

S.A.L.T. MISSION STATEMENT
S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.

www.saltskills.com

saltskills@gmail.com

Charlie Tadano, President Tom Wax, Vice President
Laura Robins, Newsletter Editor/Webmaster

Jennifer Ahumada, Secretary Tamara Tadano, Treasurer
Donna Moses, Events / Bead Chairperson

Volume 13, Issue 10 S.A.L.T. e-NEWSLETTER OCTOBER 2022

S. A. L. T. CALENDAR
NEXT S.A.L.T. SKILLS MEETING / EVENT
SATURDAY, OCTOBER 15th
9:30 am – 12:30 pm (9 am set up)
S.A.L.T. SKILLS DISPLAYS & DEMOS
for INTERNATIONAL ARCHAEOLOGY DAY
(Please bring a dish to share for the potluck Brunch!)
at PUEBLO GRANDE MUSEUM
UPCOMING 2022 MEETINGS & EVENTS:
Saturday, November 19th SKILLS MEETING at PGM
S.A.L.T. SKILL # 3 FRICTION FIRE with Tom Wax
QUARTERLY S.A.L.T. BOARD MEETING FOLLOWS
Saturday, November 26th S.A.L.T. FIELDTRIP
BOYCE THOMPSON ARBORETUM with Sylvia Lee 10 am - noon
Saturday, December 17th SKILLS MEETING at PGM
S.A.L.T. SKILL #12 GOURDS – Make a gourd bowl with Ron & Donna
ANNUAL S.A.L.T. HOLIDAY PARTY FOLLOWS THE SKILLS MEETING
AT CHARLIE & TAMARA’S HOUSE at 3 pm.

REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
TO ALL MEETINGS AND EVENTS!

All Members make sure Tamara has your name
on the membership list for free entry into PMG!



JOIN US FOR INTERNATIONAL
ARCHAEOLOGY DAY AT
PUEBLO GRANDE MUSEUM
SATURDAY, OCTOBER 15, 2022 !



S.A.L.T. will be doing Skills Displays and Demos on the back patio from 9:30 am to 12:30 pm.

- 8 am – 11 am Mudslinging on the Platform Mound
- 9 am – 11 am Yoga in the Saguaro Circle
- 12:30 – 1:30 pm AIA Lecture in the Community Room – Dr. Palka will talk about ecological aquaculture and integrated subsistence of Mexico and Central America



Pueblo Grande Museum is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

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4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901

**“Unless there is CONTEXT,
it’s all arts and crafts.” Steve Watts**

HOPE YOU GOT TO SEE ALONE FROZEN on the HISTORY CHANNEL!



You may recognize Rabbitstick and Winter Count Instructors Callie Russel and Woniya Thibeault at it again!



Callie



Woniya

In *Alone: Frozen* six of *Alone's* strongest participants from past seasons return to put their survival skills to the test for a second time. Dropped off on the frigid North Atlantic Coast of Labrador, Canada just as winter is setting in, and battling howling winds, constant rain, and North America's most fierce cold-weather predators, survivalists will set out to last fifty days in a location with the densest population of Polar Bears in Canada and face extreme conditions worse than any previous season of *Alone*. With just a few supplies and their previous experiences to learn from, the survivalists who go the distance will win their share of the \$500,000 cash prize.

Returning survivalists of *Alone: Frozen* include fan favorites **Greg Ovens** (season three), **Woniya Thibeault** (season six), **Callie Russell** (season seven), **Mark D'Ambrosio** (season seven), **Amos Rodriguez** (season seven) and **Michelle Finn** (season eight).

(Spoiler!) WONIYA WON IT ALL on ALONE FROZEN! Congrats!



