

STUDY of ANCIENT LIFEWAYS and TECHNOLOGIES

S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.

www.saltskills.com

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Jennifer Ahumada, Secretary Tamara Tadano, Treasurer Donna Moses, Events / Bead Chairperson

Volume 12, Issue 9

S.A.L.T. e-NEWSLETTER

SEPTEMBER 2021

S. A. L. T. CALENDAR

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, SEPT. 18th

9 am – noon

SKILLS DEMOS & DISPLAYS

at PUEBLO GRANDE MUSEUM

(Please bring a dish to share for the potluck Brunch!)

UPCOMING 2021 MEETINGS & EVENTS:

Saturday, October 16th SKILLS MEETING at PGM S.A.L.T. SKILLS #1 Discoidal Blade, #2 Cordage & #3 Fire

Saturday, November 20th SKILLS MEETING at PGM S.A.L.T. SKILL #22: Going Hunting... QUARTERLY BOARD MEETING

Saturday, December 18th SKILLS MEETING at PGM S.A.L.T. SKILL #24 Primitive Ornaments

REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS TO ALL MEETINGS AND EVENTS!

All Members make sure Tamara has your name on the membership list for free entry into PMG!

"Unless there is CONTEXT, it's all arts and crafts." Steve Watts



WE'RE BACK AT THE **PUEBLO GRANDE MUSEUM!**

4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901



Pueblo Grande Museum is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.

Purchase Native American gifts, art and jewelry at the Museum Store. Open 7 days a week Oct.-Apr.; Closed Sundays & Mondays May-Sep.





DON'T MISS THE SEPTEMBER 2021 S.A.L.T. SKILLS MEETING! Saturday, September 18th gam-noon



SKILLS DISPLAYS & DEMOS

All S.A.L.T. Members are invited to bring their examples of Skills completed or that are works in progress to display and talk about.

(Don't forget a dish to share for the potluck brunch!)















LEVEL I of SKILLS 1, 2 and 3 INSTRUCTION PROVIDED AT EVERY SKILL MEETING DEPENDING ON THE WEATHER...

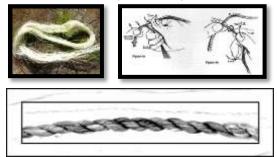
SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

SKILL #1 CUTTING TOOL: Level I

Make a flake and discoidal blade.



SKILL #2 CORDAGE: Level I Make a uniform 3 foot length of cordage.



SKILL #3 FRICTION FIRE: Level I

Demonstrate one method of primitive fire starting.



(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for guests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the signin sheet and skills sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

S.A.L.T. BOARD MEMBER MEETING PMG COMMUNITY ROOM AUGUST 21, 2021





Tamara Tadano and Tom Wax



Bob Sizemore, Donna Moses, Jennifer Ahumada and Ron Moses



Carol Sizemore and Charlie Tadano

Good to be back at Pueblo Grande Museum! We held our first Board Meeting since February 2020. The world shut down on March 13, 2020, so we haven't met for 17 months.

Laura kept the S.A.L.T. Newsletter going with the help of members contributing great articles and pictures.

Now we are planning out the rest of this year. We missed Board Members, Gary Alves and Aiden Duffy!

Hope to see everyone come back to a Skills Meeting in the future!

Stay Well!



Laura Robins

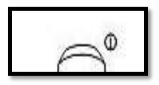
S.A.L.T. MEMBERS PROJECT GALLERY

TRY or SAMPLE STICK

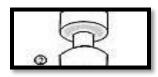


We all need to hone our knife skills! You will need a good pocketknife and around a foot and a half straight, knot-free branch one to two inches in diameter. Willow works great. Green wood is easier, but dry wood gives a better finished look. The bark can be removed or left on.

