

STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



www.saltskills.com

saltskills@gmail.com

Charlie Tadano, President

Tom Wax, Vice President

Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer

Laura Robins, Newsletter Editor / Webmaster

Donna Moses, Events / Bead Chairperson

Volume 15, Issue 5

S.A.L.T. e-NEWSLETTER

MAY 2024

S.A.L.T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, MAY 18th

10 am – 2 pm

at S'EDAV VA'AKI MUSEUM

S.A.L.T. FLINT KNAPPERS / DRUMMING CIRCLE 9am

S.A.L.T. SKILL #24 DECORATION

Make Argillite Jewelry with Charlie & Tamara

S.A.L.T. QUARTERLY BOARD MEETING FOLLOWS SKILLS CLASS

UPCOMING MEETINGS & EVENTS

WORLD ATLATL DAY Saturday, June 1st
9 am - Noon at S'EDAV VA'AKI MUSEUM

Saturday, June 15th SKILLS MEETING at SVM
S.A.L.T. SKILL #12 CONTAINERS – Rawhide Containers with Justin Sowden

NO Saturday, July 20th SKILLS MEETING at SVM
THE MUSEUM & PARKING LOT WILL BE UNDER CONSTRUCTION

Saturday, August 17th SKILLS MEETING at SVM
S.A.L.T. SKILL # TBD

S.A.L.T. QUARTERLY BOARD MEETING FOLLOWS SKILLS CLASS

REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
TO ALL MEETINGS AND EVENTS!

All Members make sure Tamara has your name on the membership list for free entry into SVM!

“TAKING THE PAST AND GIVING IT A FUTURE”



at S'EDAV VA'AKI MUSEUM

in English it is “Central Platform Mound.”
Pronounced: SUE DOVE VE AWKEY

S'EDAV VA'AKI Museum (formerly Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.



4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901

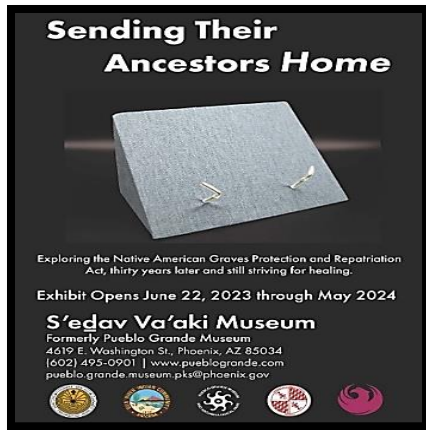
WORLD ATLATL DAY at SVM

Come join us on Saturday, June 1st
9 am until Noon



(Come at 8:00 am if you can help out and remember to wear your orange S.A.L.T. Range Shirts)

“Unless there is CONTEXT,
it's all arts and crafts.” Steve Watts

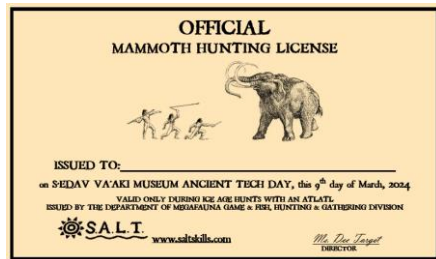


Attention all SALT Members and prospective members!

WORLD ATLATL DAY at S'EDAV VA'AKI MUSEUM!

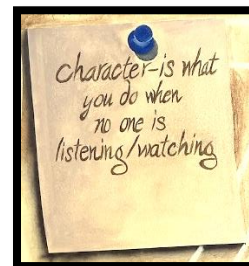
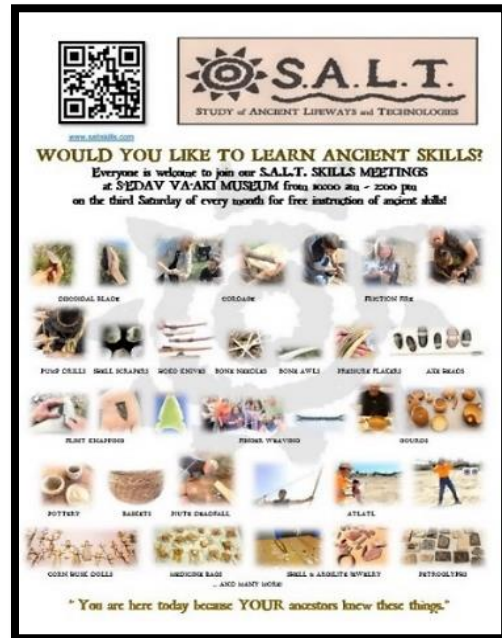
Saturday, June 1, 2024, 9am - Noon
Set up is at 8 am