Incredible week teaching and learning at Rabbitstick Rendezvous primitive skills conference last week. I taught buckskin clothing, survival snaring, springbar tent set up and chimney oven biscuit

baking, homemade gear for cold weather survival and more, and still had time to take some classes myself. The best part was getting to spend time around so many I spy and gifted people, and meet some of the Patreon members I had only known online before! Thanks everyone for such a special week! More to come!
[#skillsconference](#) [#skillsgathering](#) [#rabbitstick](#)
[#teachingandlearning](#) [#primitiveskills](#) [#primitivetechology](#)
[#ancestralskills](#)



Woniya at Rabbitstick 2022





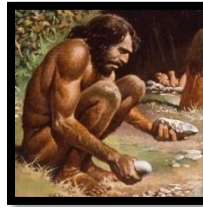
**LEVEL I of SKILLS 1, 2 and 3
INSTRUCTION PROVIDED AT EVERY SKILL
MEETING DEPENDING ON THE WEATHER...**

| SKILL | Apprentice Level I | Apprentice Level II | Apprentice Level III |
|------------------|---|---|---|
| 1. Cutting Tool | Make a flake and Discoidal Blade | Make flakes from three different rocks and refine the tools | Demonstrate a use or project with the tool |
| 2. Cordage | Make a uniform 3 foot length of cordage | Process three different fibers and make cordage | Demonstrate a use or project with the cordage |
| 3. Friction Fire | Demonstrate one method of primitive fire starting | Forage for materials, construct hand drill or bow drill and make fire | Make a complete Fire Kit to use and display |

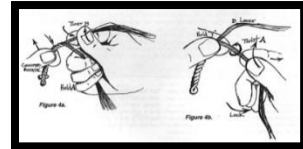
**DON'T MISS THE OCTOBER 2022
S.A.L.T. SKILLS MEETING!**
Saturday, October 15th 9:30 am - 12:30 pm



SKILL #1 CUTTING TOOL: Level I
Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I
Make a uniform 3 foot length of cordage.



SKILL #3 FRICTION FIRE: Level I
Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

**S.A.L.T. SKILLS DISPLAYS & DEMOS
for INTERNATIONAL
ARCHAEOLOGY DAY at PGM**

All S.A.L.T. Members are invited to bring their examples of Skills completed or that are works in progress to display and talk about. Please come around 9 am to set up.

(Don't forget a dish to share for the potluck brunch!)



(FORGOT TO INCLUDE THIS ATTENDANCE LAST MONTH!)

Saturday, August 20, 2022

Board Members in attendance: Charlie & Tamara Tadano, Bob & Carol Sizemore, Tom Wax, Jennifer Ahumada and Laura Robins

Members in attendance: Peter & Barb Huegel, Aurora Oberloh, Sylvia Lee, Susan Jeffay, Bill Warner and Luis & Noah Ahumada

Guests: Christina Tatalovich, Chris Reed, Jane White, Johnny Kanehl, Mary Kate & Lewis Lofredo, Daniel, Daniel, Melanie & Elyse Lopez, Pete & Phyllis Huegel and Jesse Showalter



As everyone worked, Laura was asked to talk about the process of Brain Tanning Buckskin...



Bob & Carol hard at work...



Zak and Peter

SEPTEMBER 2022 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, September 17, 2022

Board Members in attendance: Charlie & Tamara Tadano, Bob & Carol Sizemore, Jennifer Ahumada, Tom Wax and Laura Robins

Members in attendance: Peter Huegel, Aurora Oberloh, Carlos Acuna, Arturo Ramirez, Rocky Hettinger, Marilyn Nolan, Noah Ahumada, Bill Warner, and Zakary Marquez

Welcome New Members: Anne Worthington, Peter Pilles, Katie Shields, Chris Reed, Autumn McCullough and Sheridan Yazzie

**SKILL #11 CLOTHING
Medicine Bags with Laura Robins**

| SKILL | Apprentice Level I | Apprentice Level II | Apprentice Level III |
|------------------------|--|---|--------------------------------------|
| 11. Clothing / Sandals | Make a piece of clothing out of buckskin | Make a pair of sandals out of natural materials (yucca) | Make a full set of clothes and shoes |

**HOW TO MAKE A SMALL MEDICINE BAG
by Laura Robins**



This small, laced Medicine Bag is quick and easy to assemble. Use your imagination and decorate it any way you like or just leave it plain. Each bag is a personal, unique piece of art.

