



## STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

### S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.

[www.saltskills.com](http://www.saltskills.com)

[saltskills@gmail.com](mailto:saltskills@gmail.com)

Charlie Tadano, President   Tom Wax, Vice President   Jennifer Ahumada, Secretary   Tamara Tadano, Treasurer  
Laura Robins, Newsletter Editor/Webmaster   Albert Abril, Event Chairperson   Esther Diamondstone, Bead Chairperson

Volume 10, Issue 7

S.A.L.T. e-NEWSLETTER

JULY 2019

### S. A. L. T. CALENDAR

#### NEXT S.A.L.T. SKILLS MEETING

**SATURDAY, JULY 20<sup>th</sup>**

10 am – 2 pm

#### SKILL #9 – FINGER WEAVING

Peruvian Braids with Albert Abril

at PUEBLO GRANDE MUSEUM

*(Please bring a dish to share for the potluck Brunch!)*

#### UPCOMING 2019 MEETINGS & EVENTS:

3rd Annual S.A.L.T. CAMPOUT 7/25-28/19  
at Woods Canyon Lake Spillway Group Campsite  
call Charlie to reserve your spot! 602-524-6910

Saturday, August 17<sup>th</sup> SKILLS MEETING at PGM  
S.A.L.T. SKILL #24 – DECORATION – Scallop Shell Necklaces  
with Charlie & Tamara Tadano  
QUARTERLY BOARD MEETING FOLLOWS

Saturday, September 21<sup>st</sup> SKILLS MEETING at PGM  
S.A.L.T. SKILL #14 PINE NEEDLE BASKETS  
with Jennifer Ahumada

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS  
TO ALL MEETINGS AND EVENTS!**

*All Members make sure Tamara has your name on the  
membership list for free entry into PMG!*



### ANNUAL S.A.L.T. CAMP OUT

Come up for the day or if you want to camp out, first come, first serve! We are taking reservations for a spot with S.A.L.T. in the Spillway Group Campsite with a \$25 non-refundable deposit.

Call or e-mail Charlie Tadano at 602-524-6910 or [charles@tripletpromotions.com](mailto:charles@tripletpromotions.com)

**Thursday - Sunday, JULY 25 - 28, 2019**

**WOODS CANYON LAKE**

SKILLS CLASS and POTLUCK DINNER  
on Saturday 7/27/19

### PUEBLO GRANDE MUSEUM

4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901



Pueblo Grande Museum is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

Purchase Native American gifts, art and jewelry at the Museum Store. Open 7 days a week Oct.-Apr.; Closed Sundays & Mondays May-Sep.

**"Unless there is CONTEXT,  
it's all arts and crafts." Steve Watts**



**DON'T MISS THE JULY 2019  
S.A.L.T. SKILLS MEETING!  
Saturday, July 20<sup>th</sup> 10am-2pm**

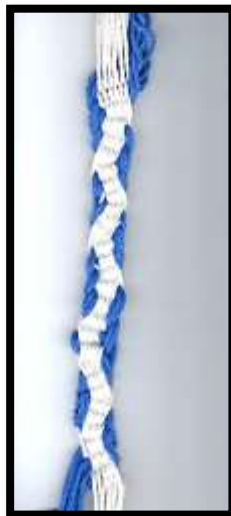
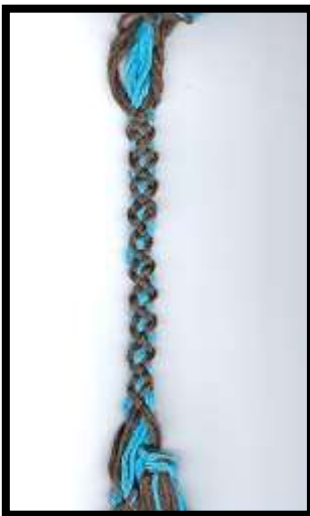
**SKILL #9 – FINGER WEAVING  
with Albert Abril**

at PUEBLO GRANDE MUSEUM  
4619 E. Washington St, Phoenix, AZ 85034  
(602) 495-0901

*(Don't forget a dish to share for the potluck brunch!)*



Albert will be teaching Peruvian braids, another form of finger weaving which is a centuries old textile skill. These braids were used in everyday life and for special celebrations. The Peruvian mummies were found ornamented with various braids and weaving.