S.A.L.T. will be participating in S'EDAV VA'AKI Museum's Ancient Technology Day as we have been doing for many years. Please make every attempt you can to help us with the Atlatl Range and Skills Demos.



We need many hands to man the Atlatl Range as it is always a very popular activity. Mark the day on your calendar and make plans to be there. Call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 to sign up to help. Thank you!

LOOK FOR OUR S.A.L.T. POSTER IN THE MUSEUM LOBBY!





**DON'T MISS THE MAY 2024
S.A.L.T. SKILLS MEETING
Saturday, May 18th
10 am - 2 pm**

(Remember to bring something for the Potluck Brunch!)

S.A.L.T. FLINT KNAPPERS and the S.A.L.T. DRUMMING CIRCLE will meet at 9 am

**S.A.L.T. SKILL #24 DECORATION
ARGILLITE+ JEWELRY
with Charlie & Tamara Tadano**

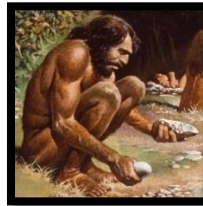
SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
24. Decoration -Pigments, etc.	Make a personal S.A.L.T. Bead or Pendant	Research 6 different kinds of decoration such as pigments, etc.	Display 3 different items that were decorated by you



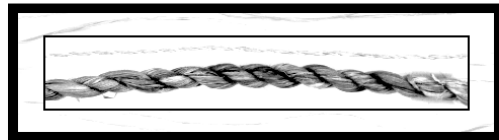
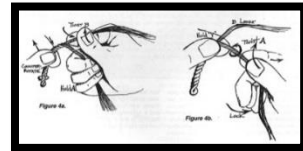
**LEVEL I of SKILLS 1, 2 and 3
INSTRUCTION PROVIDED AT EVERY SKILL
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

SKILL #1 CUTTING TOOL: Level I
Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I
Make a uniform 3-foot length of cordage.



SKILL #3 FRICTION FIRE: Level I
Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed, and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

APRIL 2024 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, April 20, 2024

Board Members in attendance: Charlie & Tamara Tadano, Laura Robins, Ron & Donna Moses Jennifer Ahumada, and Peter Huegel

Members in attendance: Susan Jeffay, Carlos Acuna, Luis & Noah Ahumada, Jax, Don Raker, Sue Roxburgh, Carol Schroeter, Dalen & Mari Townsend, Linda Jolle, Reena Zapata, Billy Nickel, Rocky Hettinger, JoMarie & Caleb Olander, John Lavra, Katie Shields, Jadis Jones, Christina Tatalovich, and Tom Adkins

Guests: Michele Benavides, Jude Petrov, Heather McLean, Marjorie & Stu Mathison

S.A.L.T. FLINT KNAPPERS & DRUMMERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points



Luis led the flintknapping circle.



SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
25. Musical Instruments / Games	Take a class and make an instrument or game	Make and learn how to play 1 instrument and 1 game on your own	Demonstrate and display 3 instruments and 3 games



Before the class, Peter talked about the Artifact donation he brought in and how we will be using it.