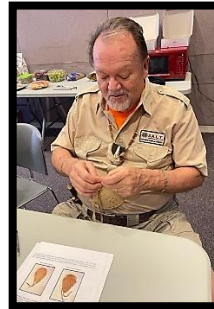
Laura provided everyone with a 10-page instruction booklet that included making a small medicine bundle with tobacco, sage, cedar, and sweet grass to put inside their Medicine Bag.



Laura brought her buckskin dress and a couple of amazing, quilled bags made by Jean Heinbuch, her Women of the Fur Trade (Morning Star) Sister, and a quilled knife sheath by Shawn Webster.



Tamara wearing the new S.A.L.T. V-neck T-Shirt!
There are long-sleeved shirts and hoodies, too!



Peter



Zak



Diane and Arturo



Some of the Medicine Bags in progress... with and without fringe.



Aurora and Carol



Always a delicious Potluck Brunch!

S.A.L.T. MEMBERS OUT AND ABOUT

2022 RABBITSTICK REPORT

from Rexburg, Idaho
by Susan Jeffay



Susan



Dana and Susan

The 34th year of Rabbitstick, oldest of all the modern primitive skills events, once again created a camp that gave the look and feel of the original concept to teach and pass on primitive technology skills that have been passed down through time; bows and arrows, atlatls, flintknapping, traps and snares, brain tanning, medicinal plants, basketry, friction fire, cordage and felting, to name but a few.



Dave Wescott at the Opening Ceremony

Over 150 well versed instructors, passionate about their teaching, always delve in depth to explain the historical context and their experience of their "craft". There continues to be a strong desire to see participants experience the process of the projects and the respect for how our ancestors may have struggled to obtain materials and the time spent to create items which their survival relied upon.



Rabbitstick 34 Instructors



Children's Camp



Susan and Chase



Janet and Robin



David Holladay's Drumming Class



David Holladay and Dave Wescott's ABO 101 Class



Woniya Thibeault at Rabbitstick

Trade Blanket, Barter fair, Mask Night, Children's Camp, Archery Competition and Raffles are the "extras" of the event and of course, the camaraderie of reuniting with old friends from far and near and tales told at the communal dinner and firesides.



Rope Bridge



Cody Lundin



Trade Blanket



Bill Oliphant's Wooden Spoon Class



Mask Night



S.A.L.T. MEMBERS PROJECT GALLERY

KNIFE SHEATHS by Peter Huegel



Time to get out the "Artsy Fartsy" box and again turn the dining room table into my craft area. I have a couple knives that are in desperate need of new sheaths. Right now, I have no real idea of what a scrap of leather that I purchased at the auction a few months ago and a bunch of junk from my Artsy Fartsy box will turn into. Wish me luck.



First Knife Sheath

The second knife sheath is done. Since the knife was smaller, I went a different way on this one. Rather than wearing it on your belt you wear this one around your neck like a necklace. It's called a "neck knife". Three kinds of leather, a piece of turquoise for an accent, braided leather neck strap, a deer antler slide to adjust the length for the wearer, and a little fringe.



Second Neck Knife Sheath

A SPECIAL BOW DRILL by Tom Wax



While I missed teaching and being at Rabbitstick this year, I still did primitive skills with my S.A.L.T. organization and made this beautiful Bow-Drill set for my wife Diane.. She loves the color of red.



FALL CAMP October 6 – 9, 2022
Registration is closed...

We are excited to announce that we will be camping this Fall at the Bridges to the Past Campus in Valley, Washington, about 45 miles north of Spokane. Fall Camp will feature instruction in subjects that are appropriate for the season, and for the coming winter that will include food preservation and ethical harvesting, hide collection, tanning and storage, fire making methods and use, basic outdoor cooking, whole animal processing, working with bones, lithics, fibers, metal, wood and feathers, ancestral tools and weaponry, shelters, and more.