**LEVEL I of SKILLS 1, 2 and 3  
INSTRUCTION PROVIDED AT EVERY SKILL  
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

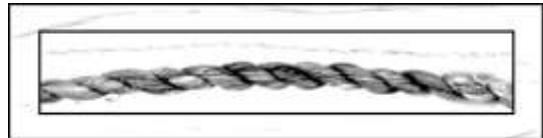
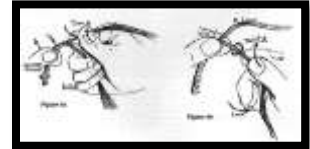
**SKILL #1 CUTTING TOOL: Level I**

*Make a flake and discoidal blade.*



**SKILL #2 CORDAGE: Level I**

*Make a uniform 3 foot length of cordage.*



**SKILL #3 FRICTION FIRE: Level I**

*Demonstrate one method of primitive fire starting.*



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

**Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.**

*Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet and skills sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!*



# JUNE 1, 2019 S.A.L.T. WORLD ATLATL DAY PICTURE HIGHLIGHTS



Thank you to all of the S.A.L.T. Members who came out to help on the Range and teach 80+ people how to use the Atlatl!



Tamara welcoming all and featuring the S.A.L.T. Box



Carlos on the Range!



Steven, Jennifer, Tom and Luis



PBS was there filming us, we will send out info on when it will air.



Saige throwing Atlatl



Learning Cordage!



# JUNE 2019 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, June 15, 2019  
Pueblo Grande Museum



**Board Members in attendance were:** Charlie & Tamara Tadano, Thomas & Laura Robins, Al Cornell, Jennifer Ahumada and Cano Ramirez (Thank you Archer for bringing him again!)

**Members in attendance:** Aiden Duffy, Steven Hall, Carlos Acuna, Luis Ahumada, Marc, Ron & Donna Moses, Amil and Linda & Emil Jolle

**Welcome NEW MEMBERS:** Caleb Olander, Shane Linenberger, Nyah Larson and Tim Callahan !!!

## SKILL # 23 – TRACKING Animal Tracks, Scat & Sign with Al Cornell

Al taught an awesome class on Animal Tracks! There was so much interesting information! He taught us how to make plaster casts of animal prints and displayed his huge collection. Thank you Al for a great class!



Al teaching Plaster Casting

Donna



Deer and Badger Casts





Archer, Cano and Amil



Caleb



Steven  
(Thank you for teaching Hand Drill Fire Making!)



GREAT POTLUCK BRUNCH!



Carlos



Linda

### S.A.L.T. SKILL MEETING DRAWING WINNERS!



Donna



Emilio



Shane



Luis



Jennifer



Ron



Thomas



Thank you again to CANO for donating his artwork to the Drawing!



Nyah



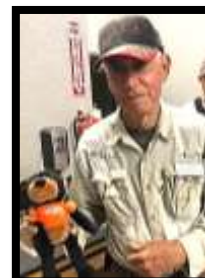
Aiden



Charlie



Marc



Al



Laura





# 32<sup>ND</sup> RABBITSTICK

## SEPTEMBER 15 - 21, 2019

in Rexburg, Idaho

**"Rabbitstick is the Mother Church of Primitive Technology"**

-Steve Watts, Past President of the Society of Primitive Technology

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - [rabbitstick.com](http://rabbitstick.com) - for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us!

