

S.A.L.T. MISSION STATEMENT

S.A.L.T.'s primary goal is to understand, practice and share all life skills and arts of the ancient world. This is accomplished by regular Skills Meetings and informing the public through various Events.



www.saltskills.com

Laura Robins, Newsletter Editor / Webmaster

Tom Wax, Vice President Jenn

Jennifer Ahumada, Secretary

Tamara Tadano, Treasurer

Donna Moses, Events / Bead Chairperson

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Volume 15, Issue 11

S.A.L.T. e-NEWSLETTER

NOVEMBER 2024

S.A.L.T. CALENDAR

Charlie Tadano, President

NEXT S.A.L.T. SKILLS MEETING

SATURDAY, NOVEMBER 16th

10 am - 2 pm

at S·EDAV VA·AKI MUSEUM

S.A.L.T. FLINT KNAPPERS / DRUMMING CIRCLE 9am

S.A.L.T. SKILL #17 COOKING

What's for dinner in 1224 AD?

with Ron and Donna Moses

S.A.L.T. QUARTERLY BOARD MEETING FOLLOWS THE SKILLS MEETING

UPCOMING MEETINGS & EVENTS

Saturday, December 21st SKILLS MEETING at SVM S.A.L.T. SKILL #24 DECORATION – Ornament with Gary Alves ANNUAL HOLIDAY PARTY / POTLUCK / WHITE ELEPHANT EXCHANGE

Saturday, January 19th SKILLS MEETING at SVM
S.A.L.T. SKILLS #1, 2, & 3 Discoidal Blade, Cordage & Friction Fire
S.A.L.T. ANNUAL MEMBERSHIP MEETING BEFORE THE
SKILLS CLASS

REMEMBER TO WEAR YOUR S.A.L.T. SHIRTS TO ALL MEETINGS AND EVENTS!

All Members make sure Tamara has your name on the membership list for free entry into SVM!

"Unless there is CONTEXT, it's all arts and crafts." Steve Watts

"SENDING THE PAST INTO THE FUTURE"







SEDAV VA'AKI MUSEUM

in English it is "Central Platform Mound."

Pronounced: SUE DOVE VE AWKEY

S'EDAV VA'AKI Museum (formerly Pueblo Grande Museum) is an archaeological site once inhabited by the Hohokam culture, just east of downtown Phoenix, next to Sky Harbor International Airport. It's a National Historic Landmark and Phoenix Point of Pride accessible



by the Sky Train and the Light Rail. Part of the City of Phoenix Parks and Recreation Department since 1929, it's the largest preserved archaeological site in Phoenix.



4619 E. Washington St, Phoenix, AZ 85034 (602) 495-0901



On October 17th I joined the re-opening of <u>S'edav Va'aki Museum-formerly Pueblo Grande Museum</u>, now with beautifully renovated spaces. Thanks to support from the Salt River Pima Maricopa Indian Community, we launched a new exhibit and adopted a land acknowledgment. I encourage everyone to check it out!

- Mayor Kate Gallego







Here's a look at the newly completed set of murals in the S'edav Va'aki Museum lobby. The imagery includes desert flora and fauna native to emulate the landscape from when the Salt River was flowing and when the canals were in use.

Another huge shout out to our amazing muralists; Lauren Lee @mslaurenlee, Jason Begay @primeafterprime, and Jaime Ruiz @jaimelynnruiz. Check out more of their artwork on their Instagram accounts!





47th Annual S'edav Va'aki Museum Indian Market & Young Artist Market

December 14 & 15, 2024 S'edav Va'aki Museum Phoenix, AZ 85034

(formerly Pueblo Grande Museum)













DON'T MISS THE NOV. 2024 S.A.L.T. SKILLS MEETING

Saturday, November 16th 10 am - 2 pm

(Remember to bring something for the Potluck Brunch!)

S.A.L.T. FLINT KNAPPERS and the S.A.L.T.

DRUMMING CIRCLE will meet at 9 am

S.A.L.T. QUARTERLY BOARD MEETING FOLLOWS THE SKILLS MEETING

S.A.L.T. SKILL #17 COOKING

What's for dinner in 1224 AD? with Ron & Donna Moses

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level
17. Cooking / Gardening	Research and grow or forage 6 native plants for food	Research and cook 6 dishes from native plants	Bring 3 dishes made from native plants to a S.A.L.T. Potluck

This 3-hour workshop, part of S.A.L.T. Skill #17 Cooking/Gardening, will explore the many ancestral foods that would have been available at a feast somewhere in the Americas 700 to 800 hundred years ago. You will have a hands-on opportunity to prepare and cook a traditional Boiled Masa Bread, which will become a part of the foods you can sample later at the "Dinner". Come find out where potatoes really originated, and that tomatoes are not Italian, and that corn has a "Lost Recipe."



