeting follows

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS  
TO ALL MEETINGS AND EVENTS!**



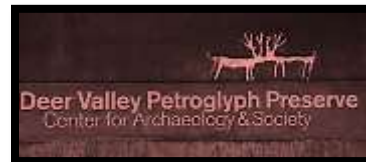
## WINTER COUNT

**February 10-16, 2019 AT THE BOULDERS!**

The Winter Count gathering is a place to learn and share ancestral, primitive, and more modern skills that help lessen our impact on the earth by giving us the knowledge and hands on experience to make beautiful objects, work with genuine materials, and become more skilled within our abilities. At the same time, we build self-confidence and our capacity to do more with less.

We are a community of craftspeople, families, and friends, of diverse backgrounds, ages, and experience levels, who come together to teach, learn, share, and laugh.

See page 6 for more information...



### DEER VALLEY PETROGLYPH PRESERVE

3711 W. Deer Valley Road, Phoenix, AZ 85308  
623-582-8007

### Free Museum Day February 16<sup>th</sup> !

**Hours:** Wednesday–Saturday, 9 a.m. – 2 p.m.

Highlights include docent-guided tours and a SALT Skills Workshop. Come enjoy and experience all the preserve has to offer – for free!

**“Knowledge is not complete until  
it is passed on.” Steve Watts**



**DON'T MISS THE FEBRUARY 2019  
S.A.L.T. SKILLS MEETING!  
Saturday, February 16<sup>th</sup> 10am-2pm  
SKILL # 4 TOOLS**

at the Deer Valley Petroglyph Preserve  
3711 W. Deer Valley Rd., Phoenix, AZ 85308

*(Don't forget a dish to share for the potluck brunch!)*

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
<b>4. Building Tools</b>	Make a fire hardened Digging Stick, Shell Scraper and Bone Needle	Make a Hoko Knife, Bone Awl and Pressure Flaker	Make a pecked and ground Stone Axe and a Pump Drill



Fire hardened Digging Sticks



Flaked Shell Scrapers



Bone Needles



Hoko Knife



Bone Awl



Antler Pressure Flaker



Stone Axe



Pump Drill

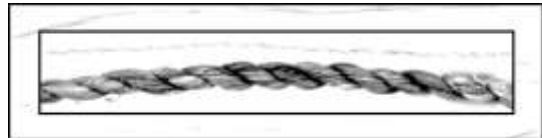
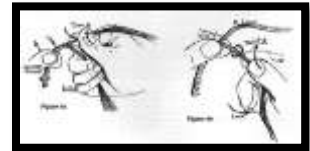
**LEVEL I of SKILLS 1, 2 and 3  
INSTRUCTION PROVIDED AT EVERY SKILL  
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
<b>1. Cutting Tool</b>	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
<b>2. Cordage</b>	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
<b>3. Friction Fire</b>	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

**SKILL #1 CUTTING TOOL: Level I**  
Make a flake and discoidal blade.



**SKILL #2 CORDAGE: Level I**  
Make a uniform 3 foot length of cordage.



**SKILL #3 FRICTION FIRE: Level I**  
Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

**Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.**

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

# JANUARY 2019 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, January 19, 2019  
Deer Valley Petroglyph Preserve



**WELCOME NEW DVPP DIRECTOR CELESTE SCOTT!**

**Board Members in attendance were:** Charlie & Tamara Tadano, Thomas & Laura Robins, Esther Diamondstone, Bob Sizemore and Tom Wax

**Members in attendance:** Kevin, Amanda, Ramsey & Nova Lyons, Jacque Hodges & Kristen & Shannon McQuinn, Gary Alves, Jennifer & Luis Ahumada, Ron & Donna Moses, Molly Fraley, Peter Huegel, and **WELCOME NEW MEMBERS, Mark & Helen Stafford!**

**Guest in attendance:** Steve Himmelberger

## AWESOME DOCENT-GUIDED TOUR OF THE PETROGLYPH PRESERVE with Peter Huegel



# THE S.A.L.T. ANNUAL MEMBERSHIP MEETING

WAS HELD BEFORE THE 1/19/19 SKILLS MEETING



## S.A.L.T. BOARD ELECTIONS



Tom Wax



Esther Diamondstone

Nominations for Vice President were open. Esther decided not to run for VP, but will continue to be the Bead Chairperson. Tom Wax accepted the nomination and was voted in for a two year term.



