

S.A.L.T. MISSION STATEMENT
 S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



www.saltskills.com

saltskills@gmail.com

Charlie Tadano, President

Tom Wax, Vice President

Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer

Laura Robins, Newsletter Editor / Webmaster

Donna Moses, Events / Bead Chairperson

Volume 14, Issue 10 S.A.L.T. e-NEWSLETTER OCTOBER 2023

S.A.L.T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, OCTOBER 21st

S.A.L.T. FLINT KNAPPERS & DRUMMING

CIRCLE Meet at 9 am

10 am – 3 pm

S.A.L.T. DISPLAYS & DEMOS

INTERNATIONAL ARCHAEOLOGY DAY!

at S'EDAV VA'AKI MUSEUM

(Please bring a dish to share for the potluck Brunch!)

UPCOMING 2023 MEETINGS & EVENTS

Saturday, November 18th SKILLS MEETING at SVM
 S.A.L.T. SKILL # 24 – DECORATION – make a Winter Count Skin/Lecture
 with Peter Huegel

S.A.L.T. QUARTERLY BOARD MEETING FOLLOWS

Saturday, December 16th SKILLS MEETING at SVM

S.A.L.T. SKILL # 24 – Make a Wooden Ornament with Gary Alves

December 17th – 20th S.A.L.T. WINTER CAMPOUT
 on the old Winter Count Abril property in Maricopa, details to follow..

**REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS
 TO ALL MEETINGS AND EVENTS!**

*All Members make sure Tamara has your name
 on the membership list for free entry into SVM!*



S'EDAV VA'AKI MUSEUM

in English it is "Central Platform Mound."



S'EDAV VA'AKI Museum (Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

**"Unless there is CONTEXT,
 it's all arts and crafts." Steve Watts**

4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901

REWILDING WELLNESS FALL FEST
OCTOBER 14, 2023 9 am – 6 pm
 at the Giving Tree Café, 2024 N. 7th Street, Phx, AZ
 \$22.00 presale / \$33.00 at the door
www.rewildingwellnessfallfest.ticketleap.com/rsvp

Free for S.A.L.T. Members interested in going and doing 3 – 4-hour demo shifts, please call or email Donna ASAP!
 602-384-1359 or saltdonna1@gmail.com



Save the Date!
2023

Friends of Pueblo Grande Museum
 Indian Market &
 Young Artist Market

December 9 & 10, 2023
 Pueblo Grande Museum, Phoenix, AZ

ARTIST APPLICATIONS OPEN
 MAY 15 – SEPTEMBER 15
www.PuebloGrande.org
 480-667-8886 (Lorenzo)

Kevin Quannie
 2023 Featured Artist

**Sending Their
 Ancestors Home**

Exploring the Native American Graves Protection and Repatriation Act, thirty years later and still striving for healing.

Exhibit Opens June 22, 2023 through May 2024

S'edav Va'aki Museum
 Formerly Pueblo Grande Museum
 4619 E. Washington St., Phoenix, AZ 85034
 (602) 475-9901 | www.pueblogrande.com
pueblo.grande.museum.pk@phoenix.gov

LOOK FOR OUR S.A.L.T. POSTER IN THE MUSEUM LOBBY!

5TH ANNUAL
PORTAL FEST

O'ODHAM ARTISANS
 MUSIC | DANCE | STORYTELLING | BOOK SIGNING
 KIDS CRAFTS | GALLERY CHAT | FOOD TRUCK

SATURDAY NOV 18, 2023 12-4 PM

FREE EVENT **S'EDAV VA'AKI MUSEUM**
 (FORMERLY PUEBLO GRANDE MUSEUM)
 4619 E. WASHINGTON STREET,
 PHOENIX 85034

CULTURAL COALITION
 PUEBLO GRANDE MUSEUM
 City of Phoenix
 TCC gives
 RAZA DEVELOPMENT FUND
 az
 HUMANITIES
 EXPLORE. SHARE. EXPERIENCE.