LEVEL I of SKILLS 1, 2 and 3 INSTRUCTION PROVIDED AT EVERY SKILL MEETING DEPENDING ON THE WEATHER...

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level III
1. Cutting Tool	Make a flake and Discoidal Blade	Make flakes from three different rocks and refine the tools	Demonstrate a use or project with the tool
2. Cordage	Make a uniform 3 foot length of cordage	Process three different fibers and make cordage	Demonstrate a use or project with the cordage
3. Friction Fire	Demonstrate one method of primitive fire starting	Forage for materials, construct hand drill or bow drill and make fire	Make a complete Fire Kit to use and display

SKILL #1 CUTTING TOOL: Level I

Make a flake and discoidal blade.

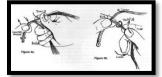




SKILL #2 CORDAGE: Level I

Make a uniform 3-foot length of cordage.







SKILL #3 FRICTION FIRE: Level I
Demonstrate one method of primitive fire starting.







(Beads will be given out to new members when Level I of all three of the above Membership Requirement Skills are completed, and dues are paid.)

Remember to bring your own primitive tools and materials to the Monthly Skill Meetings, if you have them. Materials for the Membership Requirement Skills are provided at each meeting for quests and new members.

Also, you are responsible to sign in at meetings and events to be included in the newsletters, etc. and note on the sign-in sheet each level of each skill you complete to be awarded your beads. You need to make a Personal Bead to receive the leather thong for your Skill Beads. Thanks!

OCTOBER 2024 S.A.L.T. SKILLS MEETING HIGHLIGHTS

Saturday, October 19, 2024

Board Members in attendance: Charlie & Tamara Tadano, Laura Robins, Tom Wax, Ron & Donna Moses, Jennifer Ahumada, and Peter Huegel

Members in attendance: Luis & Noah Ahumada, Bill Warner, Carol Schroeter, Dalen & Mari Townsend, Linda Jolle, John Lavra, Lanly Lee, Susan Jeffay, Justin Sowden, Carol McGarry, and Awak McGarry

Guests: Ernie Verrue, Feather, Susan Grantham, Jack Stanton, Irene Martinez, and Vivian Martinez

S.A.L.T. FLINT KNAPPERS & DRUMMERS MEET BEFORE OUR SKILLS CLASS at 9:00 am

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level
5. Flint Knapping	Demonstrate Core Reduction by Percussion	Use Percussion to produce Bi face Preform	Make primitive tools such as Southwestern Points



Dalen, Justin and Luis

SKILL	Apprentice	Apprentice	Apprentice
	Level I	Level II	Level III
25. Musical Instruments / Games	Take a class and make an instrument or game	Make and learn how to play 1 instrument and 1 game on your own	Demonstrate and display 3 instruments and 3 games



Laura, Mari and Charlie





Peter gave an update on the S.A.L.T. Display in Sun City

S.A.L.T. SKILL #17 EDIBLE PLANTS MUSHROOMS with Bill Warner

SKILL	Apprentice Level I	Apprentice Level II	Apprentice Level
15. Edible Plants	Research 12 plants and fieldtrip to Botanical Gardens or Boyce Thompson Arboretum	Research 12 more plants and fieldtrip to Reevis Ranch or take Winter Count class	Demonstrate processing and storage of 24 plants

The class is an introduction to mushroom hunting in Arizona, including a brief introduction to basic mushroom biology and morphology, mushroom toxins, and information on several of our easier-to-identify "known edible" species. It turns out that Arizona has excellent mushroom hunting, at least in wet years, with many of the classic "gourmet" edibles being represented, including porcini and other boletes, chanterelles, oyster and lobster mushrooms, shaggy manes, cauliflower and coral mushrooms, and dozens of others. The talk will provide a beginning mushroom forager with the basics of the how, when, where and a peak into the what to look for in useful macro fungi for our state.





Fantastic presentation! Bill Warner has a vast knowledge of mushrooms! He lectured without notes and shared some of it with over 50 slides of information. It would be great to do a field trip one day!