Tickets for students will go on sale August 1st! Keep an eye on the website for details and updates.

Instructors: it's not too early to confirm with me that you are planning to attend and teach. See you when the weather cools!



Ancestral Skills for Self-Sufficiency
Sponsored by Bridges to the Past 501(c)(3)
Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other [Skills Gatherings](#)
[BtR T-Shirt](#)

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

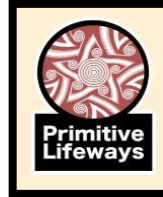
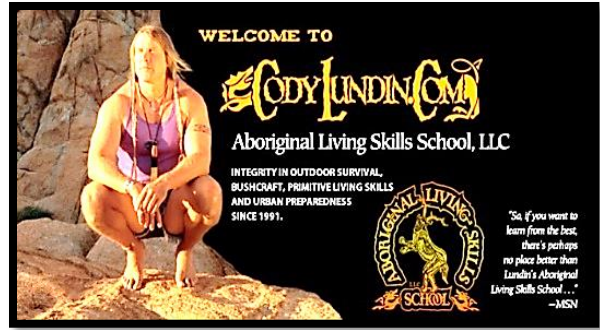
Betweentheriversgathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com
 509-994-0585 cell . [@kandis created](#) (Instagram)



Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us

educate the public on archaeological preservation and the sharing of free information.

[Click Here](#) to visit our store.
 Jeff Martin

Jeff@primitivelifeways.com

NEED YOUR HELP!

Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans. Please call Tamara if you can help at 602-920-8228.

The website is: www.americanveteransranch.org



Jax and the Veterans

All Primitive Skills Conferences are filling up fast!

Registration for Winter Count starts at the beginning of November... watch for updates!



WINTER COUNT

MARK YOUR CALENDARS FOR
FEB. 19-25, 2023

Winter Count 505-570-9484 | WinterCountCamp@gmail.com
www.WinterCountCamp.com



7448 S. J-B Ranch Rd.
Roosevelt, AZ 85545

www.reevismountain.org

Dear RMS family & friends,
~ Live What You Love ~



All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our [website](#) to enroll and to get more information

Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online!

www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns

PRESCOTT PRIMITIVE LIVING SKILLS Prescott, Arizona

Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com

Watch for new listings of classes that are offered, and there will be more to come!

-Kiowa Sage



35TH RABBITSTICK

in Rexburg, Idaho

SEPTEMBER 10 - 16, 2023

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website - rabbitstick.com - for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us!

www.rabbitstick.com

[Register On-Line Today](#)
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Rabbitstick | (208) 359-2400 | backtracks905@gmail.com | societyofprimitivetech@gmail.com



Bulletin of Primitive Technology website at primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF>

~Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings.~ Steve Watts

ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES WHEN WE GET BACK TO PGM!

Contact Charlie Tadano at 602-524-6910

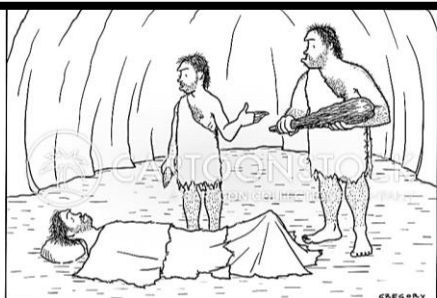
"Knowledge is not complete until it is passed on."
Steve Watts

PREHISTORIC HALLOWEEN

I know last year we gave out boulders, but this year it's FUN SIZE rocks!



Blazek



"I'll be performing the operation, and this is the anesthetologist."

2022 MEMBERSHIP DUES

ARE DUE !

SINGLE \$12.00 & FAMILY \$24.00

(New memberships are pro-rated throughout the year)

Please mail them to S.A.L.T. Treasurer,

TAMARA TADANO

12840 N. 45th Drive
Glendale, AZ 85304

Please make the check out to
Tamara Tadano

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES



and S.A.L.T. PATCHES are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00 each (Memberships receive one free)

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com