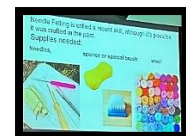
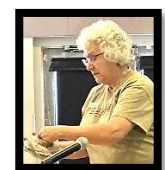
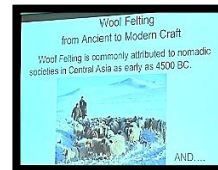


S.A.L.T. SKILL #10 FELTING / FIBERS with Susan Jeffay

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
10. Felting / Fibers	Take a class and make a hat or use a drop spindle to make yam	Take a class and make mittens or a vest	Make a hat, mittens, or a vest on your own



Susan taught an awesome Needle Felting Class!



Archaeological finds dating back to 6500-3000 in Turkey and Russia suggest that early humans had developed skills in processing wool into usable items, i.e. "felt making" or "wet felting" This presentation discussed this process, and the participants tried a newer, decorative wool technique, called "needle felting." Equipment was provided and small kits were available for purchase.





Great job everyone!



Charlie worked on a new decorative rock from Tapatio Cliffs to include in our next Skills Class with the Argillite.



FABULOUS POTLUCK BRUNCH AS USUAL!



Laura brought a Great Pyrenees fur felted hat she made with Vicki Hillstrom many years ago and needle felted the S.A.L.T. Sun on it!

S.A.L.T. MEMBERS OUT AND ABOUT

AZ ARCHAEOLOGY EXPO
SAN TAN CHAPTER 4/6/24



Laura - Ancient Dice Games for prizes! Ron - Agave Processing



Noah, Luis & Jennifer



Luis Flintknapping



Ron & Donna – Corn Cob Darts



Jax, Tamara & Charlie - Atlatl



Charlie teaching Atlatl



Drumming!



Tamara – Mammoth Hunting Licenses



Peter – Clay Effigies



Dalen & Mari – Bow Drill Fire Making



Dalen teaching Bow Drill



Brick Making



Weaving



WIRE WRAPPING CLASSES with Bob Sizemore

As many of you know, I have been crafting wire wrapped jewelry. Now I know that it is not exactly ancient, but it's not new either. The Egyptians were making wire jewelry and decorations as early as the second dynasty (2890- 2686 BCE) And by the medieval period in England tools of wire were in use. Such as wool cards, chain and chain mail etc. One of our goals as salt is to learn how to use our hands again and wire wrapping fits that goal. After numerous requests to teach wire wrapping with the help of SALT member Lanly Le I have been holding classes at the Giving Tree Cafe. I highly recommend the cafe. It has a unique menu and the food is great. If anyone is interested in wire wrapping 101 contact me at 520-705-9780 to be on the waiting list.



GIVING TREE CAFE

**ORGANIC, PLANT-BASED, GLUTEN-FREE,
SOY-FREE, DAIRY-FREE, NO SEED OILS,
NO REFINED SUGARS**



**VIET ESPRESSO
CON PANNA**

ORGANIC ESPRESSO, COCONUT WHIP, COCONUT
CONDENSED MILK, ORGANIC CANE SUGAR, ORGANIC
CINNAMON. HOT OR ICED



GRIZZLY BEAR BREAKFAST

YOUR MONSTROUS HUNGER WILL BE SATISFIED WITH
BUCKWHEAT PANCAKES COVERED IN FRESH FRUIT WITH
BREAKFAST POTATOES, BREAKFAST SAUSAGE, AND
AVOCADO.



VIEW OUR FULL MENU AT
GIVINGTREECAFE.COM

VISIT OUR ORGANIC
PLANT-BASED OASIS AT
2024 N. 7TH ST, PHOENIX AZ
INSTAGRAM
[@GIVINGTREECAFEAZ](https://www.instagram.com/GIVINGTREECAFEAZ)

S.A.L.T. MEMBERS PROJECT / INFO GALLERY Sun City Rockhound Donation to S.A.L.T. INFO from Peter Huegel

Earthquake Page 21

**SUN CITY ROCKHOUND MINERAL MUSEUM
SUNDIAL RECREATION CENTER
14801 N. 103RD AVE.
SUN CITY, AZ 85351
srockmuseum@gmail.com
623-428-6442**

**Sun City Rockhound Club Support
of Local Organization**
By: Carol Bankert-George, Sun City
Rockhound Club & Museum Vice President

As part of our mission statement, to provide educational opportunities through our club and museum, a recent donation was made to a local organization. The board unanimously voted to donate from the Sun City Mineral Museum unidentified stones (possibly tools), pottery and possible arrowheads that had been donated over the years to the club.

