

S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



www.saltskills.com

saltskills@gmail.com

Charlie Tadano, President

Tom Wax, Vice President

Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer

Laura Robins, Newsletter Editor / Webmaster

Donna Moses, Events / Bead Chairperson

Volume 15, Issue 2

S.A.L.T. e-NEWSLETTER

FEBRUARY 2024

S.A.L.T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, FEBRUARY 17th

10 am – 2 pm

at S'EDAV VA'AKI MUSEUM

S.A.L.T. FLINT KNAPPERS / DRUMMING CIRCLE 9am

S.A.L.T. SKILLS #1, 2 & 3

Discoidal Blade, Cordage & Friction Fire

10 am – 2 pm

QUARTERLY BOARD MEETING FOLLOWS SKILLS MEETING

UPCOMING MEETINGS & EVENTS

WUERTZ GOURD FESTIVAL, FEBRUARY 2-4, 2024

WINTER COUNT, FEBRUARY 18-24, 2024

S.A.L.T. MEMBERS FIELDTRIP TO WINTER COUNT – FEB. 19th

Call Charlie to get on the list! 602-524-6910

MARCH IS ARCHAEOLOGY MONTH:

ANCIENT TECH DAY, SATURDAY, MARCH 9th

S.A.L.T. Displays & Demos & Atlatl

Saturday, March 16th SKILLS MEETING at SVM

S.A.L.T. SKILL #12 GOURDS with Arturo

V BAR V EVENT, SATURDAY & SUNDAY, MARCH 16th & 17th

AZ ARCHAEOLOGY EXPO, SATURDAY, APRIL 6th

10 am – 2 pm SAN TAN HISTORICAL SOCIETY MUSEUM, Queen Creek

Saturday, April 20th SKILLS MEETING at SVM

S.A.L.T. SKILL #10 FELTING with Susan Jeffay

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
TO ALL MEETINGS AND EVENTS!**

**All Members make sure Tamara has your name
on the membership list for free entry into SVM!**



WINTER COUNT

FEB. 18-24, 2024

Registration is closed!

However, S.A.L.T. Members will be

going for a whole day as a Group to visit Winter Count which is east of Florence, Arizona on Monday, February 19, 2024. We will be traveling as a group and meeting in Florence at the Burger King on Hwy287 at 10 am and then making the trip into the Winter Count site due to the limited parking available. If you have not attended Winter Count, it is a great venue! You will get to see and meet many talented instructors, watch different classes, and get to shop for those hard-to-find items needed for your next skills projects! Attending is a very fun experience, and it may encourage you to attend the next Winter Count in 2025 for the entire week. For that you must register early! This one opened 11/1/23 and was closed by 11/4/23!

We need to provide the Winter Count staff with the names of the S.A.L.T. Members that will be attending for the day. Please call Charlie if you are interested as soon as possible in case the list becomes too long and you cannot be added. Around the 2nd week of February, we will be sending the list of S.A.L.T. Member attendees to the Winter Count staff. Please bring some snacks & water, cash, good walking shoes, a hat, and layer your clothes for the weather. We usually eat some breakfast at Burger King and then on our way back out, stop for dinner somewhere in Florence.

MEET IN FLORENCE, AZ at BURGER KING on HWY 287

**AT 10:00 am. Call Charlie Tadano at 602-524-6910 if you
have questions and to get on the list!**

S'EDAV VA'AKI MUSEUM

in English it is "Central Platform Mound."

Pronounced: SUE DOVE VE AWKEY



S'EDAV VA'AKI Museum (Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National

Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

4619 E. Washington St, Phoenix, AZ 85034 [\(602\) 495-0901](tel:6024950901)

**"Unless there is CONTEXT,
it's all arts and crafts." Steve Watts**



**LEVEL I of SKILLS 1, 2 and 3
INSTRUCTION PROVIDED AT EVERY SKILL
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

**DON'T MISS THE FEBRUARY 2024
S.A.L.T. SKILLS MEETING
Saturday, February 17th
10 am - 2 pm**

(Remember to bring something for the Potluck Brunch!)