[www.rabbitstick.com](http://www.rabbitstick.com)

[Register On-Line Today](#)  
[Share a Ride Bulletin Board](#)  
[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | [backtracks905@gmail.com](mailto:backtracks905@gmail.com) | [societyofprimitivetech@gmail.com](mailto:societyofprimitivetech@gmail.com)



Bulletin of Primitive Technology website at [primitive.org](http://primitive.org). Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF>



7448 S. J-B Ranch Rd.  
Roosevelt, AZ 85545

[www.reevismountain.org](http://www.reevismountain.org)



### Our Farm and Sanctuary

Reevis Mountain School began in 1980 as a community focused on self-sufficiency and the teaching of survival skills. Today it is a more quiet place: a sanctuary, organic farm, and off-grid homestead. Nature has endowed this remote canyon with paradise-like features: a year-round creek, two underground springs, and an altitude (3,300 feet) that takes much of the misery out of Arizona summers. Human effort has added an orchard of one hundred fruit and nut trees, a one-acre garden, a flock of some fifty chickens, a greenhouse, a community house, a beautiful native stone shower house, a solar power house, and shelters including a teepee, cabins, and yurpees (Bigfoot's design, a combination of teepee and yurt).

Our first-rate "Nature's Classroom" is enjoyed by a permanent staff of two and a varying number of interns and retreat seekers. It is cherished by those wishing to experience a place free from most modern-day pollutants (including cell phones!) and to reconnect with Earth, Self, and Spirit. Visitors rave about the wholesome, nourishing, and tasty meals, featuring fresh, organically home-grown ingredients prepared with love.

**What to bring:** Camping gear or, with yurpee reservation, a sleeping bag or bedding; water bottle; sun-protective hat; flashlight or headlamp; battery-powered lamp (optional); sunglasses; towel and toiletries. Also: openness, appreciation, and desire to learn. The temperature at RMS is usually about 12 degrees cooler than Phoenix, and nights can be cool in the spring and fall—bring warm clothing.

**What to leave at home:** Drugs, alcohol, firearms, smoking materials, electronic equipment, pets, junk food, and negative attitudes.

### Registration

Visit [www.reevismountain.org](http://www.reevismountain.org) to register online. Or mail your name, phone number, postal and email addresses, and a 50% deposit (check or money order) to RMS, 7448 S. J-B Ranch Rd., Roosevelt, AZ 85545. Indicate whether you will need our free shuttle service from Roosevelt and/or wish to stay in a yurpee or cabin instead of camping. Balance due prior to class. Deposits are nonrefundable unless RMS reschedules or cancels the class.

**Early Registration:** 10% discount if you register with full payment 30 days prior to class date.

### Important Information

**Classes held at RMS include:** meals (arrival night meals are a potluck party—bring a healthful, natural dish to share!), class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (shared, \$10/night/pers.) or cabin (single \$25/night or double \$50/night).

**Class fee includes shuttle service** from Roosevelt—or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class (note exception for Stone Masonry), at M&S Marine, Hwy. 188, Roosevelt (between mile posts 233 & 234). Further details will be provided after registration.

**For more information,** please contact us—see below.

Reevis Mountain School of Self-Reliance  
7448 S. J-B Ranch Rd., Roosevelt, AZ 85545  
(928) 257-1544 info@reevismountain.org  
[www.reevismountain.org](http://www.reevismountain.org)


Peter Bigfoot, you are in our prayers! We hope Reevis Ranch was safe from the wildfire!

WELCOME TO


# GOODY LUNDIN (CM)

Aboriginal Living Skills School, LLC

INTEGRITY IN OUTDOOR SURVIVAL  
BUSHCRAFT, PRIMITIVE LIVING SKILLS  
AND URBAN PREPAREDNESS  
SINCE 1991.



"So if you want to learn from the best, there's perhaps no place better than Lundin's Aboriginal Living Skills School..."  
—MSN