Jennifer Ahumada



Laura Robins

Nominations for Secretary were open. Laura decided not to run for Secretary again, but will continue to be the Newsletter Editor and Webmaster. Jennifer Ahumada accepted the nomination and was voted in for a two year term.

## MEMBER INPUT ON NEW IDEAS FOR UPCOMING SKILLS CLASSES

### Natural pigments

**Pottery** – Rod Dotson may come for a weekend class this Spring.

**Tracking** – Al Cornell is doing this Skills Class on June 15<sup>th</sup>.

**Soap Making** – contact Susan & Dave

### Wooden Utensils

### Knife Education

### Primitive Medicine/ First Aid

### Shell Etching

### Cooking – Posole

### Housekeeping

**Processing Corn for flour / hominy** - Ron Moses teaches this

### Yucca Sandals

### Pine Needle Baskets

### Willow Baskets



President Charlie Tadano



Treasurer Tamara Tadano

# SKILLS #1, 2 & 3

**SKILL #1 CUTTING TOOL: Level I**  
*Make a flake and discoidal blade.*



Charlie taught Discoidal Blade



Steve Himmelberger makes a blade



**SKILL #2 CORDAGE: Level I**  
*Make a uniform 3 foot length of cordage.*



Albert teaching Donna and Gary Cordage



Kristen and Jacque



Albert teaching Nova

**SKILL #3 FRICTION FIRE: Level I**  
*Demonstrate one method of primitive fire starting.*

**S.A.L.T. SKILL MEETING**  
**DRAWING WINNERS!**



Tom teaching Egyptian Bow Drill Fire



Peter



Tom and Helen Stafford



Shannon



Helen makes fire!



Steve



Gary



Donna makes fire!



Helen

**Wuertz Farm's 16th  
Annual  
"Running of the  
Gourds"  
Gourd Festival**



**February 8-9-10, 2019**

at the Pinal Fairgrounds  
Casa Grande, Arizona

**Friday & Saturday 9am-5pm  
Sunday 10am-3pm**

**Admission \$10 (Kids FREE)**

- \*Over 100 Gourd Artists & Vendors
- \*Arizona Gourd Society's Judged Show
- \*4 Days of Reserved Classes (Registration opens November )
- \*Kindergourden
- \*Sonoran Desert in Gourds
- \*Flash Gourden
- \*Games
- \*Mini Gourdster Races (Saturday)
- \*Non-Stop Live Musical Entertainment
- \*Wide Variety of Food Booths
- \*Thousands of Dried Gourds for Sale!

**For more information call 520-723-4432**



**WINTER COUNT**

**February 10 – 16, 2019  
AT THE BOULDERS!**

About 1/2 hour east of Florence, AZ on the East Florence-Kelvin Highway which is just south of Florence off Hwy. 79.

**Registration starts November 15, 2018 and will be open until we reach our limit.**

If you prefer to mail us a certified money order or cashier's check, contact us ASAP so that we can put you on the registered list. You will have a week to get your payment to us.

**Prices:**

Adult Early Registration **\$345** (November 15-January 15 unless we sell out before that)

Adult Regular Registration- **\$435** (January 16 - February 10 unless we sell out before that.)

Teen Registration- (Ages 13-15) **\$175**

Youth Registration- (Ages 9-12) **\$150**

Kids Registration- (Ages 4-8) **\$50**

Kids (ages 1 to 3 ) **FREE**

Refund and Discount Policy: \$50 of each tuition is a non-refundable deposit. This applies to Refunds or Rollovers. Refunds can be obtained by contacting the office 30 days prior to the start of the event. After that date, arrangements can be made to Rollover the tuition to the gathering you registered for or to our other gathering SkyEarth, or transfer it to another participant. No refunds or transfers after the event begins.