**S.A.L.T. QUARTERLY BOARD MEETING
FOLLOWS SKILLS MEETING**

**S.A.L.T. FLINT KNAPPERS and the S.A.L.T.
DRUMMING CIRCLE will meet at 9 am**

**S.A.L.T. SKILLS # 1, 2, & 3
Discoidal Blade, Cordage & Friction Fire**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
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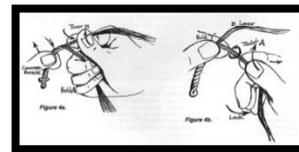
SKILL #1 CUTTING TOOL: Level I

Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I

Make a uniform 3-foot length of cordage.



SKILL #3 FRICTION FIRE: Level I

Demonstrate one method of primitive fire starting.



Around the start of every year, we highlight the first three basic skills, Discoidal Blade, Cordage and Friction Fire. All other skills are built upon them. We do offer them at all the Skills Meetings, but we all need a good refresher each year. So, S.A.L.T. Members, if you can teach any of these skills, please bring the materials to help teach!



Discoidal Blade



Cordage



Friction Fire

(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed, and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

JANUARY 2024 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, January 20, 2024

Board Members in attendance: Charlie & Tamara Tadano, Tom Wax, Laura Robins, Bob & Carol Sizemore, Jennifer Ahumada, Peter Huegel, and Gary Alves

Members in attendance: Bill Warner, Barb Huegel, Luis & Noah Ahumada, Don Raker, Sue Roxburgh, Carol Schroeter, Dalen & Mari Townsend, Linda Jolle, Susan Jeffay, Joyce Alves, Don Raker, Matthew Ross, Sam Sargent, Sylvia Lee, Tom Adkins, JoMarie, Caleb & David Olander, Dulce Shimkus, and Justin Sowden

Guests: Cheryl Alvord, Connie Johnson, Carol Ann Hewitt, Carol Bankert, Melanie Lopez, Chanana, Awak & Carol M.

S.A.L.T. FLINT KNAPPERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points



S.A.L.T. DRUMMING CIRCLE

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
25. Musical Instruments / Games	Take a class and make an instrument or game	Make and learn how to play 1 instrument and 1 game on your own	Demonstrate and display 3 instruments and 3 games



THE 2024 S.A.L.T. ANNUAL MEMBERSHIP MEETING

WAS HELD BEFORE THE 1/20/24 SKILLS MEETING

Motion to open meeting at 10:01 am by Charlie, Second by Laura. All approved, MC

Approval of the January 21, 2023, Annual Membership Meeting Minutes: Motion to approve by Charlie, Second by Luis/Peter. Discussion: none, Vote: unanimous, mc

Acceptance of the Treasurer's Report for Audit by Tamara Motion to accept by Laura, second by Bill. Discussion: none. Vote: unanimous, mc



S.A.L.T. BOARD ELECTIONS

Nominations for President were open. Laura nominated Charlie and he accepted. All agreed. Charlie Tadano was voted in for another two-year term.



Nominations for Treasurer were open. Laura nominated Tamara and she accepted. All agreed. Tamara Tadano was voted in for another two-year term.

MEMBER INPUT ON SOME IDEAS FOR UPCOMING SKILLS CLASSES

HERBS, EDIBLE & MEDICINAL PLANTS
 ROCK HUNTS, KNAP-INS & MUSHROOMS – Bill Warner
 POTTERY as an additional 4-week class
 MUSICAL INSTRUMENTS & FLUTES
 FINGER WEAVING, FIBERS, DROP SPINDLE
 KNIVES
 EFFIGY MAKING
 PRIMITIVE BOWS & AXES - Charlie
 WILLOW BASKETS
 GOURDS – Arturo
 PUMP DRILL - Bob

Motion to close meeting at 10:25 am by Laura, second by Tom. All approved, MC

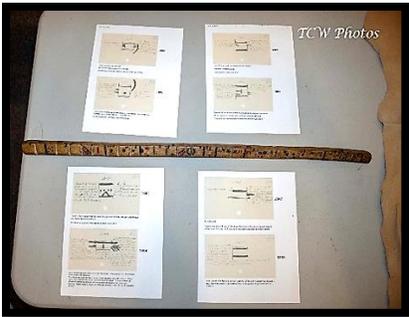
S.A.L.T. SKILL # 24 DECORATION

Lecture and make a Winter Count History with Peter Huegel

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
24. Decoration – Pigments, etc.	Make a personal S.A.L.T. Bead	Research 6 different kinds of decoration such as pigments, etc.	Display 3 different items that were decorated by you

Great presentation on how the Indigenous people passed along their history and beliefs for thousands of years before they had a written language. Peter showed several ways this was done, going in depth into how the O'odham did it, and how the people of the Great Plains area of North America did it. Their methods were very different and yet they shared some common aspects. Part of the presentation included photos of what they used and gave details of exactly what the story was they were documenting.