## S.A.L.T. STORE

T-SHIRTS & PATCHES will be available at all S.A.L.T. Skill Meetings



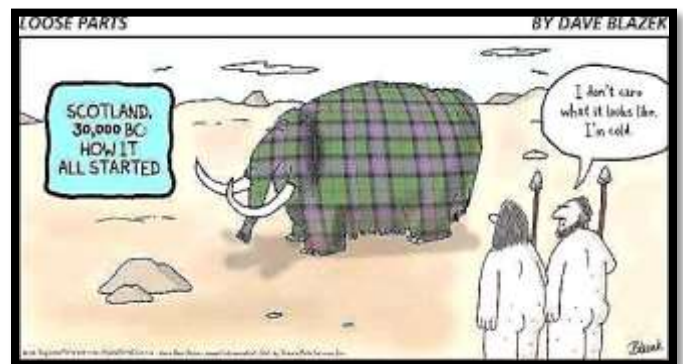
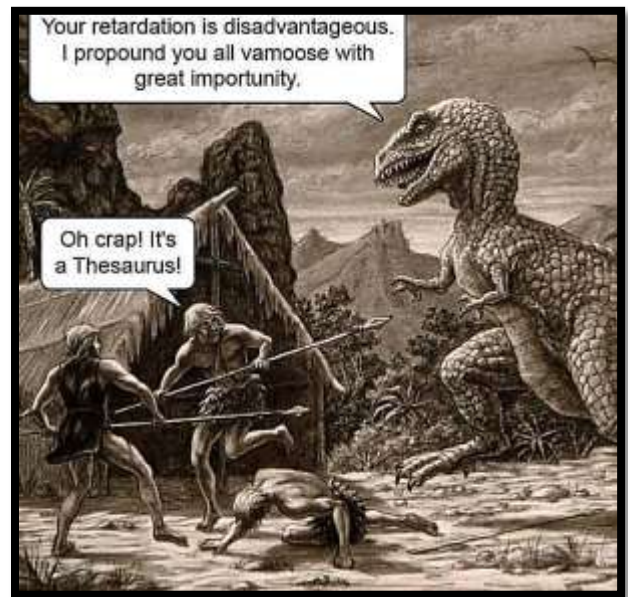
S.A.L.T. T-SHIRTS are available in all sizes at \$20.00 each (Special pricing for Members)



S.A.L.T. PATCHES \$5.00 each (Memberships receive one free)



Have a place to store and carry all of your S.A.L.T. Projects and Tools! \$15.00 each (Special price for members)  
Call Charlie for availability on Totes 602-524-6910



"Knowledge is not complete until it is passed on." Steve Watts



## ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to [saltskills@gmail.com](mailto:saltskills@gmail.com)



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS



**ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!**

Contact Charlie Tadano at 602-524-6910

**"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts**

## 2019 MEMBERSHIP DUES ARE DUE!

**SINGLE \$12.00 & FAMILY \$24.00**

*(New memberships are pro-rated throughout the year)*

*Please bring it to the next Skills Meeting or mail them to S.A.L.T. Treasurer,*

**TAMARA TADANO**

**12840 N. 45<sup>th</sup> Drive  
Glendale, AZ 85304**

Please make the check out to  
**Tamara Tadano**

## S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at **602-524-6910**

**NEW S.A.L.T. T-SHIRTS  
and S.A.L.T. PATCHES  
are now available!**

**There may be some Tote Bags, too.**

The S.A.L.T. "Sonoran Desert, Sorting out the Weak" T-SHIRT is available to anyone interested for \$15.00 each. They will be available at most S.A.L.T. Monthly Skill Meetings and Events until they are gone. (Only a few left!)

## S.A.L.T. CONTACT INFORMATION:

Website: [www.saltskills.com](http://www.saltskills.com)

e-mail address: [saltskills@gmail.com](mailto:saltskills@gmail.com)

For **MEMBERSHIP** information call Bob Sizemore at 520-705-9780 or 520-466-6104 or Charlie Tadano at 602-524-6910 or e-mail [saltskills@gmail.com](mailto:saltskills@gmail.com)

For **EVENT** information or if you would like to participate in an Event by doing skills demos, please call Albert Abril at 602-265-0177 or e-mail him at [aabril1@cox.net](mailto:aabril1@cox.net)

For **BEAD** information contact Esther Diamondstone at 602-918-5147 or e-mail her at [chucklinghog@yahoo.com](mailto:chucklinghog@yahoo.com)

For **S.A.L.T. e-Newsletter** or **Website info** contact Laura Robins, Editor at 623-533-0847 or e-mail [saltskills@gmail.com](mailto:saltskills@gmail.com)