Extreme weather conditions are becoming more of a concern. If catastrophic conditions require us to close the camp during an event, refunds will not be available. There are trip insurance options available through brokers that provide a policy to cover such an occurrence.

We maintain a small scholarship fund generated through raffles. Requests may be made for access to that fund. Contact us ASAP if you will be requesting a scholarship. People trying to register using Internet Explorer as their browser may have trouble. Please use Chrome, Safari or Firefox.

Winter Count

2119 Calle Tecolote

Santa Fe, NM 87505

Winter Count 505-570-9484

| [WinterCountCamp@gmail.com](mailto:WinterCountCamp@gmail.com)

[www.WinterCountCamp.com](http://www.WinterCountCamp.com)

# JANUARY 24, 2019

## S.A.L.T. at Legacy Traditional School

### 4<sup>th</sup> Grade Family Night EVENT



Charlie talking about Primitive Skills



Tamara talking about Argillite Jewelry



Esther explaining the Atlatl



Albert and a Dice Game



# UPCOMING S.A.L.T. SKILLS DEMO EVENTS CALENDAR

**ATTENTION S.A.L.T. MEMBERS AND  
ASSOCIATES!**

*We need your help at events setting up,  
taking down, talking about the displays  
and doing skills demos.*

*If you would like to join us, please contact*

**Albert Abril**  
**602-265-0177 or e-mail him**  
[aabril1@cox.net](mailto:aabril1@cox.net)

**Also, please call Albert for EVENT  
times and set up times.**

## SAN TAN MOUNTAIN REGIONAL PARK EVENT

**SATURDAY, FEBRUARY 23<sup>rd</sup>**



San Tan Mountain Regional Park  
[6533 W. Phillips Road, Queen Creek AZ 85242](http://6533.W.Phillips.Road,QueenCreekAZ85242)  
[480-655-5554](http://480-655-5554)

## SPUR CROSS RANCH CONSERVATION AREA EVENT

**SUNDAY, MARCH 3<sup>rd</sup>**

**SET UP 7:30 am**  
EVENT is from 9 am – 2:30 pm



Spur Cross Ranch Conservation Area  
44000 N. Spur Cross Road, Cave Creek, AZ 85331  
(480) 488-6601

## PUEBLO GRANDE MUSEUM ANCIENT TECH DAY EVENT

**SATURDAY, MARCH 9<sup>th</sup>**



Pueblo Grande Museum  
4619 E Washington St, Phoenix, AZ 85034  
[602-495-0901](http://602-495-0901)





**May 27<sup>th</sup> - June 1<sup>st</sup>, 2019**  
**Primitive Skills for Self-Sufficiency**

**Between the Rivers Gathering** is a week-long workshop for learning skills that originate in the stone-age all the way up to modern homesteading. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, primitive and homespun living, basic preparedness and skills of a practical and archeological nature. We offer **hands-on classes in primitive living and survival**, and we also focus on the skills of **self-sufficiency and sustainable living** to minimize our impact on this planet we all share. Come join our community and experience for yourself what a primitive skills gathering is all about!

**Warning:** *Attending Between the Rivers Gathering may change your life!*

Many times the old legends say it best:  
*"We do not go to the green woods and crystal waters to rough it, we go to smooth it. We get it rough enough at home; in towns and cities; in shops, offices, stores, banks—anywhere that we may be placed—with the necessity always present of being on time and up to our work; of providing for the dependent ones; of keeping up, catching up, or getting left. "Alas for the life-long battle, whose bravest slogan is bread." I am talking ... to those of the world's workers who go, or would like to go, every summer to the woods. And to these I would say, don't rough it; make it as smooth, as restful and pleasurable as you can." - Nessmuk*

**That is our hope and dream that we can help all who attend to be able to make meaningful life changes that increase their skills, intensify their connection with the Earth, and improve their relationships with others. It is all about deeper connections!**

"Primitive skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." -Steve Watts

[Link to Classes](#)

**Come and experience the entire week with us!**

To register click [here](#).