At the end of the presentation everyone began recording their own history - without using writing - by making one of the items used by the Indigenous people to record their history.



Wearing Laura's Brain-tanned Buffalo Robe! Lookin' good Arturo!

DELICIOUS POTLUCK BRUNCH!



Thank you to everyone who brought food!

S.A.L.T. MEMBERS PROJECT / INFO GALLERY

DUCT TAPE FLETCHING with Tom Wax

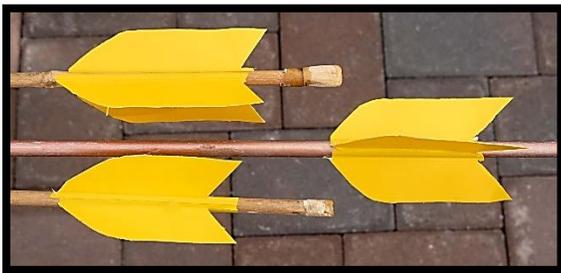
Duct Tape is a modern invention that can be used for a lot of things from repairs to making things, etc. It should always be in one's survival kit. Here is one idea that can be used that you may not know about. You can make Atlatl Dart fletching's or arrow fletching's with it. It really makes good fletching in an emergency or non-emergency situation.



I started with some card stock paper and made fletching veins. This is not necessary, but it helps with the stiffness. I cut the paper down to the size and shape that I want.



I attached the fletching to the shaft and added duct tape to the other side of the paper fletching vein and trimmed off the excess leaving a little to attach to the shaft.



This shows the complete fletching's attached to the shaft. I used brightly colored duct tape so you can find your arrow or Atlatl dart. These are three vein fletching's on Atlatl Darts.

"Knowledge is not complete
until it is passed on."
Steve Watts

S.A.L.T. MEMBERS OUT AND ABOUT

S'EDAV VA'AKI MUSEUM INDIAN MARKET VOLUNTEER DINNER 1/26/24



SVM Director Nicole



Laura



Sylvia and Peter



Rib Eye Dinner



Pow Wow Dancer Entertainment



《 》 BETWEEN THE RIVERS GATHERING 《 》 May 27th – June 1st, 2024



Email Mullein [HERE](#) with any further questions

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer hands-on classes in ancestral living and survival, and we also focus on the skills of **self-sufficiency** and **sustainable living** to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

Ancestral Skills for Self-Sufficiency
Sponsored by Bridges to the Past 5011(3)
Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other [Skills Gatherings](#)
[BtR T-Shirt](#)

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

betweentheiversgathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell . @kandis created (Instagram)



36TH RABBITSTICK

in Rexburg, Idaho

SEPTEMBER 15 – 21, 2024

Registration opens in February 2024

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - rabbitstick.com - for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. **Join us next year!**

www.rabbitstick.com

[Register On-Line Today](#)

[Share a Ride Bulletin Board](#)

[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | backtracks905@gmail.com | societyofprimitivetechnology@gmail.com



Bulletin of Primitive Technology website at - primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?ref=Nf>

PRESCOTT PRIMITIVE LIVING SKILLS

Prescott, Arizona

Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com Watch for new listings of classes that are offered, and there will be more to come!

-Kiowa Sage



WINTER COUNT

MARK YOUR CALENDARS FOR

FEBRUARY 16-22, 2025

REGISTRATION OPENS NOVEMBER 1, 2024

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

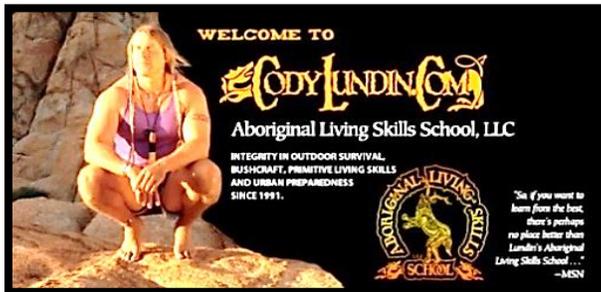
Winter Count is a drug, alcohol, and firearm free event.

