ADK DANCE STUDIO 2024-2025 FALL SCHEDULE

MON	TUE	WED	THUR	FRI	SAT
Kids Yoga & Relaxation Ages 4-6 4:15-5:00pm Kids Yoga & Relaxation Ages 6-12 5:00-6:00pm Adult Ballet 6:15-7:15pm Adult Musical Theater 7:30-8:30pm	Adaptive Dance Ages 5-8 4:00-4:30pm Ballet/Creative Movement Ages 2-3 4:30-5:15pm Teen Hip Hop Ages 13+ 5:15-6:15pm Adult Lyrical I/II 6:15-7:15pm Adult Jazz 7:15-8:15pm Adult Tap 8:15-9:15pm	Adult Tap II/III 10:00-11:00am Jazz/Tap Ages 9-12 4:00-5:00pm Hip Hop Ages 9-12 5:00-6:00pm Ballet Technique Ages 9-18 6:00-7:00pm Adult Beg. Tap 7:00-8:00pm	Acro Hip Hop Ages 4-9 4:00-5:00pm Jazz/Tap/Ballet Ages 5-8 5:00-6:00pm Teen Lyrical/Jazz Ages 13+ 6:00-7:00pm Adult Lyrical/ Jazz II/III 7:00-8:00pm	Toddler Tumbling Ages 2-5 10:00-10:45am Open Gym Toddler Playtime 10:45-11:30am	Ballet/Creative Movement Ages 2-3 9:15-10:00am Jazz/Tap/Ballet Ages 4-6 10:00-11:00am Jazz/Tap/Ballet Ages 7-9 11:00am-12:00pm