



STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.

www.saltskills.com

saltskills@gmail.com

Charlie Tadano, President Tom Wax, Vice President Jennifer Ahumada, Secretary Tamara Tadano, Treasurer
Laura Robins, Newsletter Editor/Webmaster Albert Abril, Event Chairperson Esther Diamondstone, Bead Chairperson

Volume 10, Issue 5

S.A.L.T. e-NEWSLETTER

MAY 2019

S. A. L. T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, MAY 18th

10 am – 2 pm

ALL SKILLS – Show & Tell

All S.A.L.T. Members are invited to bring their examples of Skills completed or that are works in progress to display and talk about.

at the **PUEBLO GRANDE MUSEUM**

4619 E. Washington Street, Phoenix, AZ 85034

(Please bring a dish to share for the potluck Brunch!)

The Quarterly Board Meeting follows

UPCOMING 2019 MEETINGS & EVENTS:

Saturday, June 1st **WORLD ATLATL DAY** at PGM
Please come out and help from 8:30 am - Noon

Saturday, June 15th **SKILLS MEETING** at PGM
S.A.L.T. SKILL #23 TRACKING with Al Cornell

Saturday, July 20th **SKILLS MEETING** at PGM
S.A.L.T. SKILL #9 FINGER WEAVING with Albert Abril

3rd Annual S.A.L.T. CAMPOUT 7/25-28/19
at Woods Canyon Lake Spillway Group Campsite
call Charlie to reserve your spot! 602-524-6910

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
TO ALL MEETINGS AND EVENTS!**



A NEW HOME FOR S.A.L.T...

(It's actually where we held our first meeting in 2000!)



PUEBLO GRANDE MUSEUM

4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901

Pueblo Grande Museum is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

A fully accessible 2/3 mile trail takes you through a prehistoric Hohokam archaeological site with a platform mound, ball court, and replicated houses. Three galleries display artifacts and information on the Hohokam and village site and a hands-on children's gallery.

Purchase Native American gifts, art and jewelry at the Museum Store. Open 7 days a week Oct.-Apr.; Closed Sundays & Mondays May-Sep.



**"Unless there is CONTEXT,
it's all arts and crafts." Steve Watts**



**DON'T MISS THE MAY 2019
S.A.L.T. SKILLS MEETING!
Saturday, May 18th 10am-2pm**

ALL SKILLS - Show & Tell

All S.A.L.T. Members are invited to bring their examples of Skills completed or that are works in progress to display and talk about.

at PUEBLO GRANDE MUSEUM
4619 E. Washington St, Phoenix, AZ 85034
(602) 495-0901

(Don't forget a dish to share for the potluck brunch!)



**LEVEL I of SKILLS 1, 2 and 3
INSTRUCTION PROVIDED AT EVERY SKILL
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

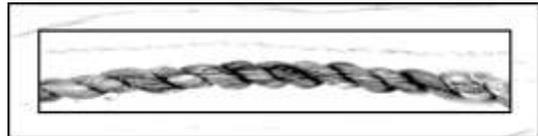
SKILL #1 CUTTING TOOL: Level I

Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I

Make a uniform 3 foot length of cordage.



SKILL #3 FRICTION FIRE: Level I

Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet and skills sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

APRIL 2019 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, April 20, 2019
Charlie & Tamara's House with 36 in attendance!



Board Members in attendance were: Charlie & Tamara, Albert Abril, Laura Robins, Esther Diamondstone and Jennifer Ahumada

Members in attendance: Ron & Donna Moses, Joe & Jacque Hodges, Lynn Marks, Luis Ahumada, Ariel Diamondstone-Cruz, Luke Webb, Peter Huegel, Olalla, Mary & Fiona Carlin, Aiden Duffy, Mark & Helen Stafford, Gary & Joyce Alves, Emiliano & Linda Jolle

Welcome NEW MEMBERS: Mark Espinero, Sylvia & Carlos Acuna, Steven Hill, Trenton Durfee, Neil & Linda Kremer and Brian & Cienna Calaway

Guests in attendance: Bee & Jeff Cassaro

SKILL #20 BOWS & ARROWS

Make an Arrow with a Stone Point
with Charlie Tadano & Albert Abril

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
20. Bows / Arrows	Take a Bow class and an Arrow class	Make a primitive Bow and Arrows on your own	Demonstrate how to use the Bow and Arrows proficiently



Charlie and Albert taught a great class on making a primitive arrows out of arrow weed and stone points. Several in attendance also made a discoidal blade, learned how to make cordage and even hand drill fires!



Charlie Tadano and Joe Hodges



Gary Alves, Peter Huegel, Ariel Diamondstone-Cruz & Albert Abril



Emil Jolle



Luis Ahumada, Ron & Donna Moses and Jennifer Ahumada working on their arrows



?



Joe Hodges, Tamara Tadano and Fiona Carlin



Laura brought several; agave leaves to share and Albert explained how to process them for cordage.