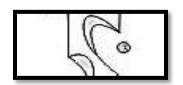
The purpose of the Try Stick is to practice and demonstrate the skillful use of your pocketknife by carving notches that have very useful applications. – Thomas Robins



1 - BLUNT END reduces the edges for a clean look



2 - REDUCTION is used for toggles and decoration



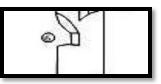
3 - POT HOOK NOTCH is used to hang pots over a fire for cooking



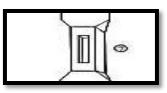
4 - SADDLE NOTCH is used to join logs in cabin Building



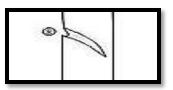
5 – DOVETAIL NOTCH is used in cabinet making for corner joints



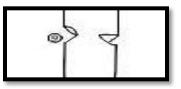
6 – LATCH NOTCH is used in traps like the figure 4 deadfall trap



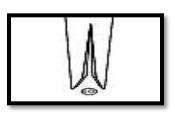
7 – 90 DEGREE PLANES are used in figure 4 deadfall traps to lock the Latch Notch in place



8 – BOW NOTCH is used in bow making to hold the bow string in place



9 – V NOTCH is used in figure 4 deadfall traps to lock the upright stick against the support stick



10 – ROOT STRIPPER is used for stripping the bark on roots for cordage and for hafting arrow and spear points

S.A.L.T. MEMBERS OUT ON THE TRAIL

FLAGSTAFF AREA on August 4, 2021

by Steven Hall Today I visited an interesting Pueblo near the top of a local cinder cone.



The Pueblo is on top of a series of small caves in the volcanic rock.











Lots of sherds, flakes, a few hammer stones, slate agave knives....







. Also found the tip of an arrowhead and an olivella shell bead.



I happened to be wearing one of my olivella necklaces.



33RD RABBITSTICK

in Rexburg, Idaho

SEPTEMBER 12 - 18, 2021

"Rabbitstick is the Mother Church of Primitive Technology" -Steve Watts, Past President of the Society of Primitive Technology

As of July 1, Backtracks has decided to open registrations for Rabbitsick 33 - September 12-18, 2021 at a discounted price.

We have determined that conditions across the country, although still fluid, point to trends that will allow us to convene Rabbitstick 33 without many changes. However, we have decided to limit our food service to 1 meal each day - Dinner at 6pm. This means you will need to plan on providing your own meals for breakfast and lunch. Fire bans may be in effect, so bring a stove if you want to cook. You may also create mini-coops with others to prep meals and share gear. If you have concerns about our washing facilities at dinner, bring paper products, but you are responsible for your own trash.

Our plan is to monitor changes and/or improvements as the weeks pass prior to our event. Cross your fingers that things continue to improve as we gather on the banks of the Snake River again this fall.

Creating this event and making it work for an amazingly diverse group of supporters has always been a balancing act. Unfortunately the world is full of polarizing viewpoints, while, of course, the majority of us are caught somewhere in the middle. The problem is that all of us are being negatively affected in some way or another, and we want you to know that we don't take any of it lightly and we wish the best for everyone. We are well aware of how wildly trends are being interpreted, but it's not our call to just ignore them. Our intent is to create create a unified camp.

That said, we are staying positive and looking forward to this fall. We will provide anyone who pre-registered last year a full carryover of your registration fees plus credit for our new early price. We are 1+ months out, so we still have lots of time to see how things will progress. If we do need to modify any part of the event, we will immediately let you know about any decisions we make. Anyone who has to make airline plans, you may want to purchase an inexpensive trip cancellation policy just in case things "go south" at the last minute.

To our dedicated staff – It's time for a Roll-Call -Rabbitstick has always been an "Instructor's event" – a homecoming - if you will, and we're looking forward to getting together with everyone we have missed this past year. Paula and I have stayed busy with all the free time and have spoken to many of you over the phone or seen others of you at events. We have carefully weighed all the options and we are aware that many people are still hurting financially and/or medically and that many of our older teachers still may not be able to attend. We don't not want to leave them out...I guess we're part of that group as well. We have been polling people to get feedback about everyone's feelings, and many of you have offered your support for whatever we decide to do. Many of you have made the pilgrimage to Idaho for over 30 years and we hope that habit will continue after this brief interruption.

We encourage everyone to keep the spirit of Rabbitstick alive by continuing to share photos and comments on social media, and letting us know how you're doing. We're looking forward to our roll-call at the start of our annual staff meeting. Stay in touch, and stay healthy. Tomorrow will hopefully be a "4 Rabbit" day (Callie upped the anti from Woniya's 2 original Rabbit Day).

