

S.A.L.T. SKILLS

2023 update

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III	Teacher Level IV
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
2. Cordage	Make a uniform 3-foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
4. Building Tools	Make a fire hardened Digging Stick, Shell Scraper, and Bone Needle	Make a Hoko Knife, Bone Awl and Pressure Flaker	Make a pecked and ground Stone Axe and a Pump Drill	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
6. Knives	Gather all the materials to make a primitive knife	Make a primitive Knife	Demonstrate the use of a primitive Knife	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
7. Shelter	Research at least three different shelters Fieldtrip to Botanical Gardens	Work on a group project Shelter	Build a Shelter on your own	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
8. Brain Tanning	Take a class and tan a deer hide	Brain tan a deer hide on your own	Demonstrate both dry and wet scrape brain tanning methods	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
9. Finger Weaving / Netting	Make a basic belt out of yarn or cord	Double the size or design of the basic belt or make a knotless bag or net	Make cordage into a belt, bag or fishing net	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
10. Felting / Fibers	Take a class and make a hat or use a drop spindle to make yarn	Take a class and make mittens or a vest	Make a hat, mittens, or a vest on your own	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
11. Clothing / Sandals	Make a piece of clothing out of buckskin	Make a pair of sandals out of natural materials (yucca)	Make a full set of clothes and shoes	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
12. Containers Agave / Gourds	Gather the materials and clean inside and outside	Make agave container and gourd bowl or canteen	Decorate or embellish Container, Bowl, or Canteen	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources

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13. Pottery	Take a class and make a simple piece such as a bowl	Take a class and make item of choice	Find clay in nature and make an item of choice on your own	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
14. Baskets	Take a class and make a simple basket	Take a class and make a large basket or pack basket	Forage for materials and make a basket on your own	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
15. Edible Plants	Research 12 plants and fieldtrip to Botanical Gardens or Boyce Thompson Arboretum	Research 12 more plants and fieldtrip to Reevis Ranch or take Winter Count class	Demonstrate processing and storage of 24 plants	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
16. Medicinal Plants	Research 12 plants and fieldtrip to the Botanical Gardens or Boyce Thompson Arboretum	Research 12 more plants and fieldtrip to Reevis Ranch or take Winter Count class	Demonstrate processing and storage of 24 plants	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
17. Cooking / Gardening	Research and grow or forage 6 native plants for food	Research and cook 6 dishes from native plants	Bring 3 dishes made from native plants to a S.A.L.T. Potluck	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
18. Traps / Snares	Take a class on Traps & Snares	Make a Piute Deadfall and two others on your own	Catch an animal or fish with a Trap or Snare that you made on your own	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
19. Atlatls / Darts	Successfully throw both a training and traditional atlatl	Make your own atlatl and dart and hit a target at least 3 out of 5 times	Make a primitive atlatl and dart with & out of primitive materials / hit target 3 out of 5 times	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
20. Bows / Arrows	Take a Bow class and an Arrow class	Make a primitive Bow and Arrows on your own	Demonstrate how to use the Bow and Arrows proficiently	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
21. Fishhooks & Tools	Take a class and make a Gorge Hook and Fishing Line	Take a class and make a Fish Trap	Demonstrate how to catch fish by primitive means	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
22. Slings/Spears Throwing Sticks	Take a class and make a Sling, Spear and Throwing Stick	Make your own Sling, Spear and Throwing Stick	Demonstrate how to use the Sling, Spear and Throwing Stick proficiently	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
23. Tracking / Animals	Take a class and be able to identify at least 12 tracks	Take a class and learn how to follow a track	Demonstrate how to track an animal or man proficiently	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
24. Decoration – Pigments, etc.	Make a personal S.A.L.T. Bead	Research 6 different kinds of decoration such as pigments, etc.	Display 3 different items that were decorated by you	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources
25. Musical Instruments / Games	Take a class and make an instrument or game	Make and learn how to play 1 instrument and 1 game on your own	Demonstrate and display 3 instruments and 3 games	Teach this skill to an individual or in a Class or at an Event and Research 3 Sources