Peter Huegel a frequent guest speaker at Rockhound monthly meetings is a board member of Study of Ancient Lifeways and Technologies organization. The group is known as SALT for short. He has been interacting with the Sun City Rockhounds through guest presentations in recent years on local petroglyphs, (including tours of the Deer Valley Petroglyph Preserve), native plants and native animals. The SALT group's primary focus is to understand, practice and share life skills and arts of the ancient world. They accomplish these goals through educational public events and skills meetings.

The Rockhound club and museum have forged a kinship through Peter, with the SALT organization. Over the last few months Rockhound board members have attended SALT meetings to ensure the proposed donation would go to an organization that aligns with our educational mission. They will also be able to correctly identify and use these items in education programs and have a committee already in place to do so. The



C. Sandoval photo

**WINTER HOURS
OCTOBER - APRIL
10 AM TO 1 PM
CLOSED THURS., & SUNDAY
SUMMER HOURS
MAY-SEPTEMBER 10AM-1PM
SATURDAYS ONLY**

SALT group will soon be celebrating 25 years. Monthly they meet at the S'edav Va'aki Museum (formally known as the Pueblo Grande Museum) in downtown Phoenix, on the 3rd Saturday of the Month. We highly recommend attending one of their informative and interactive monthly meeting.

SCR, Board Members Carol Bankert-George, Debra Carone and club member Sue Treadwell presented the donated items on Saturday February 17th, at SALT's monthly board meeting. For more information on the SALT organization check them out at www.saltskills.com



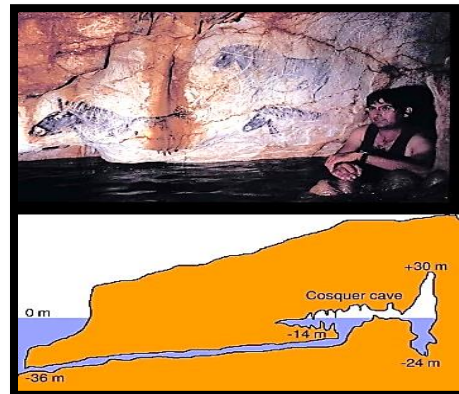
SALT Board Members Charlie and Tamera Tadano, Bob and Carol Sizemore, Jennifer Ahumada, Laura Robins, Gary Alves and Peter Huegel



Deb Carone, Carol Bankert-George, Susan Treadwell pictured with SALT Board Member Peter Huegel

Find us on: Facebook: Sun City Rockhounds

ANCIENT CAVE Info from Tom Wax



The Cosquer cave is a Palaeolithic decorated cave, located in France, that contains numerous cave drawings dating back as far as 27,000 years BP. The cave has more than 200 parietal figures and is also the only decorated cave whose entrance opens under the sea.

"Knowledge is not complete
until it is passed on."
Steve Watts

Volunteers Needed for City of Phoenix Park Steward Program



The City of Phoenix Park Steward Program is looking for volunteers to help maintain, clean, and preserve our trails. Help make a difference in your community!

Visit volunteer.phoenix.gov to apply or reach out to 602-495-5458 for more information on how to get involved!



《 》 BETWEEN THE RIVERS GATHERING 《 》

May 27th – June 1st, 2024

4/20/24

REGISTRATION IS CLOSED!