Winter Count 505-570-9484

369 Montezuma Avenue, #326, Santa Fe, NM 87501

WinterCountCamp@gmail.com

www.WinterCountCamp.com



Earth Knack Courses, Classes, and Programs

Independent Living Skills ... More Important Now Than Ever
Hands-On, In-Person Instruction ... More Important Now Than Ever
Lighthearted Positive Teachings ... More Important Now Than Ever
Top Quality Instruction ... Our Specialty Since 1990!

Robin Blankenship, Founder, Owner and Instructor of Earth Knack School

Author: [How To Play In The Woods](#) (Gibbs Smith, Publisher 2016)

[Earth Knack: Stone Age Skills for the 21st Century](#) (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719

256 4909 earthknackschool@gmail.com

<http://www.earthknack.com/>



Dear RMS family & friends,
~ Live What You Love ~

All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our [website](#) to enroll and to get more information

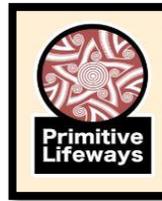
Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online!

www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns



Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate the public on archaeological preservation and the sharing of free information.

[Click Here](#) to visit our store.

Jeff Martin

Jeff@primitivelifeways.com

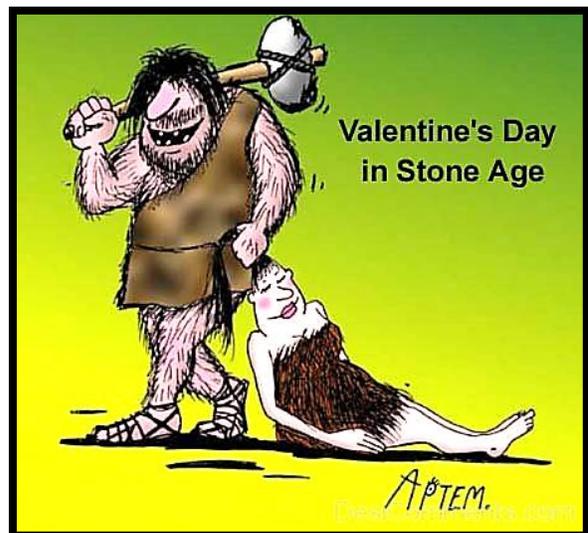


NEED YOUR HELP!

Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans.

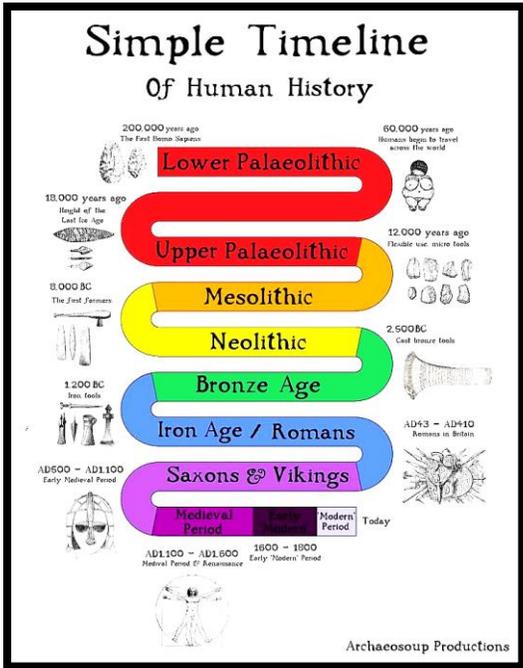
Please call Tamara if you can help at 602-920-8228. The website is:

www.americanveteransranch.org





2024 MEMBERSHIP DUES ARE DUE !
SINGLE \$12.00 & FAMILY \$24.00
(New memberships are pro-rated throughout the year)
 Please mail them to S.A.L.T. Treasurer,
TAMARA TADANO
 12840 N. 45th Drive
 Glendale, AZ 85304
 Please make the check out to
Tamara Tadano



S.A.L.T. MEMBERSHIP ITEMS
 The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES

and S.A.L.T. PATCHES are available!
(Special pricing for members) S.A.L.T. PATCHES \$5.00 each
(Memberships receive one free)

ATTENTION
S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com

STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For **MEMBERSHIP** information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For **EVENTS and BEAD** information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

For **S.A.L.T. e-Newsletter or Website info** contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com