



FARTHER.  
FASTER.  
SAFER.

## **What's New in September 2018**

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### Get Ready For The **TOUR DE FOOTHILLS**

That's right, VROOM is here to help you get ready to ride the **Tour de Foothills** with an **8-week workshop**. We'll meet **Tuesdays and Thursdays** starting **September 11<sup>th</sup>** through **November 1<sup>st</sup>** at **6:30PM** for an hour session. The cost of this awesome workshop is only **\$139!!!** You'll be strong and ready for the fun of the ride.



[Be Ready for the Tour de Foothills](#)



### Can't Make It Out To The **Haynes Charity Bike Ride....**

No worries, you don't have to miss out on being a part of this awesome ride!!! On **Saturday, September 22, 2018** you can come to **VROOM** and ride for **FREE** with a **donation** to the **Haynes Family of Programs!!!**

[Reserve Your Spot](#)

Join Us In  
**MAKING STRIDES**  
Against Breast Cancer

**When:** Saturday, September 29, 2018

**Where:** Rancho Cucamonga Epicenter (Quakes Stadium)

**Time:** 7:00AM Check-In, Ride/Walk Starts at 8:00AM

**Who Can Join the VROOM Team: **EVERYONE!!!**** It doesn't matter if you're young or more mature (at least in age), if you're new to cycling or very experienced, the Breast Cancer Ride is for YOU!!! We will be leading out the 4,000 Breast Cancer Walkers on their 4 mile route. You can ride a Road Bike, Beach Cruiser, BMX Bike, Mountain Bike, Tricycle, etc. Any type of cycle will do as long as it's not motorized.

**Cost:** Zip, Zero, Nada and there's no minimum donation level to meet

[Join the VROOM Team Now](#)

[Make a Donation to the VROOM Team](#)



***Riding Against Cancer***

***Cycling Team***



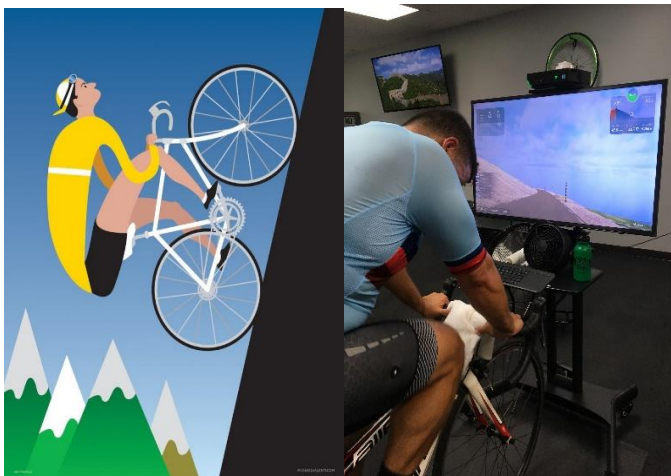
**Update:**

**MONT VENTOUX CHALLENGE**

**On Road Grand Tours**

Gary F. has set a **new record**; Gary completed the **Mont Ventoux Challenge** in **2 hours and 7 minutes**. That's **10 minutes** faster than the last time!!! Congratulations, Gary, on winning 2 weeks of free rides!!! Think you can complete the **20 mile, 5236 feet climb** faster? Come on in and give it your best shot. If you beat Gary's time (or the newest Champion) you'll win **2 free weeks of rides**. Consider yourself **CHALLENGED!!!**

[Accept the Challenge](#)



## **Studio Hours**

*Monday - Friday*

6:00am to 3:00pm by appointment

3:00pm to 9:00pm walk-ins welcome

*Saturday and Sunday*

7:00am to 3:00pm by appointment