Dried mushrooms

It was also INTERNATIONAL ARCHAEOLOGY DAY at the Museum! S.A.L.T. set up several demos and displays.



Jennifer demoed Beading



Donna, Diane and Noah





Delicious Potluck Brunch as always! Thank you to everyone who brought goodies!

S.A.L.T. MEMBERS OUT AND ABOUT

DRUM CIRCLE & PRIMITIVE SKILLS with Mari & Dalen Townsend



New Drum Circle in Heber/Overgaard





Grinding Corn at a Camp Out





Bow Drill Fire Making at a Camp Out

CROW CANYON ARCHAEOOGICAL CENTER with Rod Dotson





Firing some natural clays into beautiful durable primitive pottery down at Crow Canyon Archaeological Center for the 2024 Southwestern Kiln Conference outside Cortez Colorado. Good Times and great friends.





S.A.L.T. MEMBERS PROJECT / INFO GALLERY

35,000-Year-Old Mammoth Masterpiece Info by Peter Huegel



"Mammoth Masterpiece! One of Humanity's Oldest Artworks – 35,000 Years Old!

Discovered in southern Germany, this tiny mammoth carving is not only an extraordinary piece of art but also one of the oldest known artworks created by Ice Age humans. Carved from mammoth ivory around 35,000 years ago, it offers a rare glimpse into the creativity and symbolic thinking of our ancient ancestors.

Now housed at the Neanderthal Museum in Mettmann, Germany this carving showcases the early development of art, where humans began to express their connection to the natural world through detailed, meaningful creations."

FLINT KNAPPING by Tom Wax



It has been a long time since I have Flint Knapped, but I made this point today. I will get back to improving the skill that I used to do.

AGAVE Info by Ron Moses



A nice little Agave murpheyi pup settling into a new home (at least for a while). This youngster is about 1.5" tall. Also known as Hohokam Agave, this species was originally brought into the area surrounding modern-day Phoenix by the Ancient Desert Dwellers of the Hohokam Culture, hence the name. Sometime in the distant past, plants were relocated from native growing environments in central Mexico, hundreds of miles to the south. This species produces a particularly sweet agave nectar, and the mature harvested heart, when roasted, provides a very delicious food source. These characteristics made this a very desirable crop plant. Prior to European contact, it is estimated that there were vast areas of this agave growing on slopes in the surrounding desert. Being outside the irrigated fields of the river basins, the ancestral agave farmers used rock pile mulching and landform diversion of rain to supply the necessary water for tens of thousands of plants. Today, a very isolated and very small handful of wild plants remain in the long abandoned growing areas. It seems the original cultivated crops of this species were entirely dependent on human intervention to grow in this particular environment. Only the rock piles remain to tell the incredible story of the Hohokam agave to observant desert wanderers. My source plants all originated from local domesticated growing programs and were not, and never would be, collected from wild agave colonies, which are protected by state and federal laws.

#wanderingwithmoses

"Knowledge is not complete until it is passed on." Steve Watts

FALL CAMP for ANCESTRAL SKILLS HIGHLIGHTS

October 10 - 13, 2024

Fall Camp @fallcamp_ancestralskills was a quiet and reflective event this year. A short but sweet time spent with strangers who share common interests and who have become dear friends over the last couple of years.

Both the spring and fall camps are a time to reconnect and become a little more wild, feral and free... just like we like it!













This year we had a great northern lights show, wonderful food made by <u>Patrick Farneman</u> over the campfire, fire oven pizzas and fry bread made by @mowynecoop.



Due to the timing of both camps, I always feel as though I have more important things to do on the Homestead, then sit and learn cool ancestral skills. Sometimes with so much pressure put on us, a majority by ourselves, it's hard to let go of expectations and control and just enjoy the moment. The camps have

become our getaway and a place to unplug and relax and we are forever thankful to Patrick and <u>Mullein Jane</u> and their crew for putting on such a great event.

- by Marie Taylor

#ancestralskillsgathering Fall Camp Website



WINTER COUNT

MARK YOUR CALENDARS FOR FEBRUARY 16-22, 2025

REGISTRATION OPENS NOVEMBER 1, 2024



Winter Count, (started 1995), is part of a family of gatherings that strive to reconnect people with old ways of making fire, tanning hides, forming metal, weaving baskets, hunting, gathering and much more. We teach ancestral skills that were essential to the survival and well-being of all cultures, no matter what continent your ancestors came from. Through the understanding and mastery of these skills, people find that they can connect not only to a simpler way of living life but also to the roots of their heritage and to a pathway to interact more deeply with the natural world.