MORE INFORMATION:
CULTURALCOALITION.COM/PORTALFEST

S.A.L.T.
 STUDY OF ANCIENT LIFEWAYS and TECHNOLOGIES

www.saltdon.com

WOULD YOU LIKE TO LEARN ANCIENT SKILLS?
 Everyone is welcome to join our S.A.L.T. SKILLS MEETINGS
 at S'EDAV VA'AKI MUSEUM from 10:00 am - 2:00 pm
 on the third Saturday of every month for free instruction of ancient skills!

DISCOIDAL BLADE COBBLER FRICTION FIRE
 POINT DRILLS SHELL SCRAPERS BONE KNIVES BONE NEEDLES BONE AWLS PRESSURE FLAKERS AXE BEADS
 FLINT KNIFEPOINTS BIRDIA WRAVING GOURDS
 POTTERY BASKETS PITH CHAFERELL ATLATL
 CORN MUSE DOLLS MEDICINE BAGS SHELL & ABOLEITE BIVALVES PETROGLYPHS

...AND MANY MORE!

"You are here today because YOUR ancestors knew these things."



**DON'T MISS THE OCTOBER 2023
S.A.L.T. SKILLS DISPLAYS & DEMOS!
Saturday, October 21st 10 am - 2 pm**



**S.A.L.T. SKILLS DISPLAYS & DEMOS
for INTERNATIONAL
ARCHAEOLOGY DAY at SVM**

(Don't forget a dish to share for the potluck brunch!)

All S.A.L.T. Members are invited to bring their examples of Skills completed or that are works in progress to display and talk about. Please come around 9:30 am to set up.

**S.A.L.T. FLINT KNAPPERS and the S.A.L.T.
DRUMMING CIRCLE Meet at 9 am**

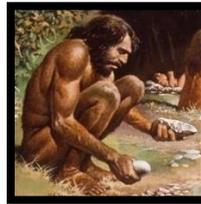


**LEVEL I of SKILLS 1, 2 and 3
INSTRUCTION PROVIDED AT EVERY SKILL
MEETING DEPENDING ON THE WEATHER...**

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

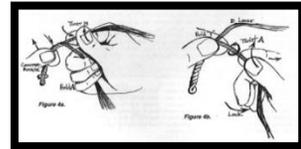
SKILL #1 CUTTING TOOL: Level I

Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I

Make a uniform 3 foot length of cordage.



SKILL #3 FRICTION FIRE: Level I

Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

SEPTEMBER 2023 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, September 16, 2023

Board Members in attendance: Charlie & Tamara Tadano, Laura Robins, Bob & Carol Sizemore, Jennifer Ahumada, Peter Huegel, and Gary Alves

Members in attendance: Arturo Ramirez, Bill Waner, Joyce Alves, Carlos Acuna, Luis & Noah Ahumada, Jax & Eva O'Connor, Carol Schroeter, Russell, Jodee, Calvin, Wesley & Bingham Hortin, Sam Sargent, Teresa McCoy, Tom & Christian Tatalovich, Sylvia Lee, Elena Underhill, and Linda Jolle

Guests: Andrew B., Larry & Maria Compton and Kelin Flanagan

S.A.L.T. FLINT KNAPPERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points



S.A.L.T. SKILL #22 WEAPONS Make a Primitive Blow Gun / Darts with Bob Sizemore

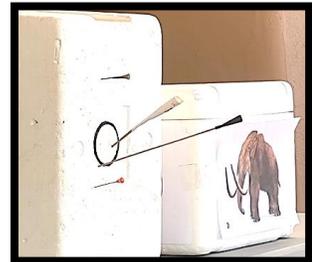
SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
22. Slings/Spears Throwing Sticks	Take a class and make a Sling, Spear and Throwing Stick	Make your own Sling, Spear and Throwing Stick	Demonstrate how to use the Sling, Spear and Throwing Stick proficiently



S.A.L.T. President Charlie Tadano started the meeting and introduced Bob Sizemore. Bob taught a great class!



First, we made the Blow Guns...