David and Paula and the Backtracks Staff

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website *rabbitstick.com* - for complete event and registration details. Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join Us !

www.rabbitstick.com

Register On-Line Today Share a Ride Bulletin Board Meet Our Staff

Rabbitstick | (208) 359-2400 | <u>backtracks905@gmail.com</u> <u>societyofprimitivetech@gmail.com</u>





Bulletin of Primitive Technology website at -primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders now.

https://www.facebook.com/Backtracks-Keeping-Traditions-Alive-213565755397099/?fref=nF



Winter Count 2119 Calle Tecolote Santa Fe, NM 87505 Winter Count 505-570-9484 [WinterCountCamp@gmail.com www.WinterCountCamp.com



Between the Rivers Gathering

May 20th- June 4th, 2022

Ancestral Skills for Self-Sufficiency Sponsored by Bridges to the Past 501(c)(3)

Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

Between the Rivers Gathering is a week-long workshop for learning skills that originate in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer *hands-on classes in ancestral living and survival*, and we also focus on the skills of *self-sufficiency* and *sustainable living* to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about! **Warning:** Attending Between the Rivers Gathering may change your life!

Other <u>Skills Gatherings</u> <u>BtR T-Shirt</u>

Burning questions that can't wait? Contact us: <u>patrickf@bridgestothepast.org</u>

Betweentheriversgathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them. kandiscreated@gmail.com 509-994-0585 cell . @kandis created (Instagram)

WELCOME TO ECODY LUNDINGUE Aboriginal Living Skills School, LLC INTEGRITY IN OUTDOOR SURVIVAL RISHCART, PRANTING UNDOOR SURVIVAL RISH

PRESCOTT PRIMITIVE LIVING SKILLS Prescott, Arizona

Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com

Watch for new listings of classes that are offered, and there will be more to come!

-Kiowa Sage



Dear RMS family & friends, ~ Live What You Love ~



All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite.Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our website to enroll and to get more information Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online! www.reevismountain.org/country-store



Blessings, Peter Bigfoot & the RMS Interns

"Primitive (first) skills are our shared inheritance. It is the shared thread which links us to our prehistory and binds us together as human beings." Steve Watts

ATTENTION S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com



STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS



ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES WHEN WE GET BACK TO PGM!

Contact Charlie Tadano at 602-524-6910

"Knowledge is not complete until it is passed on." Steve Watts



"I'm getting to where I don't even want to watch the news anymore."





S.A.L.T. STORE

T-SHIRTS & PATCHES will be available at all S.A.L.T. Skill Meetings



S.A.L.T. T-SHIRTS are available in all sizes at \$20.00 each (Special pricing for Members)



S.A.L.T. PATCHES \$5.00 each (Memberships receive one free)



Have a place to store and carry all of your S.A.L.T. Projects and Tools! \$15.00 each (Special price for members) Call Charlie for availability on Totes 602-524-6910

2021 MEMBERSHIP DUES ARE DUE !

SINGLE \$12.00 & FAMILY \$24.00 (New memberships are pro-rated throughout the year)

Please mail them to S.A.L.T. Treasurer,

TAMARA TADANO 12840 N. 45th Drive Glendale, AZ 85304

Please make the check out to Tamara Tadano

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at **602-524-6910**

> S.A.L.T. T-SHIRTS and S.A.L.T. PATCHES are still available! There may be some Tote Bags, too.

The S.A.L.T. "Sonoran Desert, Sorting out the Weak" T-SHIRT is available to anyone interested for \$15.00 each. They will be available at most S.A.L.T. Monthly Skill Meetings and Events until they are gone. (Only a few left!)

S.A.L.T. CONTACT INFORMATION:

Website: www.saltskills.com

e-mail address: saltskills@gmail.com

For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or <u>saltdonna1@gmail.com</u>

For S.A.L.T. e-Newsletter or Website info contact Laura Robins, Editor at 623-533-0847 or e-mail saltskills@gmail.com