We provide a camp with some of the best instructors in their fields, teaching what they have learned through experience, experimentation and through source materials. Some of the instructors have spent many years perfecting their crafts. Some have managed archeological sites while others have lived deeply among the wild places, hunting, raising their own food and making their own clothing and tools from the most basic elements. We are a diverse group of people from many experiences, opinions, and family backgrounds, who come together to share what it is that makes us excited about life.

Winter Count is a drug, alcohol, and firearm free event.

Winter Count 505-570-9484 369 Montezuma Avenue, #326, Santa Fe, NM 87501

> WinterCountCamp@gmail.com www.WinterCountCamp.com

Between The Rivers Gathering % \$\frac{1}{27} \$\langle\$

May 26th - 31st, 2025





Email Mullein HERE with any further questions

Between the Rivers Gathering is a week-long educational workshop for learning skills that originated in the stone-age all the way up to modern homesteading. We are an annual event located in Washington State about an hour north of Spokane. We will have a multitude of instructors offering a broad-range of classes all week long. Included will be wilderness survival skills of all kind, basic and homespun living, preparedness and skills of a practical and archeological nature.

We offer hands-on classes in ancestral living and survival, and we also focus on the skills of self-sufficiency and sustainable living to minimize our impact on this planet we all share. Come join our community and experience for yourself what an ancestral skills gathering is all about!

Ancestral Skills for Self-Sufficiency Sponsored by Bridges to the Past 501I(3) Northeastern Washington State Ancestral Skills & Self-Sufficiency Gathering

> Other <u>Skills Gatherings</u> BtR T-Shirt

Burning questions that can't wait? Contact us: patrickf@bridgestothepast.org

Betweentheriversgathering.com

BTR LOGO HATS ARE AVAILABLE!



Kandis Larson is making Between the Rivers Gathering Logo Hats and making them available to you! Each hat has a leather patch branded with our BTR logo that we have all grown to love, no two are alike, and have a primitive touch to them.

kandiscreated@gmail.com

509-994-0585 cell . @kandis created (Instagram)





37TH RABBITSTICK

in Rexburg, Idaho SEPTEMBER 14 – 20, 2025

Rabbitstick Primitive Skills Gathering, held the 3rd week of September in ID, is the premier Backtracks event. Rabbitstick is the oldest of all of the modern primitive skills events and has been the model for most of the events currently running worldwide. Each year we host nearly 150 instructional and support staff who provide a camp with hands-on classes that run 9am-5pm for 5 days for about 400 registered participants. This is an unparalleled opportunity to learn skills and get to know teachers that you can trust. Visit our new website -rabbitstick.com – for complete event and registration details.

Backtracks has assembled one of the largest and most complete rosters of primitive skills teachers and practitioners available anywhere. Backtracks is your source for the best instructional staff you'll find at any event. Join us next year!

www.rabbitstick.com

Register On-Line Today Share a Ride Bulletin Board Meet Our Staff

Rabbitstick | (208) 359-2400 | <u>backtracks905@gmail.com</u> societyofprimitivetech@gmail.com





Bulletin of Primitive Technology website at -primitive.org. Order back issues, download a complete index of topics and titles, or view the entire first issue and newsletters for free. Don't miss out on this amazing collection of information. It's up and running and ready to take your orders

now.

https://www.facebook.com/Backtracks-Keeping- Traditions-Alive-213565755397099/?fref=Nf





FALL CAMP for ANCESTRAL SKILLS October 9 - 12, 2025

Instructors:

Please check in with Patrick if you would like to teach.

Email Patrick HERE

Fall Camp Website

PRESCOTT PRIMITIVE LIVING SKILLS Prescott, Arizona

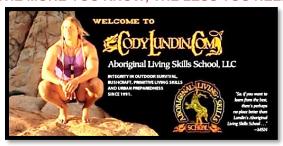
Check out Kiowa Sage on Facebook!