Next, we made the Darts...



Then, we tried to hit the target!



And of course, a Blow Gun Match!



Laura's Blow Gun & Dart



Winners!



Elena



Arturo



Bill



Peter

As always, a great Potluck Brunch!
Thank you to everyone who brought goodies!



S.A.L.T. DRUMMING CIRCLE



S.A.L.T. MEMBERS PROJECT / INFO GALLERY

THEY USED SHELLS FOR ARROWHEADS! by Peter Huegel

They used SHELLS for arrowheads!

Searchers just found an incredibly well-preserved arrow with a SHELL arrowhead. It looks like it was lost last year, but the arrow is around 3,300 years old, from the Early Bronze Age. This arrow has literally been frozen in time. It was found just after it had melted out of the ice.

The arrowhead is made from freshwater mussel that is not found in the area. The back end of the arrow near the nock was wrapped with both sinew and birch bark wrapping.

The arrow was found while checking the edge of the melting ice at a known ice site in the northeast Jotunheimen Mountains of Norway.



PALEO ERA LISSOIRS by Ron Moses

Recreated this paleo era lissoirs, the ancient tool concept behind the modern hide slicker or burnisher. Originally produced by Neanderthals and early humans by modifying a rib bone from a large mammal. The rounded end was worked over a hide to produce a smoothed and compacted leather surface. Lissoirs, along with bone needles, are among some of the oldest known examples of intentionally modified bone based tools. Some artifact examples date back thousands of years. This replica is constructed from a modern day bison rib bone. Shaping and polishing were done on wet sandstone slabs. The bone is coated with animal fat, which prevents drying, and also creates a slippery surface while adding oils to the worked hide surface.

[#wanderingwithmoses](#)



“Knowledge is not complete until it is passed on.”
Steve Watts

S.A.L.T. MEMBERS OUT AND ABOUT

RABBITSTICK 35 REPORT with Tom Wax



Opening Ceremony; David Wescott started by getting everyone's attention with an Austrian Bull Roller that makes a loud roaring sound. (Famous scene of one used in the movie "Crocodile Dundee")



Next is a series of photos of the opening fire ceremony by three Alone alumni women working together making fire with a Hand-Drill. It was David's ideal to honor women of the primitive skills, for they also play a vital role in primitive skills and in our lives. It is not just men who can participate in primitive skills, it is for everyone. Follow the sequence of making fire with a Hand-Drill.



Woniya

Teresa



2023 Rabbitstick Instructors



A few photos from Mask Night. This year it was the year of the hat. For those of you who do not know what Mask Night is; It is where we dance around the fire with great drumming dressed in masks and costumes. It is a really is a fun event.



For my hat I chose a felt hat that I made at Rabbitstick several years ago. I added a Rabbitstick logo pin to the front, a Turkey feather on the side a red bandana. I chose a red bandana because Diane Federici Wax likes the color red.

The photos may be a little grainy from the smoke of the fire and low lighting situations in which I had to use a higher ISO with my camera.



Rabbitstick aerals



2023 Earth Knack Courses, Classes, and Programs
 Independent Living Skills ... More Important Now Than Ever
 Hands-On, In-Person Instruction ... More Important Now Than Ever
 Lighthearted Positive Teachings ... More Important Now Than Ever
 Top Quality Instruction ... Our Specialty Since 1990!



Intern Dates & Focus Topics for 2023

OCT. (dba) **Homestead, Blacksmith & Butcher Tools**
Repair and Maintenance with Papa Dean Smith

Robin Blankenship, Founder, Owner and

Instructor of Earth Knack School

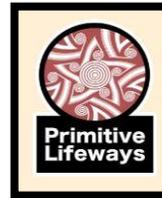
Author: [How To Play In The Woods](#) (Gibbs Smith, Publisher 2016)

[Earth Knack: Stone Age Skills for the 21st Century](#) (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256

4909 earthknackschool@gmail.com

<http://www.earthknack.com/>



Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate

the public on archaeological preservation and the sharing of free information.