Lynn Marks and Esther's nephew, Luke Webb



Luis Ahumada taught Discoidal Blades and Linda Kremer made one!



Linda Jolle, Esther Diamondstone and Olalla Carlin



Linda Kremer working on cordage



Aiden Duffy, Albert Abril and Jennifer Ahumada



Steven Hall brought his hand drill



Delicious Potluck Brunch!

"Knowledge is not complete until it is passed on." Steve Watts



**May 27th - June 1st, 2019
Primitive Skills for Self-Sufficiency**

Between the Rivers Gathering is a week-long workshop for learning skills that originate in the stone-age all the way up to modern homesteading. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, primitive and homespun living, basic preparedness and skills of a practical and archeological nature. We offer **hands-on classes in primitive living and survival**, and we also focus on the skills of **self-sufficiency and sustainable living** to minimize our impact on this planet we all share. Come join our community and experience for yourself what a primitive skills gathering is all about!

Warning: *Attending Between the Rivers Gathering may change your life!*

Many times the old legends say it best:
"We do not go to the green woods and crystal waters to rough it, we go to smooth it. We get it rough enough at home; in towns and cities; in shops, offices, stores, banks—anywhere that we may be placed—with the necessity always present of being on time and up to our work; of providing for the dependent ones; of keeping up, catching up, or getting left. "Alas for the life-long battle, whose bravest slogan is bread." I am talking ... to those of the world's workers who go, or would like to go, every summer to the woods. And to these I would say, don't rough it; make it as smooth, as restful and pleasurable as you can." - Nessmuk

That is our hope and dream that we can help all who attend to be able to make meaningful life changes that increase their skills, intensify their connection with the Earth, and improve their relationships with others. It is all about deeper connections!

"Primitive skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." -Steve Watts

[Link to Classes](#)

Come and experience the entire week with us!

To register click [here](#).

Day registration click [here](#).

Other [Primitive Skills Gatherings](#)

[BtR T-Shirt](#)

Day rates available, too!

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

EARTH KNACK
Stone Age Skills
 for the
21st Century

Robin
 Blankenship
 719-256-4909
www.earthknack.com
 PO 508 Crestone, CO 81131

29th Anniversary
Primitive Skills Camp
Families Welcome
June 6 -11
(Thursday - Tuesday)

\$265 adults (\$68 daily)
 \$175 kids 8-15 (\$45 daily)
 \$95 kids 4-7 (\$25 daily)

www.earthknack.com
 to register and info

Hope you can join us this year!
 All the best! Love, Robin

The Earth Knack Gathering
 June 6-11, 2019 29th Anniversary
 To register:

<http://www.earthknack.com/registration/>

Robin Blankenship, Founder, Owner and Instructor of Earth Knack School

Author: *How To Play In The Woods* (Gibbs Smith, Publisher 2016)

Earth Knack: Stone Age Skills for the 21st Century (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256
 4909 earthknackschool@gmail.com

<http://www.earthknack.com/>

Earth Knack operates as an LLC



Saskatoon Circle
Primitive and Traditional Skills Gathering
June 17-23, 2019

Held in the Methow Valley of Washington...
Our 10th Year!
Tickets go on sale March 15 at www.SaskatoonCircle.com

Classes and Community to help build a Resilient Future!

Teaching positions, work trade, and Native Scholarships still available!

please write to Katie at saskatoongathering@gmail.com



Bulletin of Primitive Technology website at primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF>



Rabbitstick
Keeping Traditions Alive!



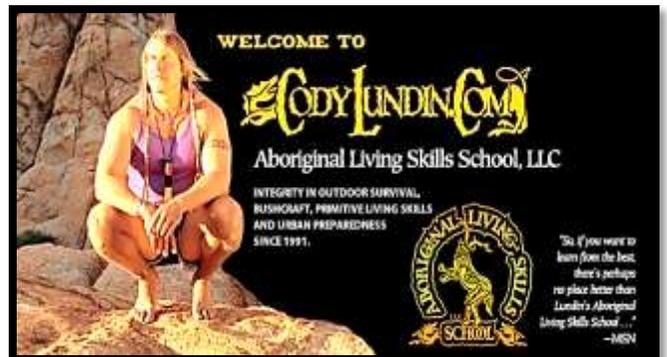
32ND RABBITSTICK
SEPTEMBER 15 - 21, 2019
in Rexburg, Idaho

"Rabbitstick is the Mother Church of Primitive Technology"
-Steve Watts, Past President of the Society of Primitive Technology

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - rabbitstick.com - for complete event and registration details. Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us!

www.rabbitstick.com
[Register On-Line Today](#)
[Share a Ride Bulletin Board](#)
[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | backtracks905@gmail.com | societyofprimitivetech@gmail.com



WELCOME TO
CODY LUNDIN
Aboriginal Living Skills School, LLC

INTEGRITY IN OUTDOOR SURVIVAL,
BUSHCRAFT, PRIMITIVE LIVING SKILLS
AND URBAN PREPAREDNESS
SINCE 1991.