Hello friends! It's Kiowa Sage! I started a local meetup group to teach courses on primitive living skills, nature awareness and outdoor survival skills - all of which I've been training in for many years. All classes ranging from two hour workshops, day long classes and multiple day immersion courses. Skills and knowledge bases such as making fire with sticks, edible and medicinal plants, animal trapping and tracking, fiber arts and weaving, basic outdoor survival skills and how to do more with less in the outdoors. Right now I only have a couple classes listed until I acquire more traffic. Check out some of the listings that are available! www.meetup.com Watch for new listings of classes that are offered, and there will be

Watch for new listings of classes that are offered, and there will be more to come!

-Kiowa Sage

THE MORE YOU KNOW, THE LESS YOU NEED



www.codylundin.com abodude@codylundin.com

Earth Knack Courses, Classes, and Programs



Independent Living Skills ... More Important Now Than Ever! Hands-On, In-Person Instruction ... More Important Now Than Ever! Lighthearted Positive Teachings ... More Important Now Than Ever! Top Quality Instruction ... Our Specialty Since 1990! Robin Blankenship, Founder, Owner and Instructor of Earth Knack School Author: How To Play In The

Woods (Gibbs Smith, Publisher 2016)

Earth Knack: Stone Age Skills for the 21st Century (Peregrine Books - Gibbs Smith 1996)

P.O.#508 Crestone Colorado 81131 719 256 4909 earthknackschool@gmail.com http://www.earthknack.com/



Dear RMS family & friends, ~ Live What You Love ~

All classes held at Reevis Mountain School include hearty meals fresh from the homestead, class supplies, hot showers, and campsite. Camping is free, or stay in a yurpee (\$10 per night per person), single cabin (\$25 per night, sleeps 1), or double cabin (\$50 per night, sleeps 1-2+), availability permitting. We provide complimentary shuttle service from Roosevelt, AZ, or caravan in your own 4X4. Shuttle pickup is at 4 p.m., first day of class. Please see our website to enroll and to get more information

Sign up online!

www.reevismountain.org/classes

Order all your favorite Reevis Mountain Remedies online! www.reevismountain.org/country-store

Blessings, Peter Bigfoot & the RMS Interns



Visit the Primitive Lifeways Store!

The Primitive Lifeways store is up and running. This month we are featuring new merchandise including beautifully crafted prehistoric replica pottery and jewelry. We are still selling stickers for less than a cup of coffee at Starbucks. By purchasing our new merchandise, you are helping us educate

the public on archaeological preservation and the sharing of free information.

Click Here to visit our store.

Jeff Martin

Jeff@primitivelifeways.com

Volunteers Needed for City of Phoenix Park Steward Program



The City of Phoenix Park Steward Program is looking for volunteers to help maintain, clean, and preserve our trails. Help make a difference in your community!

Visit <u>volunteer.phoenix.gov</u> to apply or reach out to 602-495-5458 for more information on how to get involved!







ATTENTION

S.A.L.T. Members and Associates!

Please send in pictures and articles for this newsletter! Send in information on projects you are working on, information you have found on primitive skills, pictures from trips to archaeological sites, etc.

Send it to saltskills@gmail.com





STONE AGE TECHNOLOGY FROM PRIMITIVE WAYS

ALSO, THINK ABOUT TEACHING ONE OF OUR SKILLS CLASSES!

Contact Charlie Tadano at 602-524-6910

2024 MEMBERSHIP DUES ARE DUE!

SINGLE \$20.00 or FAMILY \$40.00

Please pay at a Skills Meeting or mail them to S.A.L.T. Treasurer,

TAMARA TADANO

12840 N. 45th Drive, Glendale, AZ 85304

Please make the check out to Tamara Tadano

Or Zelle Tamara at 602-920-8228

S.A.L.T. MEMBERSHIP ITEMS

The Tan "Fishing Shirt" Style S.A.L.T. Membership Shirts are available by pre-order. Please contact Charlie Tadano to order your Shirt at 602-524-6910

NEW BLACK S.A.L.T. T-SHIRTS, LONG SLEEVED SHIRTS, HOODIES





And NEW LEATHER S.A.L.T. PATCHES are available!

(Special pricing for members) S.A.L.T. PATCHES \$5.00 (Memberships receive one free)

S.A.L.T. CONTACT INFORMATION:

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For MEMBERSHIP information call Charlie Tadano at 602-524-6910 or Bob Sizemore at 520-705-9780 or e-mail saltskills@gmail.com

For EVENTS and BEAD information contact Donna Moses at 602-384-1359 or saltdonna1@gmail.com

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