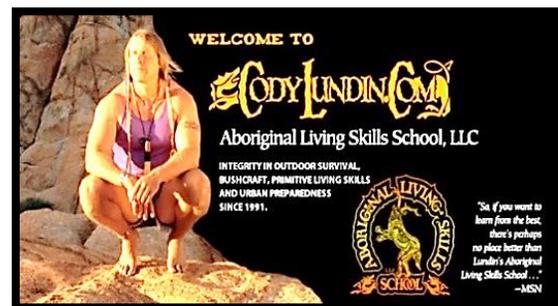
[Click Here](#) to visit our store.
 Jeff Martin

Jeff@primitivelifeways.com



Bulletin of Primitive Technology website at - primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

<https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?ref=nF>





36TH RABBITSTICK in Rexburg, Idaho SEPTEMBER 8 - 14, 2024

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website -rabbitstick.com - for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. **Join us next year!**

www.rabbitstick.com

[Register On-Line Today](#)

[Share a Ride Bulletin Board](#)

[Meet Our Staff](#)

Rabbitstick | (208) 359-2400 | backtracks905@gmail.com | societyofprimitivetechnet@gmail.com



7448 S. J-B Ranch Rd.
Roosevelt, AZ 85545

www.reevismountain.org

Dear RMS family & friends,
~ Live What You Love ~

All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our [website](#) to enroll and to get more information

Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online!

www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns

PRESCOTT PRIMITIVE LIVING SKILLS Prescott, Arizona

Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com

Watch for new listings of classes that are offered, and there will be more to come!
-Kiowa Sage



《 》 BETWEEN THE RIVERS GATHERING 《 》

FALL CAMP October 12-15, 2023

Ancestral Skills for Self-Sufficiency

Registration for FallCamp is full!



Email Mullein HERE with any further questions

May 27th - June 1st, 2024

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer *hands-on classes in ancestral living and survival*, and we also focus on the skills of *self-sufficiency and sustainable living* to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

Ancestral Skills for Self-Sufficiency
Sponsored by Bridges to the Past 501(c)(3)
Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Other [Skills Gatherings](#)

[BtR T-Shirt](#)

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

BetweentheRiversGathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell . @kandis created (Instagram)

"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts



WINTER COUNT

MARK YOUR CALENDARS FOR
FEBRUARY 18-24, 2024

REGISTRATION OPENS NOVEMBER 1, 2023!

Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

Winter Count is a drug, alcohol, and firearm free event.

Winter Count 505-570-9484
369 Montezuma Avenue, #326, Santa Fe, NM 87501

WinterCountCamp@gmail.com
www.WinterCountCamp.com

NEED YOUR HELP!

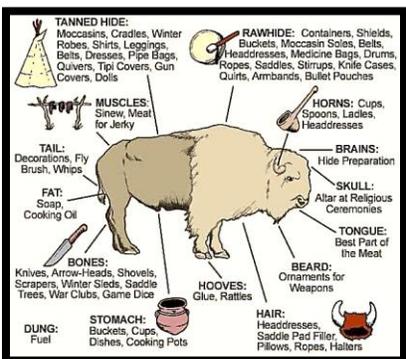


Jax's Project has been growing by leaps and bounds! He has had the opportunity to touch the lives of 185 Veterans who are transitioning from homeless to healing. If you would like to help, put bags together, supply items, or donate money for supplies, you can partner with Jax in honoring these Veterans.

Please call Tamara if you can help at 602-920-8228. The website is:

www.americanveteransranch.org

Jax and the Veterans



ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

2023 MEMBERSHIP DUES ARE DUE !

SINGLE \$12.00 & FAMILY \$24.00

(New memberships are pro-rated throughout the year)

Please mail them to S.A.L.T. Treasurer,

TAMARA TADANO

12840 N. 45th Drive

Glendale, AZ 85304

Please make the check out to

Tamara Tadano

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES



and S.A.L.T. PATCHES are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00 each

(Memberships receive one free)

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com