Day registration click [here](#).

Other [Primitive Skills Gatherings](#)

[BtR T-Shirt](#)

Day rates available, too!

Burning questions that can't wait? Contact us: [patrickf@bridgestothepast.org](mailto:patrickf@bridgestothepast.org)



Bulletin of Primitive Technology website at [primitive.org](http://primitive.org). Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF>



# 32<sup>ND</sup> RABBITSTICK

## SEPTEMBER 15 - 21, 2019

in Rexburg, Idaho

**"Rabbitstick is the Mother Church of Primitive Technology"**

-Steve Watts, Past President of the Society of Primitive Technology

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - [rabbitstick.com](http://rabbitstick.com) - for complete event and registration details. Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us!

[www.rabbitstick.com](http://www.rabbitstick.com)

[Register On-Line Today](#)  
[Share a Ride Bulletin Board](#)  
[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | [backtracks905@gmail.com](mailto:backtracks905@gmail.com) | [societyofprimitivetech@gmail.com](mailto:societyofprimitivetech@gmail.com)



7448 S. J-B Ranch Rd.  
Roosevelt, AZ 85545

[www.reevismountain.org](http://www.reevismountain.org)



### Our Farm and Sanctuary

Reevis Mountain School began in 1980 as a community focused on self-sufficiency and the teaching of survival skills. Today it is a more quiet place: a sanctuary, organic farm, and off-grid homestead. Nature has endowed this remote canyon with paradise-like features: a year-round creek, two underground springs, and an altitude (3,300 feet) that takes much of the misery out of Arizona summers. Human effort has added an orchard of one hundred fruit and nut trees, a one-acre garden, a flock of some fifty chickens, a greenhouse, a community house, a beautiful native stone shower house, a solar power house, and shelters including a teepee, cabins, and yurpees (Bigfoot's design, a combination of teepee and yurt).

Our first-rate "Nature's Classroom" is enjoyed by a permanent staff of two and a varying number of interns and retreat seekers. It is cherished by those wishing to experience a place free from most modern-day pollutants (including cell phones!) and to reconnect with Earth, Self, and Spirit. Visitors rave about the wholesome, nourishing, and tasty meals, featuring fresh, organically home-grown ingredients prepared with love.

**What to bring:** Camping gear or, with yurpee reservation, a sleeping bag or bedding; water bottle; sun-protective hat; flashlight or headlamp; battery-powered lamp (optional); sunglasses; towel and toiletries. Also: openness, appreciation, and desire to learn. The temperature at RMS is usually about 12 degrees cooler than Phoenix, and nights can be cool in the spring and fall—bring warm clothing.

**What to leave at home:** Drugs, alcohol, firearms, smoking materials, electronic equipment, pets, junk food, and negative attitudes.

### Registration

Visit [www.reevismountain.org](http://www.reevismountain.org) to register online. Or mail your name, phone number, postal and email addresses, and a 50% deposit (check or money order) to RMS, 7448 S. J-B Ranch Rd., Roosevelt, AZ 85545. Indicate whether you will need our free shuttle service from Roosevelt and/or wish to stay in a yurpee or cabin instead of camping. Balance due prior to class. Deposits are nonrefundable unless RMS reschedules or cancels the class.

**Early Registration:** 10% discount if you register with full payment 30 days prior to class date.

### Important Information

**Classes held at RMS include:** meals (arrival night meals are a potluck party—bring a healthful, natural dish to share!), class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (shared, \$10/night/pers.) or cabin (single \$25/night or double \$50/night).

**Class fee includes shuttle service** from Roosevelt—or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class (note exception for Stone Masonry), at M&S Marine, Hwy. 188, Roosevelt (between mile posts 233 & 234). Further details will be provided after registration.