"So if you want to learn from the best... there's no place better than Lundin's Aboriginal Living Skills School..."
-MSN



7448 S. J-B Ranch Rd.
Roosevelt, AZ 85545

www.reevismountain.org



Our Farm and Sanctuary

Reevis Mountain School began in 1980 as a community focused on self-sufficiency and the teaching of survival skills. Today it is a more quiet place: a sanctuary, organic farm, and off-grid homestead. Nature has endowed this remote canyon with paradise-like features: a year-round creek, two underground springs, and an altitude (3,300 feet) that takes much of the misery out of Arizona summers. Human effort has added an orchard of one hundred fruit and nut trees, a one-acre garden, a flock of some fifty chickens, a greenhouse, a community house, a beautiful native stone shower house, a solar power house, and shelters including a teepee, cabins, and yurpees (Bigfoot's design, a combination of teepee and yurt).

Our first-rate "Nature's Classroom" is enjoyed by a permanent staff of two and a varying number of interns and retreat seekers. It is cherished by those wishing to experience a place free from most modern-day pollutants (including cell phones!) and to reconnect with Earth, Self, and Spirit. Visitors rave about the wholesome, nourishing, and tasty meals, featuring fresh, organically home-grown ingredients prepared with love.

What to bring: Camping gear or, with yurpee reservation, a sleeping bag or bedding; water bottle; sun-protective hat; flashlight or headlamp; battery-powered lamp (optional); sunglasses; towel and toiletries. Also: openness, appreciation, and desire to learn. The temperature at RMS is usually about 12 degrees cooler than Phoenix, and nights can be cool in the spring and fall—bring warm clothing.

What to leave at home: Drugs, alcohol, firearms, smoking materials, electronic equipment, pets, junk food, and negative attitudes.

Registration

Visit www.reevismountain.org to register online. Or mail your name, phone number, postal and email addresses, and a 50% deposit (check or money order) to RMS, 7448 S. J-B Ranch Rd., Roosevelt, AZ 85545. Indicate whether you will need our free shuttle service from Roosevelt and/or wish to stay in a yurpee or cabin instead of camping. Balance due prior to class. *Deposits are nonrefundable unless RMS reschedules or cancels the class.*

Early Registration: 10% discount if you register with full payment 30 days prior to class date.

Important Information

Classes held at RMS include: meals (arrival night meals are a potluck party—bring a healthful, natural dish to share!), class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (shared, \$10/night/pers.) or cabin (single \$25/night or double \$50/night).

Class fee includes shuttle service from Roosevelt—or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class (note exception for Stone Masonry), at M&S Marine, Hwy. 188, Roosevelt (between mile posts 233 & 234). Further details will be provided after registration.

For more information, please contact us—see below.

Reevis Mountain School of Self-Reliance
7448 S. J-B Ranch Rd., Roosevelt, AZ 85545
(928) 257-1544 info@reevismountain.org
www.reevismountain.org

S.A.L.T. STORE

T-SHIRTS & PATCHES will be available at all
S.A.L.T. Skill Meetings



S.A.L.T. T-SHIRTS are available in all sizes at
\$20.00 each (Special pricing for Members)



S.A.L.T. PATCHES \$5.00 each
(Memberships receive one free)



Have a place to store and carry all of your S.A.L.T.
Projects and Tools! \$15.00 each
(Special price for members)
Call Charlie for availability on Totes
602-524-6910



ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS



ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910



An arrow can only be shot by pulling it backward. When life is dragging you back with difficulties, it means it's going to launch you into something great. So just focus, and keep aiming.

"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts

2019 MEMBERSHIP DUES ARE DUE!

SINGLE \$12.00 & FAMILY \$24.00

(New memberships are pro-rated throughout the year)

Please bring it to the next Skills Meeting or mail them to S.A.L.T. Treasurer,

TAMARA TADANO

**12840 N. 45th Drive
Glendale, AZ 85304**

Please make the check out to
Tamara Tadano

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at **602-524-6910**

**NEW S.A.L.T. T-SHIRTS
and S.A.L.T. PATCHES
are now available!**

There may be some Tote Bags, too.

The S.A.L.T. "Sonoran Desert, Sorting out the Weak" T-SHIRT is available to anyone interested for \$15.00 each. They will be available at most S.A.L.T. Monthly Skill Meetings and Events until they are gone. (Only a few left!)

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Bob Sizemore at 520-705-9780 or 520-466-6104 or Charlie Tadano at 602-524-6910 or e-mail saltskills@gmail.com

For EVENT information or if you would like to participate in an Event by doing skills demos, please call Albert Abril at 602-265-0177 or e-mail him at abril1@cox.net

For BEAD information contact Esther Diamondstone at 602-918-5147 or e-mail her at chucklinghog@yahoo.com

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com

(All past editions of the S.A.L.T. e-Newsletters from September 2010 thru February 2012 and Sept/Oct 2013 thru May 2019 are available by e-mail at your request.)