Email Mullein [HERE](#) with any further questions

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer hands-on classes in ancestral living and survival, and we also focus on the skills of self-sufficiency and sustainable living to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

Ancestral Skills for Self-Sufficiency

Sponsored by Bridges to the Past 501(3)

Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other [Skills Gatherings](#)

[BtR T-Shirt](#)

Burning questions that can't wait? Contact

us: patrickf@bridgestothepast.org

BetweentheRiversgathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell . @kandis created (Instagram)



36TH RABBITSTICK

in Rexburg, Idaho

SEPTEMBER 15 – 21, 2024

Registration opens in February 2024

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - rabbitstick.com – for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. **Join us next year!**

www.rabbitstick.com

[Register On-Line Today](#)

[Share a Ride Bulletin Board](#)

[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | backtracks905@gmail.com
societyofprimitivetechnology@gmail.com



Bulletin of Primitive Technology website at - primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?ref=Nf>

PRESCOTT PRIMITIVE LIVING SKILLS

Prescott, Arizona

Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com Watch for new listings of classes that are offered, and there will be more to come!

-Kiowa Sage



WINTER COUNT

MARK YOUR CALENDARS FOR

FEBRUARY 16-22, 2025

REGISTRATION OPENS NOVEMBER 1, 2024

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

Winter Count is a drug, alcohol, and firearm free event.

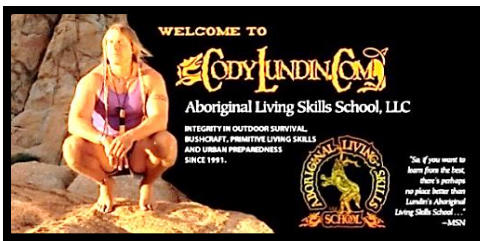
Winter Count 505-570-9484

369 Montezuma Avenue, #326, Santa Fe, NM 87501

WinterCountCamp@gmail.com

www.WinterCountCamp.com

THE MORE YOU KNOW, THE LESS YOU NEED



www.codylundin.com abodude@codylundin.com

Earth Knack Courses, Classes, and Programs

Independent Living Skills ... More Important Now Than Ever
Hands-On, In-Person Instruction ... More Important Now Than Ever
Lighthearted Positive Teachings ... More Important Now Than Ever
Top Quality Instruction ... Our Specialty Since 1990!



Robin Blankenship, Founder, Owner and Instructor of Earth Knack School

Author: [How To Play In The Woods](#) (Gibbs Smith, Publisher 2016)

[Earth Knack: Stone Age Skills for the 21st Century](#) (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256 4909 earthknackschool@gmail.com

<http://www.earthknack.com/>



Dear RMS family & friends,
~ Live What You Love ~

All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our [website](#) to enroll and to get more information

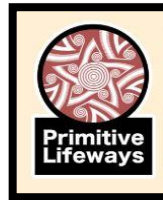
Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online!

www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns



Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate the public on archaeological preservation and the sharing of free information.

[Click Here](#) to visit our store.

Jeff Martin

Jeff@primitivelifeways.com



NEED YOUR HELP!

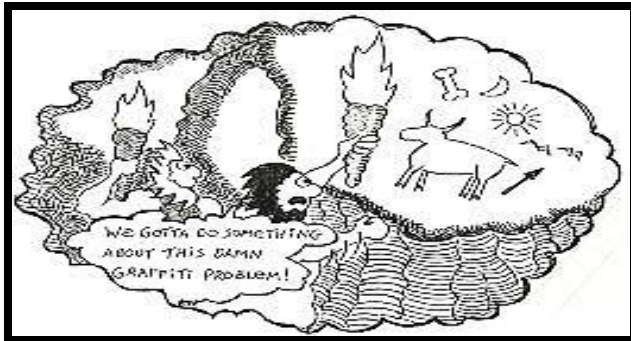
Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans. Please call Tamara if you can

help at 602-920-8228. The website is:

www.americanveteransranch.org



Primitive theme parks



ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

2024 MEMBERSHIP DUES ARE DUE !

SINGLE \$20.00 or FAMILY \$40.00

Please pay at a Skills Meeting or mail them to S.A.L.T. Treasurer,

TAMARA TADANO

12840 N. 45th Drive, Glendale, AZ 85304

Please make the check out to Tamara Tadano

Or Zelle Tamara at 602-920-8228

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES



and S.A.L.T. PATCHES are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00
(Memberships receive one free)

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com