**For more information,** please contact us—see below.

Reevis Mountain School of Self-Reliance  
7448 S. J-B Ranch Rd., Roosevelt, AZ 85545  
(928) 257-1544 | [info@reevismountain.org](mailto:info@reevismountain.org)  
[www.reevismountain.org](http://www.reevismountain.org)

# S.A.L.T. STORE

T-SHIRTS & PATCHES will be available at all S.A.L.T. Skill Meetings



S.A.L.T. T-SHIRTS are available in all sizes at \$20.00 each (Special pricing for Members)



S.A.L.T. PATCHES \$5.00 each (Memberships receive one free)



Have a place to store and carry all of your S.A.L.T. Projects and Tools! \$15.00 each (Special price for members) Call Charlie for availability on Totes 602-524-6910

## ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to [saltskills@gmail.com](mailto:saltskills@gmail.com)



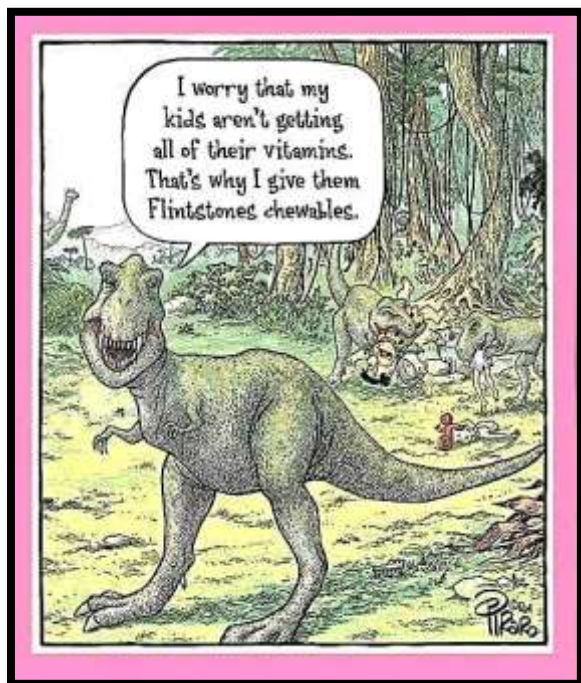
STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS



ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

**"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts**



## 2019 MEMBERSHIP DUES ARE DUE!

**SINGLE \$12.00 & FAMILY \$24.00**  
*(New memberships are pro-rated throughout the year)*

Please bring it to the next Skills Meeting or mail them to S.A.L.T. Treasurer,

**TAMARA TADANO**  
 12840 N. 45<sup>th</sup> Drive  
 Glendale, AZ 85304

Please make the check out to  
**Tamara Tadano**

### S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at **602-524-6910**

**NEW S.A.L.T. T-SHIRTS  
 and S.A.L.T. PATCHES  
 are now available!**  
**There may be some Tote Bags, too.**

The S.A.L.T. "Sonoran Desert, Sorting out the Weak" T-SHIRT is available to anyone interested for \$15.00 each. They will be available at most S.A.L.T. Monthly Skill Meetings and Events until they are gone. (Only a few left!)

### S.A.L.T. CONTACT INFORMATION:

Website: [www.saltskills.com](http://www.saltskills.com)

e-mail address: [saltskills@gmail.com](mailto:saltskills@gmail.com)

**For Membership information** call Bob Sizemore at 520-705-9780 or 520-466-6104 or Charlie Tadano at 602-524-6910 or e-mail [saltskills@gmail.com](mailto:saltskills@gmail.com)

**For Event information** or if you would like to participate in an Event by doing skills demos, please call Albert Abril at 602-265-0177 or e-mail him at [abril1@cox.net](mailto:abril1@cox.net)

**For BEAD information** contact Esther Diamondstone at 602-918-5147 or e-mail her at [chucklinghog@yahoo.com](mailto:chucklinghog@yahoo.com)

**For S.A.L.T. e-Newsletter or Website info** contact Laura Robins, Editor at 623-533-0847 or e-mail [saltskills@gmail.com](mailto:saltskills@gmail.com)

(All past editions of the S.A.L.T. e-Newsletters from September 2010 thru February 2012 and Sept/Oct 2013 thru February 2019 are available by e-mail at your request.)